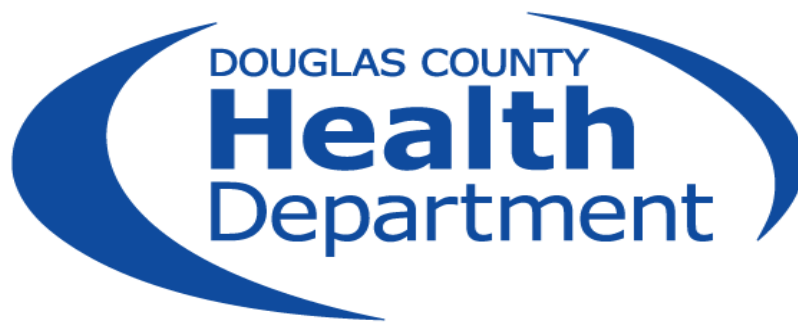


**Behavioral Risk Factor Surveillance System
Survey Results
Douglas County, Nebraska
2014-2018**



**Healthy. Vibrant.
Everyone. Everywhere.**

The BRFSS 2011-2018 Data are Not Directly Comparable to Previous Years of BRFSS Data Because of the Changes in Weighting Methodology and the Addition of the Cell Phone Sampling Frame.

Prepared by: Douglas County Health Department

December, 2019

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category		2018	2017	2016	2015	2014
		Percent	Percent	Percent	Percent	Percent
Mental Health						
M	1 Adults who reported at least one day in the past month when their mental health was not good.	35.8%	33.7%	34.6%	31.9%	33.3%
M	2 Adults who reported 14 or more days in the past month when their mental health was not good.	12.6%	11.5%	9.8%	10.0%	8.0%
M	3 Adults who reported at least one day in the past month when their mental/physical health prevented them from working or participating in their usual activities.	22.6%	22.9%	21.3%	20.0%	19.5%
M	4 Adults who currently taking medication or receiving treatment for a mental health condition.	N/A	N/A	N/A	N/A	N/A
M	5 Adults who ever been told they have a form of depression	17.7%	20.7%	19.3%	18.6%	18.8%
Oral Health		Percent	Percent	Percent	Percent	Percent
N	1 Adults who visited a dentist for any reason in past 12 months	67.3%	N/A	69.4%	N/A	68.7%
Pulmonary Health		Percent	Percent	Percent	Percent	Percent
O	1 Adults who have ever been told they have COPD (Chronic Obstructive Pulmonary Disease)	6.4%	5.9%	6.6%	4.6%	5.4%
Senior Health		Percent	Percent	Percent	Percent	Percent
P	1 Adults aged 65 and over who have been told that they have arthritis.	48.0%	48.3%	54.7%	52.2%	50.4%
P	2 Adults aged 65 and over who report having had a flu vaccination in the past year.	59.9%	67.7%	69.6%	66.2%	68.5%
P	3 Adults aged 65 and over who report ever having had a pneumonia vaccination.	78.9%	83.1%	79.3%	74.5%	76.7%
P	4 Adults aged 65 and over who report having had a fall in the past 12 months.	25.2%	N/A	31.1%	N/A	24.8%
P	5 Adults aged 65 and over who report injured due to a fall in the past 12 months.	39.0%	N/A	39.3%	N/A	39.9%

The BRFSS 2011 -- 2018 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category		2018	2017	2016	2015	2014
Douglas County Results		Percent	Percent	Percent	Percent	Percent
Social Context						
Q 1	Adults who always or usually worried or stressed (in past 12 months) about having enough money to pay rent/mortgage	N/A	N/A	N/A	13.8%	N/A
Q 2	Adults who always or usually worried or stressed (in past 12 months) about having enough money to buy nutritious meals:	N/A	N/A	N/A	7.4%	N/A
STDs		Percent	Percent	Percent	Percent	Percent
R 1	Adults less than 65 years of age who report ever having been tested for HIV.	34.7%	38.1%	39.0%	40.9%	38.5%
R 2	Adults less than 65 years who report having been in HIV risk situations in the past year.	7.1%	9.5%	7.9%	N/A	N/A
Tobacco Use		Percent	Percent	Percent	Percent	Percent
S 1	Adults who report being occasional or regular smokers.	16.7%	16.6%	18.5%	19.9%	16.4%
S 2	Adults who report being a current user of smokeless tobacco.	4.0%	3.3%	4.2%	4.2%	2.6%
S 3	Adults who attempted to quit smoking in past year, among current cigarette smokers	65.4%	55.1%	54.8%	63.5%	63.4%
S 4	Adults who ever used an e-cigarettes	24.4%	24.2%	25.1%	N/A	N/A
S 5	Adults who currently use an e-cigarettes	5.7%	5.0%	5.1%	N/A	N/A
Transportation Safety		Percent	Percent	Percent	Percent	Percent
T 1	Adults who always wear a seat belt	83.3%	84.0%	82.1%	82.6%	81.1%
T 2	Texted while driving in past 30 days	N/A	26.3%	N/A	28.2%	N/A
T 3	Talked on a cell phone while driving in past 30 days	N/A	65.3%	N/A	66.0%	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category		2018	2017	2016	2015	2014
Adverse Childhood Experience		Percent	Percent	Percent	Percent	Percent
U 1	Ever live with anyone who was depressed, mentally ill, or suicidal during your childhood	N/A	N/A	N/A	23.4%	N/A
U 2	Ever live with anyone who was a problem drinker or alcoholic during your childhood	N/A	N/A	N/A	29.4%	N/A
U 3	Ever live with anyone who used illegal street drugs or abused prescription medications during childhood	N/A	N/A	N/A	16.7%	N/A
U 4	Ever live with anyone who was sentenced to serve time in a prison, jail, or other correctional facility during your childhood	N/A	N/A	N/A	13.2%	N/A
U 5	Parents separated or divorced during your childhood	N/A	N/A	N/A	33.3%	N/A
U 6	Parent or adult in your home ever slap, hit, kick, punch or beat each other up during your childhood	N/A	N/A	N/A	20.4%	N/A
U 7	Parent or adult in your home ever hit, beat, kick, or physically hurt you during your childhood	N/A	N/A	N/A	N/A	N/A
U 8	Parent or adult in your home ever swear at you, insult you, or put you down during your childhood	N/A	N/A	N/A	N/A	N/A
U 9	Anyone at least 5 years older than you or an adult, ever touch you sexually during your childhood	N/A	N/A	N/A	N/A	N/A
U 10	Anyone at least 5 years older than you or an adult, try to make you touch them sexually during your childhood	N/A	N/A	N/A	N/A	N/A
U 11	Anyone at least 5 years older than you or an adult, force you to have sex during your childhood	N/A	N/A	N/A	N/A	N/A

The BRFSS 2011 -- 2018 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone
 N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

		2018	2017	2016	2015	2014
Active Living/Healthy Eating		Percent	Percent	Percent	Percent	Percent
A 1	Adults who consumed fruits less than 1 time per day #					
Total for Douglas County:		N/A	38.0%	N/A	43.1%	N/A
Sex		Percent	Percent	Percent	Percent	Percent
Male		N/A	41.7%	N/A	48.7%	N/A
Female		N/A	34.4%	N/A	37.9%	N/A
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		N/A	37.8%	N/A	43.9%	N/A
Black, not Hispanic		N/A	43.7%	N/A	40.9%	N/A
Other, not Hispanic		N/A	40.9%	N/A	50.5%	N/A
Hispanic		N/A	32.2%	N/A	33.7%	N/A
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
18 - 24		N/A	43.8%	N/A	48.4%	N/A
25 - 34		N/A	39.2%	N/A	42.4%	N/A
35 - 44		N/A	37.1%	N/A	43.3%	N/A
45 - 54		N/A	39.3%	N/A	48.5%	N/A
55 - 64		N/A	36.5%	N/A	39.1%	N/A
65+		N/A	33.3%	N/A	38.2%	N/A
A 2	Adult who consumed vegetables less than 1 time per day #					
Total for Douglas County:		N/A	22.1%	N/A	25.1%	N/A
Sex		Percent	Percent	Percent	Percent	Percent
Male		N/A	22.8%	N/A	29.8%	N/A
Female		N/A	21.3%	N/A	20.6%	N/A
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		N/A	18.6%	N/A	23.8%	N/A
Black, not Hispanic		N/A	32.8%	N/A	36.6%	N/A
Other, not Hispanic		N/A	19.7%	N/A	13.1%	N/A
Hispanic		N/A	41.9%	N/A	32.1%	N/A
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
18 - 24		N/A	21.8%	N/A	21.4%	N/A
25 - 34		N/A	27.8%	N/A	26.6%	N/A
35 - 44		N/A	24.0%	N/A	23.8%	N/A
45 - 54		N/A	18.0%	N/A	25.3%	N/A
55 - 64		N/A	19.8%	N/A	27.2%	N/A
65+		N/A	19.8%	N/A	25.0%	N/A

The BRFSS 2011 -- 2018 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

N/A -- Question Not Asked During Survey Year

2017 data are not comparable to earlier years due to changes in question wording on the 2017 survey

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

		2018	2017	2016	2015	2014
Active Living/Healthy Eating--(Continued)		Percent	Percent	Percent	Percent	Percent
A 3	Adults who consumed sugar-sweetened beverages 1 or more times per day					
Total for Douglas County:		N/A	N/A	N/A	N/A	N/A
Sex		Percent	Percent	Percent	Percent	Percent
Male		N/A	N/A	N/A	N/A	N/A
Female		N/A	N/A	N/A	N/A	N/A
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		N/A	N/A	N/A	N/A	N/A
Black, not Hispanic		N/A	N/A	N/A	N/A	N/A
Other, not Hispanic		N/A	N/A	N/A	N/A	N/A
Hispanic		N/A	N/A	N/A	N/A	N/A
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
18 - 24		N/A	N/A	N/A	N/A	N/A
25 - 34		N/A	N/A	N/A	N/A	N/A
35 - 44		N/A	N/A	N/A	N/A	N/A
45 - 54		N/A	N/A	N/A	N/A	N/A
55 - 64		N/A	N/A	N/A	N/A	N/A
65+		N/A	N/A	N/A	N/A	N/A
A 4	Adults who participated in any physical activity during the past month.					
Total for Douglas County:		77.2%	77.0%	77.8%	74.3%	81.9%
Sex		Percent	Percent	Percent	Percent	Percent
Male		79.3%	77.8%	80.1%	75.8%	83.3%
Female		75.2%	76.1%	75.7%	72.9%	80.6%
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		82.0%	79.7%	81.5%	76.4%	85.2%
Black, not Hispanic		71.8%	67.7%	73.5%	71.8%	68.3%
Other, not Hispanic		73.1%	77.4%	65.0%	71.5%	77.0%
Hispanic		51.7%	65.1%	61.4%	60.4%	73.8%
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
18 - 24		81.1%	83.2%	83.2%	77.5%	82.7%
25 - 34		84.3%	75.9%	85.7%	76.1%	87.8%
35 - 44		77.9%	78.1%	77.7%	77.2%	84.7%
45 - 54		76.8%	72.8%	75.7%	75.9%	83.3%
55 - 64		72.3%	77.7%	76.8%	68.8%	79.9%
65+		70.7%	75.5%	67.2%	70.2%	71.1%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

		2018	2017	2016	2015	2014
Active Living/Healthy Eating--(Continued)		Percent	Percent	Percent	Percent	Percent
A 5	Adults who participated in 150 minutes or more of aerobic physical activity per week					
Total for Douglas County:		N/A	47.9%	N/A	51.0%	N/A
Sex		Percent	Percent	Percent	Percent	Percent
Male		N/A	48.3%	N/A	53.0%	N/A
Female		N/A	47.5%	N/A	49.1%	N/A
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		N/A	50.2%	N/A	52.3%	N/A
Black, not Hispanic		N/A	43.3%	N/A	50.5%	N/A
Other, not Hispanic		N/A	64.5%	N/A	54.6%	N/A
Hispanic		N/A	25.4%	N/A	37.9%	N/A
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
18 - 24		N/A	52.0%	N/A	56.4%	N/A
25 - 34		N/A	40.0%	N/A	44.5%	N/A
35 - 44		N/A	47.5%	N/A	52.7%	N/A
45 - 54		N/A	41.2%	N/A	56.0%	N/A
55 - 64		N/A	48.1%	N/A	43.6%	N/A
65+		N/A	60.3%	N/A	54.9%	N/A
A 6	Adults who participated muscle strengthening exercises more than twice per week					
Total for Douglas County:		N/A	31.8%	N/A	35.4%	N/A
Sex		Percent	Percent	Percent	Percent	Percent
Male		N/A	34.8%	N/A	39.8%	N/A
Female		N/A	28.9%	N/A	31.3%	N/A
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		N/A	33.2%	N/A	36.4%	N/A
Black, not Hispanic		N/A	31.1%	N/A	37.2%	N/A
Other, not Hispanic		N/A	29.7%	N/A	33.2%	N/A
Hispanic		N/A	23.0%	N/A	25.8%	N/A
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
18 - 24		N/A	38.9%	N/A	44.9%	N/A
25 - 34		N/A	37.7%	N/A	42.8%	N/A
35 - 44		N/A	32.3%	N/A	40.2%	N/A
45 - 54		N/A	29.2%	N/A	30.7%	N/A
55 - 64		N/A	25.6%	N/A	27.3%	N/A
65+		N/A	27.9%	N/A	26.4%	N/A

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 N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

	2018	2017	2016	2015	2014
Active Living/Healthy Eating--(Continued)	Percent	Percent	Percent	Percent	Percent
A 7 Adults who met both aerobic and muscle strengthening recommendations.					
Total for Douglas County:	N/A	20.0%	N/A	25.9%	N/A
Sex	Percent	Percent	Percent	Percent	Percent
Male	N/A	20.6%	N/A	28.2%	N/A
Female	N/A	19.4%	N/A	23.7%	N/A
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	20.8%	N/A	26.5%	N/A
Black, not Hispanic	N/A	21.8%	N/A	26.5%	N/A
Other, not Hispanic	N/A	25.1%	N/A	28.0%	N/A
Hispanic	N/A	10.0%	N/A	18.0%	N/A
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	N/A	22.6%	N/A	34.8%	N/A
25 - 34	N/A	19.2%	N/A	28.5%	N/A
35 - 44	N/A	19.5%	N/A	31.1%	N/A
45 - 54	N/A	18.8%	N/A	24.5%	N/A
55 - 64	N/A	18.2%	N/A	18.4%	N/A
65+	N/A	22.5%	N/A	18.7%	N/A
A 8 Adults who have been told they have arthritis.					
Total for Douglas County:	22.8%	22.3%	23.3%	21.3%	21.9%
Sex	Percent	Percent	Percent	Percent	Percent
Male	17.5%	17.8%	19.8%	17.0%	19.7%
Female	27.9%	26.7%	26.7%	25.4%	24.0%
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	25.3%	24.7%	25.7%	22.4%	23.4%
Black, not Hispanic	28.8%	27.0%	27.2%	24.1%	29.2%
Other, not Hispanic	8.5%	13.9%	14.7%	22.6%	15.3%
Hispanic	8.3%	5.7%	6.5%	9.3%	7.0%
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	3.3%	2.3%	1.1%	1.8%	1.4%
25 - 34	6.5%	6.9%	7.2%	4.8%	8.4%
35 - 44	10.3%	12.6%	16.8%	11.4%	14.4%
45 - 54	23.3%	25.3%	21.6%	23.0%	17.9%
55 - 64	45.5%	38.3%	38.2%	36.2%	40.8%
65+	47.7%	47.8%	54.7%	52.2%	50.4%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

Alcohol Consumption

	2018	2017	2016	2015	2014
B 1					
Adults who have had at least one drink of alcohol within the past 30 days					
Total for Douglas County:	60.1%	61.6%	61.1%	60.7%	60.7%
Sex	Percent	Percent	Percent	Percent	Percent
Male	67.3%	66.3%	69.8%	67.6%	64.2%
Female	53.3%	57.0%	52.8%	54.1%	57.3%
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	66.0%	66.4%	66.3%	65.5%	65.7%
Black, not Hispanic	50.7%	49.2%	53.5%	52.4%	46.2%
Other, not Hispanic	35.5%	45.1%	35.7%	52.4%	49.6%
Hispanic	40.5%	46.6%	42.5%	34.9%	41.2%
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	59.0%	60.6%	56.3%	56.7%	47.9%
25 - 34	65.3%	66.7%	63.7%	64.6%	66.4%
35 - 44	66.5%	64.3%	65.2%	71.4%	66.4%
45 - 54	59.3%	61.8%	65.0%	65.2%	65.9%
55 - 64	59.5%	59.8%	59.9%	50.1%	58.8%
65+	49.7%	54.9%	54.3%	52.9%	53.9%
B 2					
Adults who report being binge drinkers (males having five or more drinks on one occasion, females having four or more drinks on one occasion) in the previous month.					
Total for Douglas County:	22.9%	20.7%	20.3%	21.9%	20.5%
Sex	Percent	Percent	Percent	Percent	Percent
Male	30.1%	26.8%	27.5%	30.1%	24.9%
Female	16.1%	14.9%	13.6%	14.0%	16.4%
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	24.1%	21.9%	22.0%	23.2%	21.1%
Black, not Hispanic	18.9%	11.5%	12.9%	13.2%	15.4%
Other, not Hispanic	8.9%	18.5%	12.3%	24.9%	17.6%
Hispanic	26.1%	22.0%	18.5%	18.3%	22.2%
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	25.4%	35.0%	28.3%	30.8%	29.5%
25 - 34	32.8%	30.4%	25.6%	30.1%	32.6%
35 - 44	31.9%	26.2%	28.4%	31.1%	27.4%
45 - 54	21.1%	17.0%	20.9%	20.5%	15.5%
55 - 64	17.3%	11.1%	12.3%	13.0%	10.2%
65+	7.4%	5.9%	6.3%	4.6%	5.7%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

Alcohol Consumption-- (Continued)

	2018	2017	2016	2015	2014
	Percent	Percent	Percent	Percent	Percent
B 3 Adults who report being heavy drinkers* in the previous month.					
Total for Douglas County:	7.1%	7.4%	6.1%	7.0%	6.8%
Sex	Percent	Percent	Percent	Percent	Percent
Male	7.7%	7.9%	6.5%	7.6%	7.0%
Female	6.6%	6.9%	5.8%	6.6%	6.7%
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	7.8%	8.4%	6.6%	7.5%	7.8%
Black, not Hispanic	7.3%	3.7%	5.4%	4.5%	2.9%
Other, not Hispanic	3.9%	6.2%	0.7%	12.3%	3.9%
Hispanic	4.3%	3.6%	6.2%	3.0%	5.0%
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	4.7%	10.5%	9.1%	11.2%	7.4%
25 - 34	7.8%	10.4%	3.9%	7.9%	9.7%
35 - 44	11.3%	5.1%	7.3%	7.1%	7.7%
45 - 54	6.6%	6.8%	8.4%	6.8%	6.5%
55 - 64	6.7%	6.2%	5.7%	6.1%	5.7%
65+	4.7%	5.7%	3.6%	3.8%	3.4%
B 4 Adults who report driving after having had perhaps too much to drink during the past 30 days.					
Total for Douglas County:	3.9%	N/A	3.6%	N/A	2.8%
Sex	Percent	Percent	Percent	Percent	Percent
Male	5.4%	N/A	5.0%	N/A	4.3%
Female	2.5%	N/A	2.3%	N/A	1.3%
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	4.1%	N/A	3.8%	N/A	3.1%
Black, not Hispanic	3.7%	N/A	4.1%	N/A	1.8%
Other, not Hispanic	2.1%	N/A	3.6%	N/A	3.9%
Hispanic	3.4%	N/A	1.9%	N/A	0.7%
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	2.2%	N/A	6.5%	N/A	1.0%
25 - 34	3.2%	N/A	2.9%	N/A	4.6%
35 - 44	7.0%	N/A	4.1%	N/A	3.9%
45 - 54	5.4%	N/A	4.0%	N/A	3.6%
55 - 64	3.8%	N/A	3.7%	N/A	1.9%
65+	1.4%	N/A	1.2%	N/A	0.7%

The BRFSS 2011 -- 2018 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

N/A -- Question Not Asked During Survey Year

*2015-2017 Heavy drinkers: male having more than 14 drinks per week and Female having more than 7 drinks per week;
2011-2014 Heavy drinkers: male having more than two drinks per day and female having more than one drink per day

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

Category		2018	2017	2016	2015	2014
BMI (Body Mass Index)		Percent	Percent	Percent	Percent	Percent
C 1	Adults who report being overweight or obese.					
Total for Douglas County:		68.3%	66.4%	67.8%	65.0%	64.1%
Sex		Percent	Percent	Percent	Percent	Percent
Male		72.6%	71.6%	75.8%	72.0%	70.8%
Female		63.8%	61.1%	59.6%	57.7%	57.1%
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		67.8%	65.5%	67.2%	63.3%	63.4%
Black, not Hispanic		74.4%	76.4%	71.1%	72.6%	72.8%
Other, not Hispanic		56.4%	51.2%	62.7%	54.9%	55.7%
Hispanic		72.5%	71.0%	72.6%	77.5%	64.2%
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
18 - 24		48.3%	46.0%	47.3%	38.2%	43.8%
25 - 34		67.0%	62.5%	63.4%	61.3%	60.5%
35 - 44		71.5%	69.9%	69.1%	73.8%	68.0%
45 - 54		71.2%	78.3%	76.0%	74.1%	68.2%
55 - 64		77.5%	71.8%	77.5%	71.8%	71.5%
65+		69.4%	65.2%	70.0%	65.4%	68.4%
C 2	Adults who report being overweight.					
Total for Douglas County:		35.8%	35.0%	36.9%	35.2%	35.7%
Sex		Percent	Percent	Percent	Percent	Percent
Male		41.2%	39.5%	45.8%	39.2%	41.0%
Female		30.3%	30.3%	27.8%	31.0%	30.2%
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		36.8%	35.9%	36.4%	34.9%	36.3%
Black, not Hispanic		26.8%	32.0%	31.2%	34.8%	35.4%
Other, not Hispanic		32.1%	23.4%	45.9%	26.5%	22.6%
Hispanic		39.9%	37.1%	42.3%	43.4%	37.8%
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
18 - 24		29.6%	25.1%	29.0%	25.8%	28.6%
25 - 34		36.5%	30.7%	36.5%	34.5%	35.5%
35 - 44		38.1%	40.9%	40.7%	41.6%	35.3%
45 - 54		33.6%	38.4%	34.5%	33.3%	34.3%
55 - 64		35.7%	35.3%	39.9%	38.9%	39.3%
65+		39.4%	36.7%	39.2%	34.9%	39.7%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

		2018	2017	2016	2015	2014
BMI (Body Mass Index)--(Continued)		Percent	Percent	Percent	Percent	Percent
C 3	Adults who report being obese.					
	Total for Douglas County:	32.4%	31.4%	30.9%	29.8%	28.3%
	<u>Sex</u>	Percent	Percent	Percent	Percent	Percent
	Male	31.4%	32.1%	30.0%	32.8%	29.8%
	Female	33.5%	30.8%	31.9%	26.6%	26.8%
	<u>Race/Ethnicity</u>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	31.0%	29.7%	30.8%	28.4%	27.1%
	Black, not Hispanic	47.5%	44.4%	39.9%	37.8%	37.4%
	Other, not Hispanic	24.4%	27.8%	16.8%	28.4%	33.1%
	Hispanic	32.7%	33.8%	30.2%	34.1%	26.5%
	<u>Age Group (Age at time of interview)</u>	Percent	Percent	Percent	Percent	Percent
	18 - 24	18.8%	20.9%	18.4%	12.4%	15.1%
	25 - 34	30.6%	31.9%	26.8%	26.8%	24.9%
	35 - 44	33.4%	29.1%	28.4%	32.2%	32.6%
	45 - 54	37.6%	39.9%	41.4%	40.8%	33.8%
	55 - 64	41.8%	36.5%	37.7%	32.9%	32.2%
	65+	30.0%	28.5%	30.9%	30.5%	28.8%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

Cancer		2018	2017	2016	2015	2014
		Percent	Percent	Percent	Percent	Percent
D 1	Adult males aged 40 and over who report having had a PSA test within the past two years.					
	Total for Douglas County:	26.9%	N/A	35.4%	N/A	38.8%
	<u>Race/Ethnicity</u>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	27.9%	N/A	38.8%	N/A	40.9%
	Black, not Hispanic	34.2%	N/A	26.0%	N/A	31.9%
	Other, not Hispanic	27.7%	N/A	13.6%	N/A	37.3%
	Hispanic	3.6%	N/A	17.5%	N/A	24.5%
	<u>Age Group (Age at time of interview)</u>	Percent	Percent	Percent	Percent	Percent
	40 - 44	4.2%	N/A	26.5%	N/A	4.7%
	45 - 54	16.3%	N/A	20.2%	N/A	30.3%
	55 - 64	27.8%	N/A	42.9%	N/A	48.1%
	65+	48.3%	N/A	53.2%	N/A	59.4%
D 2	Adult females aged 40 and over who report having had a mammogram within the past two years.					
	Total for Douglas County:	73.0%	N/A	67.2%	N/A	75.9%
	<u>Race/Ethnicity</u>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	73.8%	N/A	68.4%	N/A	77.0%
	Black, not Hispanic	81.9%	N/A	67.7%	N/A	74.1%
	Other, not Hispanic	65.7%	N/A	54.1%	N/A	77.2%
	Hispanic	51.5%	N/A	56.8%	N/A	59.6%
	<u>Age Group (Age at time of interview)</u>	Percent	Percent	Percent	Percent	Percent
	40 - 44	60.9%	N/A	50.9%	N/A	60.6%
	45 - 54	74.1%	N/A	66.4%	N/A	82.1%
	55 - 64	79.3%	N/A	73.1%	N/A	78.5%
	65+	71.5%	N/A	69.9%	N/A	75.9%
D 3	Adult females aged 50-74 who report having had a mammogram within the past two years.					
	Total for Douglas County:	80.6%	N/A	76.1%	N/A	82.7%
	<u>Race/Ethnicity</u>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	79.8%	N/A	76.0%	N/A	82.8%
	Black, not Hispanic	91.7%	N/A	80.3%	N/A	86.6%
	Other, not Hispanic	55.8%	N/A	84.5%	N/A	76.6%
	Hispanic	70.4%	N/A	58.7%	N/A	76.4%
	<u>Age Group (Age at time of interview)</u>	Percent	Percent	Percent	Percent	Percent
	50 - 54	78.3%	N/A	84.4%	N/A	87.3%
	55 - 64	79.3%	N/A	73.1%	N/A	78.5%
	65+	84.1%	N/A	75.6%	N/A	85.0%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

	2018	2017	2016	2015	2014
Cancer -- (Continued)	Percent	Percent	Percent	Percent	Percent
D 4 Adult females aged 40 and over who report having had a clinical breast within the past two years.					
Total for Douglas County:	N/A	N/A	N/A	N/A	79.7%
<u>Race/Ethnicity</u>	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	N/A	N/A	N/A	81.0%
Black, not Hispanic	N/A	N/A	N/A	N/A	67.7%
Other, not Hispanic	N/A	N/A	N/A	N/A	88.1%
Hispanic	N/A	N/A	N/A	N/A	74.6%
<u>Age Group (Age at time of interview)</u>	Percent	Percent	Percent	Percent	Percent
40 - 44	N/A	N/A	N/A	N/A	78.0%
45 - 54	N/A	N/A	N/A	N/A	85.6%
55 - 64	N/A	N/A	N/A	N/A	83.0%
65+	N/A	N/A	N/A	N/A	72.0%
D 5 Adult females aged 21-65 who have had a pap test in the past three years					
Total for Douglas County:	85.1%	N/A	74.3%	N/A	85.9%
<u>Race/Ethnicity</u>	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	86.1%	N/A	76.5%	N/A	86.1%
Black, not Hispanic	82.6%	N/A	60.3%	N/A	81.6%
Other, not Hispanic	67.6%	N/A	68.9%	N/A	81.7%
Hispanic	86.6%	N/A	74.4%	N/A	90.9%
<u>Age Group (Age at time of interview)</u>	Percent	Percent	Percent	Percent	Percent
18 - 24	62.9%	N/A	51.2%	N/A	63.2%
25 - 34	90.1%	N/A	72.9%	N/A	92.5%
35 - 44	89.5%	N/A	78.4%	N/A	87.0%
45 - 54	86.5%	N/A	83.4%	N/A	88.7%
55 - 64	81.1%	N/A	77.4%	N/A	83.3%
65+	77.5%	N/A	77.5%	N/A	71.0%
D 6 Adults aged 50 and over who report having had a fecal occult blood test (FOBT) within the past two years.					
Total for Douglas County:	9.1%	10.5%	10.8%	11.6%	13.6%
<u>Sex</u>	Percent	Percent	Percent	Percent	Percent
Male	8.5%	10.4%	9.3%	11.6%	13.3%
Female	9.5%	10.6%	12.0%	11.6%	13.8%
<u>Race/Ethnicity</u>	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	7.7%	10.3%	10.8%	10.5%	13.1%
Black, not Hispanic	13.5%	15.9%	12.2%	24.9%	16.7%
Other, not Hispanic	17.5%	11.5%	2.5%	10.3%	9.4%
Hispanic	18.5%	0.0%	11.8%	8.6%	20.3%
<u>Age Group (Age at time of interview)</u>	Percent	Percent	Percent	Percent	Percent
50 - 54	1.6%	3.8%	5.9%	8.4%	8.8%
55 - 64	9.1%	10.0%	9.1%	9.9%	13.7%
65+	12.1%	14.6%	14.4%	15.1%	16.1%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

	2018	2017	2016	2015	2014
Cancer -- (Continued)	Percent	Percent	Percent	Percent	Percent
D 7 Adults aged 50 and over who report ever having had a sigmoidoscopy/colonoscopy.					
Total for Douglas County:	75.9%	74.1%	71.6%	70.6%	74.2%
Sex	Percent	Percent	Percent	Percent	Percent
Male	71.6%	73.9%	70.2%	70.7%	74.2%
Female	79.3%	74.4%	72.9%	70.5%	74.2%
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	78.8%	77.1%	74.5%	74.1%	76.6%
Black, not Hispanic	72.1%	59.9%	64.4%	71.7%	71.3%
Other, not Hispanic	47.4%	71.6%	48.7%	36.9%	65.9%
Hispanic	44.5%	33.1%	31.9%	34.7%	35.9%
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
50 - 54	60.1%	53.6%	56.1%	53.5%	55.8%
55 - 64	75.3%	76.1%	72.5%	72.9%	76.2%
65+	82.7%	83.1%	77.6%	78.0%	82.5%
D 8 Fecal occult blood test, sigmoidoscopy, or colonoscopy among adults aged 50-75 years					
Total for Douglas County:	72.0%	71.8%	69.0%	68.1%	70.1%
Sex	Percent	Percent	Percent	Percent	Percent
Male	68.9%	69.2%	67.4%	68.1%	71.7%
Female	74.6%	74.0%	70.4%	68.1%	68.5%
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	74.8%	74.6%	71.8%	70.7%	72.7%
Black, not Hispanic	68.1%	60.4%	61.9%	73.6%	66.0%
Other, not Hispanic	55.1%	68.8%	43.2%	32.9%	60.2%
Hispanic	28.5%	31.4%	33.9%	46.7%	37.2%
D 9 Adults who have been told they have cancer					
Total for Douglas County:	9.4%	8.9%	8.5%	10.7%	9.6%
Sex	Percent	Percent	Percent	Percent	Percent
Male	8.2%	8.2%	7.2%	10.0%	9.1%
Female	10.6%	9.6%	9.8%	11.3%	10.0%
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	11.4%	10.9%	10.8%	12.6%	11.9%
Black, not Hispanic	6.0%	7.2%	2.0%	4.5%	2.8%
Other, not Hispanic	4.3%	0.3%	1.1%	8.0%	5.3%
Hispanic	1.7%	1.0%	2.2%	3.0%	0.9%
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	0.0%	0.0%	0.0%	0.2%	1.9%
25 - 34	1.1%	1.2%	2.6%	1.7%	1.6%
35 - 44	4.1%	2.9%	2.3%	3.0%	3.1%
45 - 54	7.1%	4.2%	6.9%	8.5%	10.1%
55 - 64	18.7%	14.4%	13.8%	18.1%	12.7%
65+	24.7%	30.2%	25.7%	33.4%	29.6%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

Category		2018	2017	2016	2015	2014
Diabetes		Percent	Percent	Percent	Percent	Percent
E 1	Adults who have been told they have diabetes					
	Total for Douglas County:	9.9%	10.2%	7.8%	8.2%	9.2%
	Sex	Percent	Percent	Percent	Percent	Percent
	Male	9.7%	9.6%	7.3%	8.6%	9.2%
	Female	10.2%	10.8%	8.2%	7.9%	9.1%
	Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	9.1%	9.6%	7.9%	7.4%	8.8%
	Black, not Hispanic	15.8%	18.3%	9.8%	13.7%	12.9%
	Other, not Hispanic	8.8%	5.5%	10.2%	6.3%	5.6%
	Hispanic	10.6%	8.7%	3.8%	10.2%	9.6%
	Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
	18 - 24	0.4%	0.9%	1.7%	1.7%	1.4%
	25 - 34	2.6%	3.0%	0.9%	0.9%	1.8%
	35 - 44	5.8%	6.1%	4.7%	4.2%	5.5%
	45 - 54	8.4%	15.4%	7.1%	8.8%	11.7%
	55 - 64	20.3%	15.5%	12.5%	15.0%	18.4%
	65+	21.1%	19.7%	20.2%	19.6%	17.3%
E 2	Adults with diabetes who received formal diabetes education .					
	Total for Douglas County:	N/A	64.4%	N/A	66.1%	78.3%
	Sex	Percent	Percent	Percent	Percent	Percent
	Male	N/A	62.5%	N/A	70.9%	78.2%
	Female	N/A	65.7%	N/A	61.1%	78.5%
	Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	60.5%	N/A	73.7%	79.7%
	Black, not Hispanic	N/A	76.3%	N/A	58.2%	65.9%
	Other, not Hispanic	N/A	100.0%	N/A	69.1%	99.4%
	Hispanic	N/A	63.6%	N/A	45.6%	76.3%
	Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
	18 - 24	N/A	0.0%	N/A	0.0%	100.0%
	25 - 34	N/A	100.0%	N/A	0.0%	100.0%
	35 - 44	N/A	42.0%	N/A	26.9%	86.4%
	45 - 54	N/A	67.0%	N/A	56.8%	71.1%
	55 - 64	N/A	72.6%	N/A	79.5%	76.9%
	65+	N/A	60.3%	N/A	79.7%	77.7%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

Disability		2018	2017	2016	2015	2014
		Percent	Percent	Percent	Percent	Percent
F 1	Adults who are limited in any activities because of physical, mental, or emotional problems by Year					
	Total for Douglas County:	N/A	N/A	N/A	17.0%	17.7%
	Sex	Percent	Percent	Percent	Percent	Percent
	Male	N/A	N/A	N/A	15.3%	18.0%
	Female	N/A	N/A	N/A	18.5%	17.4%
	Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	N/A	N/A	17.4%	17.7%
	Black, not Hispanic	N/A	N/A	N/A	19.5%	21.3%
	Other, not Hispanic	N/A	N/A	N/A	16.1%	28.6%
	Hispanic	N/A	N/A	N/A	11.1%	8.4%
	Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
	18 - 24	N/A	N/A	N/A	4.8%	4.2%
	25 - 34	N/A	N/A	N/A	7.9%	12.4%
	35 - 44	N/A	N/A	N/A	9.6%	14.7%
	45 - 54	N/A	N/A	N/A	22.4%	19.8%
	55 - 64	N/A	N/A	N/A	24.9%	26.2%
	65+	N/A	N/A	N/A	32.4%	28.2%
F 2	Adults with health problem(s) that requires the use of special equipment by Year					
	Total for Douglas County:	N/A	N/A	N/A	7.4%	6.9%
	Sex	Percent	Percent	Percent	Percent	Percent
	Male	N/A	N/A	N/A	7.0%	6.1%
	Female	N/A	N/A	N/A	7.8%	6.9%
	Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	N/A	N/A	6.5%	6.2%
	Black, not Hispanic	N/A	N/A	N/A	12.2%	12.4%
	Other, not Hispanic	N/A	N/A	N/A	17.4%	11.9%
	Hispanic	N/A	N/A	N/A	4.3%	4.0%
	Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
	18 - 24	N/A	N/A	N/A	2.8%	0.0%
	25 - 34	N/A	N/A	N/A	0.0%	2.0%
	35 - 44	N/A	N/A	N/A	2.9%	2.9%
	45 - 54	N/A	N/A	N/A	10.1%	8.0%
	55 - 64	N/A	N/A	N/A	8.9%	10.2%
	65+	N/A	N/A	N/A	21.2%	18.7%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

		2018	2017	2016	2015	2014
Economics		Percent	Percent	Percent	Percent	Percent
G 1	Adults aged 18-64 reporting having NO insurance coverage for health care.					
	Total for Douglas County:	17.0%	15.9%	17.7%	17.4%	16.0%
	Sex	Percent	Percent	Percent	Percent	Percent
	Male	17.2%	16.9%	16.9%	18.9%	19.7%
	Female	16.8%	15.0%	18.4%	16.0%	12.4%
	Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	7.3%	9.3%	10.5%	9.4%	8.7%
	Black, not Hispanic	29.5%	19.7%	22.3%	26.1%	26.4%
	Other, not Hispanic	29.3%	14.7%	15.9%	19.4%	20.3%
	Hispanic	55.8%	51.7%	57.6%	59.0%	50.8%
	Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
	18 - 24	18.7%	21.4%	22.1%	21.5%	24.6%
	25 - 34	24.9%	20.2%	23.7%	23.4%	21.0%
	35 - 44	17.9%	19.6%	22.2%	16.9%	19.0%
	45 - 54	11.7%	11.0%	13.5%	16.5%	8.0%
	55 - 64	10.2%	7.0%	5.6%	7.6%	7.7%
G 2	Adults who report having a primary care provider.					
	Total for Douglas County:	74.6%	77.7%	79.4%	75.5%	80.3%
	Sex	Percent	Percent	Percent	Percent	Percent
	Male	66.7%	71.8%	74.7%	68.9%	72.5%
	Female	82.1%	83.3%	83.8%	81.9%	87.6%
	Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	80.4%	84.3%	83.6%	81.4%	85.3%
	Black, not Hispanic	74.4%	76.5%	79.6%	70.7%	76.2%
	Other, not Hispanic	59.4%	54.3%	64.0%	50.4%	76.8%
	Hispanic	43.1%	44.7%	56.6%	48.5%	48.1%
	Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
	18 - 24	55.3%	55.6%	68.2%	56.6%	64.3%
	25 - 34	55.6%	63.4%	70.5%	62.2%	66.1%
	35 - 44	70.6%	73.7%	71.3%	73.8%	76.9%
	45 - 54	80.1%	86.7%	80.1%	76.5%	86.7%
	55 - 64	88.7%	89.2%	90.9%	89.0%	91.8%
	65+	96.3%	96.1%	95.8%	95.1%	96.9%

The BRFSS 2011 -- 2018 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

Economics -- (Continued)		2018	2017	2016	2015	2014
		Percent	Percent	Percent	Percent	Percent
G 3	Adults who report having been prevented from seeing a provider due to the cost.					
	Total for Douglas County:	13.0%	12.9%	14.6%	13.1%	12.9%
	Sex	Percent	Percent	Percent	Percent	Percent
	Male	11.1%	9.4%	11.2%	10.2%	12.6%
	Female	14.8%	16.3%	17.8%	15.9%	13.2%
	Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	11.0%	10.5%	12.0%	9.6%	9.6%
	Black, not Hispanic	18.4%	22.2%	25.1%	21.5%	23.7%
	Other, not Hispanic	18.2%	21.0%	6.9%	23.0%	16.0%
	Hispanic	19.0%	17.0%	27.8%	26.1%	25.8%
	Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
	18 - 24	17.8%	14.5%	15.7%	18.1%	14.6%
	25 - 34	21.4%	19.0%	18.8%	15.6%	17.7%
	35 - 44	10.1%	12.1%	16.0%	13.9%	17.0%
	45 - 54	10.3%	13.9%	18.6%	17.1%	12.8%
	55 - 64	14.2%	14.9%	11.9%	9.6%	10.7%
	65+	4.7%	2.7%	5.8%	4.5%	3.4%
G 4	Adults who had routine checkup in past year					
	Total for Douglas County:	72.7%	68.8%	66.5%	63.8%	66.1%
	Sex	Percent	Percent	Percent	Percent	Percent
	Male	63.1%	63.7%	60.0%	57.8%	58.9%
	Female	81.9%	73.6%	72.6%	69.5%	72.9%
	Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	74.7%	69.4%	68.5%	64.4%	67.9%
	Black, not Hispanic	73.4%	79.7%	71.6%	68.5%	71.6%
	Other, not Hispanic	50.9%	62.3%	59.9%	56.4%	56.0%
	Hispanic	70.4%	57.8%	49.6%	57.6%	52.1%
	Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
	18 - 24	63.3%	51.0%	54.9%	49.1%	53.2%
	25 - 34	59.9%	56.1%	59.4%	46.5%	58.2%
	35 - 44	69.1%	62.1%	54.9%	60.3%	57.3%
	45 - 54	71.6%	73.5%	66.8%	67.0%	67.1%
	55 - 64	83.1%	78.9%	74.9%	78.0%	75.1%
	65+	89.1%	90.3%	88.0%	83.1%	86.4%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

Category		2018	2017	2016	2015	2014
Environmental Concerns		Percent	Percent	Percent	Percent	Percent
H 1	Adults who have ever been told they have asthma.					
	Total for Douglas County:	15.0%	12.2%	12.6%	13.6%	12.7%
	Sex	Percent	Percent	Percent	Percent	Percent
	Male	12.2%	9.3%	10.0%	13.0%	10.6%
	Female	17.7%	15.1%	15.1%	14.2%	14.6%
	Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	15.6%	12.5%	12.0%	13.5%	12.8%
	Black, not Hispanic	16.6%	21.0%	24.3%	17.4%	22.4%
	Other, not Hispanic	19.9%	6.5%	10.4%	20.1%	8.5%
	Hispanic	6.5%	5.4%	6.8%	6.8%	4.1%
	Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
	18 - 24	17.1%	17.4%	17.4%	22.4%	13.5%
	25 - 34	14.8%	14.2%	18.2%	15.2%	16.5%
	35 - 44	13.1%	10.0%	9.1%	14.0%	13.1%
	45 - 54	16.9%	14.5%	8.5%	10.6%	10.1%
	55 - 64	17.6%	11.8%	14.2%	11.9%	13.1%
	65+	11.9%	6.8%	8.7%	9.1%	9.0%
H 2	Adults who currently have asthma.					
	Total for Douglas County:	10.5%	8.0%	9.3%	7.5%	7.4%
	Sex	Percent	Percent	Percent	Percent	Percent
	Male	7.4%	4.8%	6.7%	5.5%	5.0%
	Female	13.4%	11.2%	11.7%	9.3%	9.6%
	Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	10.7%	8.1%	8.5%	7.5%	7.0%
	Black, not Hispanic	12.9%	14.5%	19.9%	9.6%	16.1%
	Other, not Hispanic	14.8%	5.0%	10.4%	10.4%	4.9%
	Hispanic	4.2%	3.3%	3.7%	3.5%	2.5%
	Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
	18 - 24	12.8%	11.3%	13.2%	8.7%	3.5%
	25 - 34	8.6%	9.0%	13.7%	7.9%	9.4%
	35 - 44	10.0%	5.2%	5.2%	6.1%	8.1%
	45 - 54	11.4%	9.9%	6.5%	8.0%	7.0%
	55 - 64	13.0%	9.7%	10.5%	7.9%	8.9%
	65+	8.4%	4.3%	6.9%	6.6%	6.0%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

	2018	2017	2016	2015	2014
Health Status	Percent	Percent	Percent	Percent	Percent
1 Adults who report self-rated health status as fair or poor.					
Total for Douglas County:	15.7%	14.8%	15.2%	15.8%	12.9%
Sex	Percent	Percent	Percent	Percent	Percent
Male	13.8%	12.3%	12.6%	15.0%	14.3%
Female	17.5%	17.2%	17.6%	16.5%	11.5%
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	12.6%	11.4%	13.3%	11.7%	9.0%
Black, not Hispanic	30.7%	29.0%	18.4%	23.6%	24.4%
Other, not Hispanic	16.1%	12.0%	9.1%	26.6%	20.6%
Hispanic	23.1%	26.7%	29.3%	33.4%	26.1%
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	11.1%	6.3%	6.9%	12.7%	6.8%
25 - 34	7.6%	12.6%	8.6%	10.2%	7.0%
35 - 44	9.4%	14.4%	12.6%	11.3%	13.4%
45 - 54	19.8%	16.4%	18.1%	22.3%	15.2%
55 - 64	27.0%	17.1%	18.3%	18.2%	18.3%
65+	20.8%	20.6%	26.3%	21.1%	16.9%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

Heart Disease and Stroke

J 1 Adults who had blood pressure checked in past year

	2018	2017	2016	2015	2014
	Percent	Percent	Percent	Percent	Percent
Total for Douglas County:					
Sex	N/A	84.7%	N/A	87.3%	N/A
Male	N/A	81.9%	N/A	87.4%	N/A
Female	N/A	87.6%	N/A	87.2%	N/A
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	90.7%	N/A	90.1%	N/A
Black, not Hispanic	N/A	78.5%	N/A	85.1%	N/A
Other, not Hispanic	N/A	65.1%	N/A	62.6%	N/A
Hispanic	N/A	61.5%	N/A	83.1%	N/A
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	N/A	80.4%	N/A	78.6%	N/A
25 - 34	N/A	80.2%	N/A	72.4%	N/A
35 - 44	N/A	73.6%	N/A	91.5%	N/A
45 - 54	N/A	86.2%	N/A	91.5%	N/A
55 - 64	N/A	93.1%	N/A	94.3%	N/A
65+	N/A	95.5%	N/A	94.5%	N/A

J 2 Adults who have ever been told that they have high blood pressure.

	2018	2017	2016	2015	2014
	Percent	Percent	Percent	Percent	Percent
Total for Douglas County:					
Sex	N/A	30.2%	N/A	28.5%	N/A
Male	N/A	31.2%	N/A	30.5%	N/A
Female	N/A	29.2%	N/A	26.6%	N/A
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	30.2%	N/A	28.8%	N/A
Black, not Hispanic	N/A	52.5%	N/A	37.3%	N/A
Other, not Hispanic	N/A	20.5%	N/A	23.0%	N/A
Hispanic	N/A	13.7%	N/A	20.1%	N/A
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	N/A	6.2%	N/A	3.2%	N/A
25 - 34	N/A	10.0%	N/A	9.7%	N/A
35 - 44	N/A	22.1%	N/A	19.9%	N/A
45 - 54	N/A	37.5%	N/A	32.5%	N/A
55 - 64	N/A	44.5%	N/A	47.7%	N/A
65+	N/A	59.9%	N/A	58.6%	N/A

The BRFSS 2011 -- 2018 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

		2018	2017	2016	2015	2014
Heart Disease and Stroke -- (Continued)		Percent	Percent	Percent	Percent	Percent
J 3	Adults who currently taking blood pressure medication among those who have been told had high blood					
Total for Douglas County:		N/A	78.7%	N/A	76.7%	N/A
Sex		Percent	Percent	Percent	Percent	Percent
	Male	N/A	74.6%	N/A	73.3%	N/A
	Female	N/A	83.2%	N/A	80.4%	N/A
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	77.9%	N/A	79.3%	N/A
	Black, not Hispanic	N/A	86.1%	N/A	83.1%	N/A
	Other, not Hispanic	N/A	78.5%	N/A	60.1%	N/A
	Hispanic	N/A	64.5%	N/A	46.6%	N/A
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
	18 - 24	N/A	3.9%	N/A	0.0%	N/A
	25 - 34	N/A	13.2%	N/A	24.9%	N/A
	35 - 44	N/A	67.9%	N/A	56.7%	N/A
	45 - 54	N/A	77.6%	N/A	69.0%	N/A
	55 - 64	N/A	87.7%	N/A	87.7%	N/A
	65+	N/A	96.0%	N/A	94.1%	N/A
J 4	Adults who have had their blood cholesterol checked within the last five years #					
Total for Douglas County:		N/A	84.8%	N/A	73.6%	N/A
Sex		Percent	Percent	Percent	Percent	Percent
	Male	N/A	82.7%	N/A	69.6%	N/A
	Female	N/A	86.6%	N/A	77.5%	N/A
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	85.5%	N/A	76.0%	N/A
	Black, not Hispanic	N/A	87.6%	N/A	74.3%	N/A
	Other, not Hispanic	N/A	78.3%	N/A	71.6%	N/A
	Hispanic	N/A	80.3%	N/A	55.5%	N/A
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
	18 - 24	N/A	61.5%	N/A	37.9%	N/A
	25 - 34	N/A	74.7%	N/A	52.3%	N/A
	35 - 44	N/A	82.1%	N/A	77.2%	N/A
	45 - 54	N/A	93.1%	N/A	85.7%	N/A
	55 - 64	N/A	93.7%	N/A	88.7%	N/A
	65+	N/A	97.0%	N/A	95.1%	N/A

The BRFSS 2011 -- 2018 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

N/A -- Question Not Asked During Survey Year

2017 data are not comparable to earlier years due to changes in question wording on the 2017 survey

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

		2018	2017	2016	2015	2014
Heart Disease and Stroke -- (Continued)		Percent	Percent	Percent	Percent	Percent
J 5	Adults who have had their blood cholesterol checked and have been told it was high #					
Total for Douglas County:		N/A	32.8%	N/A	34.3%	N/A
Sex		Percent	Percent	Percent	Percent	Percent
	Male	N/A	34.1%	N/A	37.9%	N/A
	Female	N/A	31.8%	N/A	31.1%	N/A
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	35.0%	N/A	36.3%	N/A
	Black, not Hispanic	N/A	37.7%	N/A	29.1%	N/A
	Other, not Hispanic	N/A	14.4%	N/A	20.4%	N/A
	Hispanic	N/A	21.0%	N/A	29.1%	N/A
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
	18 - 24	N/A	7.9%	N/A	4.1%	N/A
	25 - 34	N/A	15.7%	N/A	15.8%	N/A
	35 - 44	N/A	24.0%	N/A	23.7%	N/A
	45 - 54	N/A	37.0%	N/A	34.1%	N/A
	55 - 64	N/A	48.3%	N/A	49.5%	N/A
	65+	N/A	49.5%	N/A	53.9%	N/A
J 6	Adults who currently taking cholesterol medication among those ever told they have high cholesterol					
Total for Douglas County:		N/A	60.8%	N/A	N/A	N/A
Sex		Percent	Percent	Percent	Percent	Percent
	Male	N/A	62.2%	N/A	N/A	N/A
	Female	N/A	59.3%	N/A	N/A	N/A
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	61.1%	N/A	N/A	N/A
	Black, not Hispanic	N/A	63.5%	N/A	N/A	N/A
	Other, not Hispanic	N/A	85.7%	N/A	N/A	N/A
	Hispanic	N/A	40.0%	N/A	N/A	N/A
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
	18 - 24	N/A	0.0%	N/A	N/A	N/A
	25 - 34	N/A	6.6%	N/A	N/A	N/A
	35 - 44	N/A	33.9%	N/A	N/A	N/A
	45 - 54	N/A	56.3%	N/A	N/A	N/A
	55 - 64	N/A	70.3%	N/A	N/A	N/A
	65+	N/A	88.1%	N/A	N/A	N/A

The BRFSS 2011 -- 2018 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

N/A -- Question Not Asked During Survey Year

2017 data are not comparable to earlier years due to changes in question wording on the 2017 survey

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

		2018	2017	2016	2015	2014
Heart Disease and Stroke -- (Continued)		Percent	Percent	Percent	Percent	Percent
J 7	Adults who have ever been told they have a heart attack					
Total for Douglas County:		2.5%	3.8%	3.5%	3.0%	3.1%
Sex		Percent	Percent	Percent	Percent	Percent
Male		3.6%	5.7%	4.6%	4.3%	4.4%
Female		1.5%	2.0%	2.5%	1.7%	1.9%
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		2.6%	4.0%	4.1%	2.9%	3.5%
Black, not Hispanic		3.0%	4.9%	2.0%	2.4%	3.9%
Other, not Hispanic		0.8%	1.5%	0.8%	2.2%	0.0%
Hispanic		2.2%	3.0%	2.5%	4.6%	0.9%
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
18 - 24		1.2%	0.0%	0.0%	0.0%	0.0%
25 - 34		0.0%	0.2%	0.3%	0.2%	1.4%
35 - 44		1.4%	1.3%	0.0%	1.4%	1.3%
45 - 54		1.1%	3.9%	4.8%	1.8%	3.1%
55 - 64		4.8%	5.9%	3.4%	4.0%	4.7%
65+		6.6%	11.7%	12.8%	10.8%	8.3%
J 8	Adults who have ever been told they had angina/coronary heart disease.					
Total for Douglas County:		2.6%	3.6%	3.6%	3.3%	3.5%
Sex		Percent	Percent	Percent	Percent	Percent
Male		2.4%	3.9%	4.0%	4.7%	4.6%
Female		2.8%	3.3%	3.1%	2.1%	2.5%
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		2.8%	3.8%	4.2%	3.4%	4.1%
Black, not Hispanic		1.9%	8.4%	3.4%	3.2%	2.6%
Other, not Hispanic		2.7%	0.0%	2.0%	3.8%	0.8%
Hispanic		1.7%	0.0%	0.3%	2.9%	1.1%
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
18 - 24		0.0%	0.0%	0.0%	0.0%	0.7%
25 - 34		0.6%	0.1%	0.0%	1.4%	0.0%
35 - 44		0.8%	0.9%	0.0%	0.0%	1.2%
45 - 54		1.8%	2.5%	2.2%	3.7%	2.6%
55 - 64		4.3%	6.6%	6.2%	3.2%	7.0%
65+		7.9%	11.7%	13.5%	11.9%	10.5%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

		2018	2017	2016	2015	2014
Heart Disease and Stroke -- (Continued)		Percent	Percent	Percent	Percent	Percent
J 9	Adults who have ever been told they had angina/coronary heart disease or heart attack					
Total for Douglas County:		4.3%	5.6%	5.5%	4.8%	5.1%
Sex		Percent	Percent	Percent	Percent	Percent
Male		4.7%	7.3%	6.7%	6.5%	6.7%
Female		3.8%	4.1%	4.4%	3.1%	3.6%
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		4.4%	5.7%	6.3%	4.7%	5.8%
Black, not Hispanic		4.9%	10.3%	4.3%	4.5%	5.1%
Other, not Hispanic		3.5%	1.5%	2.9%	4.4%	0.8%
Hispanic		3.4%	3.0%	2.5%	6.0%	1.9%
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
18 - 24		1.2%	0.0%	0.0%	0.0%	0.7%
25 - 34		0.6%	0.3%	0.3%	1.5%	1.4%
35 - 44		1.8%	2.1%	0.0%	1.4%	2.3%
45 - 54		2.9%	5.7%	5.3%	4.1%	4.3%
55 - 64		7.0%	8.9%	8.0%	5.3%	7.9%
65+		11.9%	16.9%	20.0%	16.5%	14.9%
J 10	Adults who have ever been told they have a stroke					
Total for Douglas County:		3.0%	3.0%	3.1%	2.7%	2.1%
Sex		Percent	Percent	Percent	Percent	Percent
Male		2.3%	2.5%	3.1%	2.2%	1.9%
Female		3.6%	3.5%	3.1%	3.1%	2.3%
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		3.1%	3.2%	3.1%	2.1%	2.1%
Black, not Hispanic		3.7%	4.6%	6.3%	7.8%	3.2%
Other, not Hispanic		3.9%	3.2%	0.3%	4.4%	1.9%
Hispanic		0.7%	0.2%	1.3%	0.2%	0.7%
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
18 - 24		0.0%	0.1%	0.0%	0.0%	0.0%
25 - 34		1.0%	1.0%	0.9%	0.8%	0.0%
35 - 44		0.6%	1.5%	1.3%	0.8%	0.5%
45 - 54		2.3%	2.4%	2.6%	3.0%	3.4%
55 - 64		5.5%	5.0%	3.8%	3.7%	3.5%
65+		8.2%	7.9%	9.9%	7.7%	5.6%

The BRFSS 2011 -- 2018 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

		2018	2017	2016	2015	2014
Immunization		Percent	Percent	Percent	Percent	Percent
K 1	Had a flu vaccination in past 12 months					
Total for Douglas County:		41.4%	47.8%	48.6%	48.3%	47.5%
Sex		Percent	Percent	Percent	Percent	Percent
Male		39.4%	42.0%	43.8%	41.3%	42.6%
Female		43.4%	53.4%	53.1%	54.7%	52.0%
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		43.8%	50.0%	49.9%	50.1%	50.6%
Black, not Hispanic		33.8%	44.0%	38.1%	43.7%	37.4%
Other, not Hispanic		24.4%	37.6%	45.3%	40.7%	39.5%
Hispanic		41.0%	41.2%	49.9%	41.5%	37.6%
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
18 - 24		24.4%	33.8%	45.1%	35.3%	30.2%
25 - 34		33.7%	43.9%	43.9%	39.3%	40.2%
35 - 44		37.2%	37.2%	38.8%	43.3%	42.1%
45 - 54		40.0%	43.2%	41.0%	46.7%	48.3%
55 - 64		50.2%	59.6%	53.8%	58.3%	54.5%
65+		60.2%	66.8%	69.6%	66.2%	68.5%
Kidney Disease		Percent	Percent	Percent	Percent	Percent
L 1	Adults who have been told they have kidney disease					
Total for Douglas County:		2.8%	2.5%	3.2%	2.3%	1.9%
Sex		Percent	Percent	Percent	Percent	Percent
Male		2.3%	1.6%	2.9%	2.3%	2.0%
Female		3.3%	3.3%	3.5%	2.3%	1.9%
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		2.9%	3.2%	3.3%	2.5%	1.9%
Black, not Hispanic		3.8%	1.2%	4.7%	2.5%	4.7%
Other, not Hispanic		1.8%	0.0%	2.1%	1.3%	0.0%
Hispanic		1.9%	0.3%	1.3%	0.5%	0.6%
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
18 - 24		0.9%	0.0%	0.0%	0.0%	0.4%
25 - 34		0.6%	1.0%	2.5%	0.9%	1.1%
35 - 44		0.6%	2.0%	1.2%	1.2%	1.7%
45 - 54		3.6%	4.5%	3.0%	1.9%	0.8%
55 - 64		6.3%	2.5%	5.1%	3.2%	2.9%
65+		5.3%	4.5%	7.0%	6.3%	4.8%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

Mental Health		2018	2017	2016	2015	2014
		Percent	Percent	Percent	Percent	Percent
M 1	Adults who reported at least one day in the past month when their mental health was not good.					
	Total for Douglas County:	35.8%	33.7%	34.6%	31.9%	33.3%
	Sex	Percent	Percent	Percent	Percent	Percent
	Male	32.4%	27.6%	27.1%	26.8%	28.3%
	Female	39.2%	39.6%	41.7%	36.7%	38.1%
	Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	37.4%	35.3%	35.8%	32.9%	33.8%
	Black, not Hispanic	39.3%	36.4%	36.6%	34.2%	31.5%
	Other, not Hispanic	34.2%	29.6%	25.4%	23.7%	39.6%
	Hispanic	22.6%	21.5%	28.9%	26.3%	28.6%
	Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
	18 - 24	50.9%	40.1%	48.5%	52.3%	42.9%
	25 - 34	44.9%	39.3%	36.2%	33.5%	42.3%
	35 - 44	29.9%	36.6%	30.8%	31.1%	32.5%
	45 - 54	35.7%	35.3%	36.5%	35.4%	32.0%
	55 - 64	36.3%	30.4%	34.2%	23.3%	28.4%
	65+	20.6%	20.7%	24.4%	19.7%	21.1%
M 2	Adults who reported 14 or more days in the past month when their mental health was not good.					
	Total for Douglas County:	12.6%	11.5%	9.8%	10.0%	8.0%
	Sex	Percent	Percent	Percent	Percent	Percent
	Male	10.3%	8.6%	7.1%	7.1%	5.9%
	Female	14.7%	14.3%	12.4%	12.8%	9.9%
	Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	13.0%	10.9%	10.0%	10.7%	7.5%
	Black, not Hispanic	11.5%	17.5%	11.8%	4.9%	11.1%
	Other, not Hispanic	18.7%	17.1%	7.0%	7.0%	7.7%
	Hispanic	7.1%	6.5%	8.2%	11.3%	8.2%
	Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
	18 - 24	19.3%	20.6%	16.1%	14.2%	8.6%
	25 - 34	14.5%	11.8%	11.4%	11.0%	11.5%
	35 - 44	9.4%	9.3%	5.1%	8.1%	4.9%
	45 - 54	12.8%	11.6%	10.5%	13.9%	9.5%
	55 - 64	15.1%	11.6%	7.7%	7.9%	8.0%
	65+	6.3%	6.4%	9.4%	5.6%	4.7%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

		2018	2017	2016	2015	2014
Mental Health -- (Continued)		Percent	Percent	Percent	Percent	Percent
M 3	Adults who reported at least one day in the past month when their mental/physical health prevented them from working or participating in their usual activities.					
	Total for Douglas County:	22.6%	22.9%	21.3%	20.0%	19.5%
	Sex	Percent	Percent	Percent	Percent	Percent
	Male	19.0%	18.8%	17.4%	18.6%	18.4%
	Female	26.0%	26.9%	25.0%	21.4%	20.5%
	Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	23.5%	22.7%	21.9%	19.3%	19.8%
	Black, not Hispanic	26.0%	31.3%	24.7%	25.4%	20.9%
	Other, not Hispanic	25.1%	24.8%	17.8%	29.0%	15.8%
	Hispanic	11.6%	15.4%	15.1%	15.4%	17.5%
	Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
	18 - 24	31.9%	23.1%	27.8%	23.4%	16.1%
	25 - 34	22.4%	22.2%	15.6%	19.9%	19.7%
	35 - 44	17.8%	22.6%	17.5%	14.0%	19.3%
	45 - 54	20.8%	30.2%	24.0%	26.3%	19.0%
	55 - 64	29.8%	22.4%	24.5%	20.2%	25.0%
	65+	16.1%	17.5%	21.6%	17.6%	17.1%
M 4	Adults who currently taking medication or receiving treatment for a mental health condition.					
	Total for Douglas County:	N/A	N/A	N/A	N/A	N/A
	Sex	Percent	Percent	Percent	Percent	Percent
	Male	N/A	N/A	N/A	N/A	N/A
	Female	N/A	N/A	N/A	N/A	N/A
	Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	N/A	N/A	N/A	N/A
	Black, not Hispanic	N/A	N/A	N/A	N/A	N/A
	Other, not Hispanic	N/A	N/A	N/A	N/A	N/A
	Hispanic	N/A	N/A	N/A	N/A	N/A
	Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
	18 - 24	N/A	N/A	N/A	N/A	N/A
	25 - 34	N/A	N/A	N/A	N/A	N/A
	35 - 44	N/A	N/A	N/A	N/A	N/A
	45 - 54	N/A	N/A	N/A	N/A	N/A
	55 - 64	N/A	N/A	N/A	N/A	N/A
	65+	N/A	N/A	N/A	N/A	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

		2018	2017	2016	2015	2014
Mental Health -- (Continued)		Percent	Percent	Percent	Percent	Percent
M 5	Adults who ever been told they have a form of depression					
Total for Douglas County:		17.7%	20.7%	19.3%	18.6%	18.8%
Sex		Percent	Percent	Percent	Percent	Percent
	Male	11.6%	14.0%	12.7%	14.1%	14.5%
	Female	23.6%	27.1%	25.6%	22.9%	22.9%
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	18.3%	22.2%	20.6%	19.7%	20.0%
	Black, not Hispanic	18.7%	24.9%	14.2%	11.3%	17.2%
	Other, not Hispanic	23.2%	13.5%	13.2%	23.0%	23.4%
	Hispanic	9.4%	9.9%	18.7%	15.5%	9.0%
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
	18 - 24	23.6%	21.7%	23.1%	17.5%	16.7%
	25 - 34	19.3%	20.9%	20.7%	19.9%	20.9%
	35 - 44	10.0%	21.0%	15.7%	16.9%	20.4%
	45 - 54	21.5%	21.7%	20.1%	23.7%	19.3%
	55 - 64	24.2%	22.2%	21.8%	18.4%	21.1%
	65+	10.5%	17.0%	15.7%	14.8%	13.5%
Oral Health		Percent	Percent	Percent	Percent	Percent
N 1	Visited a dentist for any reason in past 12 months					
Total for Douglas County:		67.3%	N/A	69.4%	N/A	68.7%
Sex		Percent	Percent	Percent	Percent	Percent
	Male	63.7%	N/A	68.6%	N/A	66.4%
	Female	70.8%	N/A	70.1%	N/A	70.8%
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	72.7%	N/A	75.8%	N/A	74.6%
	Black, not Hispanic	54.1%	N/A	49.8%	N/A	55.0%
	Other, not Hispanic	49.5%	N/A	59.5%	N/A	53.2%
	Hispanic	51.3%	N/A	46.4%	N/A	45.7%
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
	18 - 24	54.3%	N/A	69.9%	N/A	62.2%
	25 - 34	57.0%	N/A	62.7%	N/A	61.1%
	35 - 44	68.5%	N/A	64.3%	N/A	69.5%
	45 - 54	74.7%	N/A	74.0%	N/A	73.1%
	55 - 64	73.2%	N/A	76.7%	N/A	73.8%
	65+	75.0%	N/A	71.0%	N/A	73.0%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

	2018	2017	2016	2015	2014
Pulmonary Health	Percent	Percent	Percent	Percent	Percent
O 1 Adults who have ever been told they have COPD (Chronic Obstructive Pulmonary Disease)					
Total for Douglas County:	6.4%	5.9%	6.6%	4.6%	5.4%
Sex	Percent	Percent	Percent	Percent	Percent
Male	6.1%	4.6%	4.8%	3.8%	5.4%
Female	6.6%	7.2%	8.3%	5.4%	5.4%
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	7.2%	6.0%	6.7%	4.7%	5.6%
Black, not Hispanic	5.7%	8.5%	8.6%	4.3%	8.3%
Other, not Hispanic	5.4%	7.1%	10.2%	10.2%	1.3%
Hispanic	1.8%	2.2%	1.7%	1.7%	2.9%
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	3.2%	0.6%	0.0%	0.9%	0.7%
25 - 34	2.3%	2.4%	2.8%	0.9%	4.5%
35 - 44	2.6%	1.8%	4.4%	0.7%	2.7%
45 - 54	6.3%	7.3%	4.5%	6.7%	5.2%
55 - 64	9.8%	10.7%	11.8%	7.6%	7.9%
65+	14.1%	12.6%	15.6%	11.5%	11.1%
Senior Health	Percent	Percent	Percent	Percent	Percent
P 1 Adults aged 65 and over who have been told that they have arthritis.					
Total for Douglas County:	48.0%	48.3%	54.7%	52.2%	50.4%
Sex	Percent	Percent	Percent	Percent	Percent
Male	41.1%	40.7%	49.7%	47.5%	42.2%
Female	53.8%	54.4%	58.3%	55.7%	56.7%
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	49.9%	49.5%	54.6%	51.2%	49.5%
Black, not Hispanic	36.0%	48.7%	59.3%	70.6%	62.1%
Other, not Hispanic	36.6%	20.9%	48.7%	50.9%	51.5%
Hispanic	38.3%	14.7%	37.6%	26.6%	42.4%
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
65+	48.0%	48.3%	54.7%	52.2%	50.4%
P 2 Adults aged 65 and over who report having had a flu vaccination in the past year.					
Total for Douglas County:	59.9%	67.7%	69.6%	66.2%	68.5%
Sex	Percent	Percent	Percent	Percent	Percent
Male	61.4%	65.6%	72.1%	63.2%	69.3%
Female	58.6%	69.3%	67.8%	68.3%	67.8%
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	61.5%	68.3%	71.0%	67.2%	69.9%
Black, not Hispanic	52.7%	45.5%	53.8%	63.4%	43.4%
Other, not Hispanic	47.2%	82.5%	48.4%	62.0%	92.4%
Hispanic	45.3%	100.0%	100.0%	44.8%	75.4%
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
65+	59.9%	67.7%	69.6%	66.2%	68.5%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

	2018	2017	2016	2015	2014
Senior Health -- (Continued)	Percent	Percent	Percent	Percent	Percent
P 3 Adults aged 65 and over who report ever having had a pneumonia vaccination.					
Total for Douglas County:	78.9%	83.1%	79.3%	74.5%	76.7%
Sex	Percent	Percent	Percent	Percent	Percent
Male	75.2%	76.1%	77.4%	70.3%	74.1%
Female	82.2%	88.4%	80.8%	77.4%	78.6%
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	80.3%	83.1%	80.8%	74.5%	77.8%
Black, not Hispanic	55.1%	72.8%	66.3%	73.0%	65.7%
Other, not Hispanic	89.9%	100.0%	75.7%	92.9%	92.4%
Hispanic	89.2%	100.0%	48.1%	68.3%	55.1%
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
65+	78.9%	83.1%	79.3%	74.5%	76.7%
P 4 Adults aged 65 and over who report having had a fall in the past 12 months.					
Total for Douglas County:	25.2%	N/A	31.1%	N/A	24.8%
Sex	Percent	Percent	Percent	Percent	Percent
Male	25.0%	N/A	34.4%	N/A	23.2%
Female	25.4%	N/A	28.5%	N/A	26.1%
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	25.1%	N/A	31.8%	N/A	25.8%
Black, not Hispanic	13.6%	N/A	24.7%	N/A	16.6%
Other, not Hispanic	63.7%	N/A	3.3%	N/A	18.4%
Hispanic	27.5%	N/A	61.4%	N/A	18.4%
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
65+	25.2%	N/A	31.1%	N/A	24.8%
P 5 Adults aged 65 and over who report injured due to a fall in the past 12 months.					
Total for Douglas County:	39.0%	N/A	39.3%	N/A	39.9%
Sex	Percent	Percent	Percent	Percent	Percent
Male	32.1%	N/A	32.4%	N/A	31.0%
Female	44.9%	N/A	45.6%	N/A	46.0%
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	38.9%	N/A	40.4%	N/A	39.1%
Black, not Hispanic	24.3%	N/A	15.0%	N/A	45.6%
Other, not Hispanic	45.2%	N/A	0.0%	N/A	26.9%
Hispanic	46.7%	N/A	61.3%	N/A	84.3%
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
65+	39.0%	N/A	39.3%	N/A	39.9%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

Category		2018	2017	2016	2015	2014
Social Context		Percent	Percent	Percent	Percent	Percent
Q 1	Always or usually worried or stressed (in past 12 months) about having enough money to pay rent/mortgage:					
	Total for Douglas County:	N/A	N/A	N/A	13.8%	N/A
	Sex	Percent	Percent	Percent	Percent	Percent
	Male	N/A	N/A	N/A	14.8%	N/A
	Female	N/A	N/A	N/A	12.9%	N/A
	Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	N/A	N/A	10.6%	N/A
	Black, not Hispanic	N/A	N/A	N/A	20.1%	N/A
	Other, not Hispanic	N/A	N/A	N/A	31.3%	N/A
	Hispanic	N/A	N/A	N/A	21.0%	N/A
	Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
	18 - 24	N/A	N/A	N/A	11.2%	N/A
	25 - 34	N/A	N/A	N/A	15.2%	N/A
	35 - 44	N/A	N/A	N/A	11.9%	N/A
	45 - 54	N/A	N/A	N/A	20.9%	N/A
	55 - 64	N/A	N/A	N/A	13.7%	N/A
	65+	N/A	N/A	N/A	8.5%	N/A
Q 2	Adults who always or usually worried or stressed (in past 12 months) about having enough money to buy nutritious meals:					
	Total for Douglas County:	N/A	N/A	N/A	7.4%	N/A
	Sex	Percent	Percent	Percent	Percent	Percent
	Male	N/A	N/A	N/A	6.2%	N/A
	Female	N/A	N/A	N/A	8.5%	N/A
	Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	N/A	N/A	6.3%	N/A
	Black, not Hispanic	N/A	N/A	N/A	10.1%	N/A
	Other, not Hispanic	N/A	N/A	N/A	19.0%	N/A
	Hispanic	N/A	N/A	N/A	6.2%	N/A
	Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
	18 - 24	N/A	N/A	N/A	11.4%	N/A
	25 - 34	N/A	N/A	N/A	7.1%	N/A
	35 - 44	N/A	N/A	N/A	8.2%	N/A
	45 - 54	N/A	N/A	N/A	10.0%	N/A
	55 - 64	N/A	N/A	N/A	5.7%	N/A
	65+	N/A	N/A	N/A	1.7%	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

	2018	2017	2016	2015	2014
STDs	Percent	Percent	Percent	Percent	Percent
R 1 Adults less than 65 years of age who report ever having been tested for HIV.					
Total for Douglas County:	34.7%	38.1%	39.0%	40.9%	38.5%
Sex	Percent	Percent	Percent	Percent	Percent
Male	32.9%	35.5%	36.5%	39.3%	35.7%
Female	36.5%	40.7%	41.4%	42.4%	41.2%
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	33.6%	35.9%	35.9%	37.2%	35.6%
Black, not Hispanic	55.1%	56.4%	63.9%	66.2%	63.0%
Other, not Hispanic	32.1%	40.1%	41.0%	40.7%	34.3%
Hispanic	25.3%	34.5%	37.1%	45.0%	38.4%
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	25.2%	26.4%	33.7%	31.6%	22.0%
25 - 34	37.7%	48.9%	45.8%	54.9%	52.6%
35 - 44	42.3%	47.7%	48.9%	56.6%	52.0%
45 - 54	40.7%	35.4%	38.3%	34.2%	36.2%
55 - 64	23.9%	26.5%	24.3%	19.9%	21.6%
R 2 Adults less than 65 years who report having been in HIV risk situations in the past year					
Total for Douglas County:	7.1%	9.5%	7.9%	N/A	N/A
Sex	Percent	Percent	Percent	Percent	Percent
Male	7.9%	11.6%	10.7%	N/A	N/A
Female	6.3%	7.5%	5.1%	N/A	N/A
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	6.8%	9.4%	7.3%	N/A	N/A
Black, not Hispanic	10.3%	11.2%	13.5%	N/A	N/A
Other, not Hispanic	7.0%	11.8%	4.5%	N/A	N/A
Hispanic	5.9%	7.6%	8.7%	N/A	N/A
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	12.7%	20.2%	17.8%	N/A	N/A
25 - 34	12.8%	15.0%	11.1%	N/A	N/A
35 - 44	6.0%	8.2%	3.2%	N/A	N/A
45 - 54	2.1%	4.0%	5.4%	N/A	N/A
55 - 64	1.6%	2.1%	3.2%	N/A	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

		2018	2017	2016	2015	2014
Tobacco Use		Percent	Percent	Percent	Percent	Percent
S 1	Adults who report being occasional or regular smokers.					
Total for Douglas County:		16.7%	16.6%	18.5%	19.9%	16.4%
Sex		Percent	Percent	Percent	Percent	Percent
	Male	18.0%	17.9%	20.4%	22.7%	18.5%
	Female	15.4%	15.4%	16.8%	17.3%	14.4%
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	16.1%	15.6%	16.7%	19.3%	16.1%
	Black, not Hispanic	28.4%	26.4%	28.4%	26.3%	19.5%
	Other, not Hispanic	15.5%	19.3%	20.2%	27.1%	21.8%
	Hispanic	9.8%	13.1%	21.9%	14.3%	13.1%
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
	18 - 24	14.0%	12.3%	15.2%	22.8%	18.1%
	25 - 34	21.6%	20.1%	22.1%	25.9%	20.7%
	35 - 44	16.5%	19.7%	21.9%	17.7%	16.4%
	45 - 54	19.0%	20.4%	19.5%	22.7%	18.7%
	55 - 64	20.3%	15.9%	19.3%	18.3%	14.3%
	65+	8.0%	9.6%	11.3%	11.4%	9.3%
S 2	Adults who report being a current user of smokeless tobacco.					
Total for Douglas County:		4.0%	3.3%	4.2%	4.2%	2.6%
Sex		Percent	Percent	Percent	Percent	Percent
	Male	6.7%	6.1%	7.7%	6.7%	4.7%
	Female	1.5%	0.6%	0.8%	1.8%	0.7%
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	4.5%	3.6%	3.7%	4.1%	2.9%
	Black, not Hispanic	2.0%	1.5%	5.1%	2.9%	2.8%
	Other, not Hispanic	4.3%	3.1%	3.9%	10.5%	1.9%
	Hispanic	2.3%	2.8%	6.0%	2.9%	0.6%
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
	18 - 24	7.0%	1.5%	6.3%	10.6%	4.9%
	25 - 34	7.4%	5.5%	3.2%	3.5%	2.8%
	35 - 44	4.3%	3.2%	7.4%	2.9%	3.6%
	45 - 54	1.1%	5.7%	4.5%	4.0%	2.0%
	55 - 64	1.4%	1.6%	2.8%	2.9%	1.7%
	65+	2.7%	1.5%	0.7%	2.8%	1.1%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

		2018	2017	2016	2015	2014
Tobacco Use -- (Continued)		Percent	Percent	Percent	Percent	Percent
S 3	Adults who attempted to quit smoking in past year, among current cigarette smokers					
	Total for Douglas County:	65.4%	55.1%	54.8%	63.5%	63.4%
	Sex	Percent	Percent	Percent	Percent	Percent
	Male	66.5%	52.9%	56.9%	62.5%	63.3%
	Female	64.2%	57.6%	52.3%	64.9%	63.6%
	Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	62.7%	49.4%	50.7%	60.8%	58.4%
	Black, not Hispanic	70.7%	66.9%	72.4%	81.8%	73.7%
	Other, not Hispanic	66.8%	74.2%	38.8%	43.3%	74.5%
	Hispanic	80.0%	66.5%	62.7%	79.5%	86.6%
	Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
	18 - 24	74.4%	72.3%	50.1%	66.9%	60.5%
	25 - 34	78.1%	55.3%	63.3%	69.0%	80.0%
	35 - 44	58.3%	63.6%	51.4%	73.5%	70.9%
	45 - 54	65.2%	46.9%	56.4%	61.0%	52.2%
	55 - 64	53.8%	49.9%	51.8%	52.8%	61.6%
	65+	57.3%	44.3%	48.4%	47.9%	33.7%
S 4	Adults who ever used an e-cigarettes					
	Total for Douglas County:	24.4%	24.2%	25.1%	N/A	N/A
	Sex	Percent	Percent	Percent	Percent	Percent
	Male	28.3%	28.8%	26.4%	N/A	N/A
	Female	20.8%	19.8%	23.9%	N/A	N/A
	Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	25.6%	24.0%	24.7%	N/A	N/A
	Black, not Hispanic	27.9%	27.7%	32.3%	N/A	N/A
	Other, not Hispanic	14.9%	31.3%	41.7%	N/A	N/A
	Hispanic	17.3%	18.8%	13.0%	N/A	N/A
	Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
	18 - 24	45.1%	48.3%	53.2%	N/A	N/A
	25 - 34	36.1%	35.6%	35.4%	N/A	N/A
	35 - 44	30.0%	25.6%	22.8%	N/A	N/A
	45 - 54	16.9%	18.7%	21.3%	N/A	N/A
	55 - 64	15.6%	14.9%	14.1%	N/A	N/A
	65+	6.8%	5.8%	8.0%	N/A	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

Tobacco Use -- (Continued)		2018	2017	2016	2015	2014
		Percent	Percent	Percent	Percent	Percent
S 5	Adults who currently use an e-cigarettes					
Total for Douglas County:		5.7%	5.0%	5.1%	N/A	N/A
Sex		Percent	Percent	Percent	Percent	Percent
Male		7.1%	6.2%	6.4%	N/A	N/A
Female		4.5%	3.9%	3.9%	N/A	N/A
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		6.8%	5.8%	4.9%	N/A	N/A
Black, not Hispanic		4.2%	3.4%	5.3%	N/A	N/A
Other, not Hispanic		2.0%	6.1%	14.4%	N/A	N/A
Hispanic		1.8%	0.5%	2.1%	N/A	N/A
Age Group (Age at time of interview)		Percent	Percent	Percent	Percent	Percent
18 - 24		14.8%	9.7%	13.6%	N/A	N/A
25 - 34		9.1%	6.6%	4.8%	N/A	N/A
35 - 44		4.5%	5.9%	4.6%	N/A	N/A
45 - 54		5.4%	4.1%	3.6%	N/A	N/A
55 - 64		1.1%	1.8%	4.1%	N/A	N/A
65+		1.6%	2.6%	2.1%	N/A	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

		2018	2017	2016	2015	2014
		Percent	Percent	Percent	Percent	Percent
Transportation Safety						
T 1	<i>Always wear a seat belt</i>					
Total for Douglas County:		83.3%	84.0%	82.1%	82.6%	81.1%
<u>Sex</u>		Percent	Percent	Percent	Percent	Percent
	Male	79.3%	80.7%	78.1%	76.5%	76.8%
	Female	87.0%	87.3%	85.8%	88.3%	85.1%
<u>Race/Ethnicity</u>		Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	85.0%	84.4%	83.3%	82.6%	82.2%
	Black, not Hispanic	71.5%	81.1%	78.9%	74.7%	71.0%
	Other, not Hispanic	72.2%	80.4%	72.5%	84.1%	76.0%
	Hispanic	87.9%	86.3%	80.8%	90.4%	85.1%
<u>Age Group (Age at time of interview)</u>		Percent	Percent	Percent	Percent	Percent
	18 - 24	72.1%	74.3%	73.8%	71.9%	73.3%
	25 - 34	81.4%	80.3%	80.7%	76.7%	73.5%
	35 - 44	83.3%	86.0%	84.4%	89.8%	83.0%
	45 - 54	85.0%	84.8%	79.9%	80.7%	88.0%
	55 - 64	87.8%	86.6%	85.3%	87.9%	83.3%
	65+	87.8%	90.2%	86.7%	87.7%	85.4%
T 2	<i>Texted while driving in past 30 days</i>					
Total for Douglas County:		N/A	26.3%	N/A	28.2%	N/A
<u>Sex</u>		Percent	Percent	Percent	Percent	Percent
	Male	N/A	29.1%	N/A	32.2%	N/A
	Female	N/A	23.2%	N/A	24.1%	N/A
<u>Race/Ethnicity</u>		Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	29.5%	N/A	30.8%	N/A
	Black, not Hispanic	N/A	20.3%	N/A	19.2%	N/A
	Other, not Hispanic	N/A	23.9%	N/A	25.6%	N/A
	Hispanic	N/A	12.7%	N/A	19.0%	N/A
<u>Age Group (Age at time of interview)</u>		Percent	Percent	Percent	Percent	Percent
	18 - 24	N/A	40.7%	N/A	52.2%	N/A
	25 - 34	N/A	31.4%	N/A	40.5%	N/A
	35 - 44	N/A	42.1%	N/A	36.2%	N/A
	45 - 54	N/A	19.6%	N/A	20.4%	N/A
	55 - 64	N/A	18.4%	N/A	12.9%	N/A
	65+	N/A	5.5%	N/A	3.5%	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

Transportation Safety -- (Continued)

T 3 *Talked on a cell phone while driving in past 30 days*

	2018	2017	2016	2015	2014
	Percent	Percent	Percent	Percent	Percent
Total for Douglas County:	N/A	65.3%	N/A	66.0%	N/A
<u>Sex</u>	Percent	Percent	Percent	Percent	Percent
Male	N/A	71.7%	N/A	71.2%	N/A
Female	N/A	58.4%	N/A	60.9%	N/A
<u>Race/Ethnicity</u>	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	70.4%	N/A	67.8%	N/A
Black, not Hispanic	N/A	57.1%	N/A	66.8%	N/A
Other, not Hispanic	N/A	55.3%	N/A	62.7%	N/A
Hispanic	N/A	46.3%	N/A	51.1%	N/A
<u>Age Group (Age at time of interview)</u>	Percent	Percent	Percent	Percent	Percent
18 - 24	N/A	75.4%	N/A	68.6%	N/A
25 - 34	N/A	72.6%	N/A	76.4%	N/A
35 - 44	N/A	77.4%	N/A	75.2%	N/A
45 - 54	N/A	63.2%	N/A	71.3%	N/A
55 - 64	N/A	64.6%	N/A	62.8%	N/A
65+	N/A	38.3%	N/A	37.0%	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

		2018	2017	2016	2015	2014
Adverse Childhood Experience		Percent	Percent	Percent	Percent	Percent
U 1	<i>Ever live with anyone who was depressed, mentally ill, or suicidal during your childhood</i>					
	Total for Douglas County:	N/A	N/A	N/A	23.4%	N/A
	<u>Sex</u>	Percent	Percent	Percent	Percent	Percent
	Male	N/A	N/A	N/A	22.2%	N/A
	Female	N/A	N/A	N/A	24.7%	N/A
	<u>Race/Ethnicity</u>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	N/A	N/A	23.1%	N/A
	Black, not Hispanic	N/A	N/A	N/A	15.3%	N/A
	Other, not Hispanic	N/A	N/A	N/A	64.2%	N/A
	Hispanic	N/A	N/A	N/A	11.6%	N/A
	<u>Age Group (Age at time of interview)</u>	Percent	Percent	Percent	Percent	Percent
	18 - 24	N/A	N/A	N/A	37.5%	N/A
	25 - 34	N/A	N/A	N/A	27.8%	N/A
	35 - 44	N/A	N/A	N/A	21.8%	N/A
	45 - 54	N/A	N/A	N/A	20.7%	N/A
	55 - 64	N/A	N/A	N/A	19.3%	N/A
	65+	N/A	N/A	N/A	10.7%	N/A
U 2	<i>Ever live with anyone who was a problem drinker or alcoholic during your childhood</i>					
	Total for Douglas County:	N/A	N/A	N/A	29.4%	N/A
	<u>Sex</u>	Percent	Percent	Percent	Percent	Percent
	Male	N/A	N/A	N/A	29.3%	N/A
	Female	N/A	N/A	N/A	29.5%	N/A
	<u>Race/Ethnicity</u>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	N/A	N/A	27.7%	N/A
	Black, not Hispanic	N/A	N/A	N/A	32.5%	N/A
	Other, not Hispanic	N/A	N/A	N/A	58.7%	N/A
	Hispanic	N/A	N/A	N/A	19.6%	N/A
	<u>Age Group (Age at time of interview)</u>	Percent	Percent	Percent	Percent	Percent
	18 - 24	N/A	N/A	N/A	25.0%	N/A
	25 - 34	N/A	N/A	N/A	31.7%	N/A
	35 - 44	N/A	N/A	N/A	24.8%	N/A
	45 - 54	N/A	N/A	N/A	38.2%	N/A
	55 - 64	N/A	N/A	N/A	32.9%	N/A
	65+	N/A	N/A	N/A	23.1%	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

	2018	2017	2016	2015	2014
Adverse Childhood Experience-- (Continued)					
U 3	Ever live with anyone who used illegal street drugs or abused prescription medications during your childhood				
	Total for Douglas County:				
	N/A	N/A	N/A	16.7%	N/A
Sex	Percent	Percent	Percent	Percent	Percent
Male	N/A	N/A	N/A	22.7%	N/A
Female	N/A	N/A	N/A	10.7%	N/A
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	N/A	N/A	13.7%	N/A
Black, not Hispanic	N/A	N/A	N/A	18.6%	N/A
Other, not Hispanic	N/A	N/A	N/A	69.1%	N/A
Hispanic	N/A	N/A	N/A	4.8%	N/A
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	N/A	N/A	N/A	19.8%	N/A
25 - 34	N/A	N/A	N/A	30.0%	N/A
35 - 44	N/A	N/A	N/A	12.7%	N/A
45 - 54	N/A	N/A	N/A	17.4%	N/A
55 - 64	N/A	N/A	N/A	10.8%	N/A
65+	N/A	N/A	N/A	3.4%	N/A
U 4	Ever live with anyone who was sentenced to serve time in a prison, jail, or other correctional facility during your childhood				
	Total for Douglas County:				
	N/A	N/A	N/A	13.2%	N/A
Sex	Percent	Percent	Percent	Percent	Percent
Male	N/A	N/A	N/A	18.3%	N/A
Female	N/A	N/A	N/A	8.1%	N/A
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	N/A	N/A	9.8%	N/A
Black, not Hispanic	N/A	N/A	N/A	15.8%	N/A
Other, not Hispanic	N/A	N/A	N/A	69.3%	N/A
Hispanic	N/A	N/A	N/A	2.6%	N/A
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	N/A	N/A	N/A	27.6%	N/A
25 - 34	N/A	N/A	N/A	21.9%	N/A
35 - 44	N/A	N/A	N/A	8.9%	N/A
45 - 54	N/A	N/A	N/A	11.2%	N/A
55 - 64	N/A	N/A	N/A	2.7%	N/A
65+	N/A	N/A	N/A	1.5%	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

	2018	2017	2016	2015	2014
Adverse Childhood Experience-- (Continued)	Percent	Percent	Percent	Percent	Percent
U 5 Parents separated or divorced during childhood					
Total for Douglas County:	N/A	N/A	N/A	33.3%	N/A
Sex	Percent	Percent	Percent	Percent	Percent
Male	N/A	N/A	N/A	34.9%	N/A
Female	N/A	N/A	N/A	31.8%	N/A
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	N/A	N/A	29.9%	N/A
Black, not Hispanic	N/A	N/A	N/A	46.8%	N/A
Other, not Hispanic	N/A	N/A	N/A	73.3%	N/A
Hispanic	N/A	N/A	N/A	19.6%	N/A
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	N/A	N/A	N/A	45.9%	N/A
25 - 34	N/A	N/A	N/A	42.6%	N/A
35 - 44	N/A	N/A	N/A	38.9%	N/A
45 - 54	N/A	N/A	N/A	31.6%	N/A
55 - 64	N/A	N/A	N/A	21.9%	N/A
65+	N/A	N/A	N/A	14.5%	N/A
U 6 Parent or adult in your home ever slap, hit, kick, punch or beat each other up during your childhood					
Total for Douglas County:	N/A	N/A	N/A	20.4%	N/A
Sex	Percent	Percent	Percent	Percent	Percent
Male	N/A	N/A	N/A	22.4%	N/A
Female	N/A	N/A	N/A	18.4%	N/A
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	N/A	N/A	18.8%	N/A
Black, not Hispanic	N/A	N/A	N/A	31.0%	N/A
Other, not Hispanic	N/A	N/A	N/A	38.0%	N/A
Hispanic	N/A	N/A	N/A	5.7%	N/A
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	N/A	N/A	N/A	26.0%	N/A
25 - 34	N/A	N/A	N/A	22.2%	N/A
35 - 44	N/A	N/A	N/A	19.9%	N/A
45 - 54	N/A	N/A	N/A	26.5%	N/A
55 - 64	N/A	N/A	N/A	14.6%	N/A
65+	N/A	N/A	N/A	11.1%	N/A

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N/A -- Question Not Asked During Survey Year

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Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

	2018	2017	2016	2015	2014
Adverse Childhood Experience-- (Continued)	Percent	Percent	Percent	Percent	Percent
U 7 Parent or adult in your home ever hit, beat, kick, or physically hurt you during your childhood					
Total for Douglas County:	N/A	N/A	N/A	N/A	N/A
Sex	Percent	Percent	Percent	Percent	Percent
Male	N/A	N/A	N/A	N/A	N/A
Female	N/A	N/A	N/A	N/A	N/A
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	N/A	N/A	N/A	N/A
Black, not Hispanic	N/A	N/A	N/A	N/A	N/A
Other, not Hispanic	N/A	N/A	N/A	N/A	N/A
Hispanic	N/A	N/A	N/A	N/A	N/A
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	N/A	N/A	N/A	N/A	N/A
25 - 34	N/A	N/A	N/A	N/A	N/A
35 - 44	N/A	N/A	N/A	N/A	N/A
45 - 54	N/A	N/A	N/A	N/A	N/A
55 - 64	N/A	N/A	N/A	N/A	N/A
65+	N/A	N/A	N/A	N/A	N/A
U 8 Parent or adult in your home ever swear at you, insult you, or put you down during your childhood					
Total for Douglas County:	N/A	N/A	N/A	N/A	N/A
Sex	Percent	Percent	Percent	Percent	Percent
Male	N/A	N/A	N/A	N/A	N/A
Female	N/A	N/A	N/A	N/A	N/A
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	N/A	N/A	N/A	N/A
Black, not Hispanic	N/A	N/A	N/A	N/A	N/A
Other, not Hispanic	N/A	N/A	N/A	N/A	N/A
Hispanic	N/A	N/A	N/A	N/A	N/A
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	N/A	N/A	N/A	N/A	N/A
25 - 34	N/A	N/A	N/A	N/A	N/A
35 - 44	N/A	N/A	N/A	N/A	N/A
45 - 54	N/A	N/A	N/A	N/A	N/A
55 - 64	N/A	N/A	N/A	N/A	N/A
65+	N/A	N/A	N/A	N/A	N/A

The BRFSS 2011 -- 2018 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

Adverse Childhood Experience-- (Continued)

U 9 **Anyone at least 5 years older than you or an adult, ever touch you sexually during your childhood**

Total for Douglas County:					
	2018	2017	2016	2015	2014
Sex	Percent	Percent	Percent	Percent	Percent
Male	N/A	N/A	N/A	N/A	N/A
Female	N/A	N/A	N/A	N/A	N/A
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	N/A	N/A	N/A	N/A
Black, not Hispanic	N/A	N/A	N/A	N/A	N/A
Other, not Hispanic	N/A	N/A	N/A	N/A	N/A
Hispanic	N/A	N/A	N/A	N/A	N/A
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	N/A	N/A	N/A	N/A	N/A
25 - 34	N/A	N/A	N/A	N/A	N/A
35 - 44	N/A	N/A	N/A	N/A	N/A
45 - 54	N/A	N/A	N/A	N/A	N/A
55 - 64	N/A	N/A	N/A	N/A	N/A
65+	N/A	N/A	N/A	N/A	N/A

U 10 **Anyone at least 5 years older than you or an adult, try to make you touch them sexually during your childhood**

Total for Douglas County:					
	2018	2017	2016	2015	2014
Sex	Percent	Percent	Percent	Percent	Percent
Male	N/A	N/A	N/A	N/A	N/A
Female	N/A	N/A	N/A	N/A	N/A
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	N/A	N/A	N/A	N/A
Black, not Hispanic	N/A	N/A	N/A	N/A	N/A
Other, not Hispanic	N/A	N/A	N/A	N/A	N/A
Hispanic	N/A	N/A	N/A	N/A	N/A
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	N/A	N/A	N/A	N/A	N/A
25 - 34	N/A	N/A	N/A	N/A	N/A
35 - 44	N/A	N/A	N/A	N/A	N/A
45 - 54	N/A	N/A	N/A	N/A	N/A
55 - 64	N/A	N/A	N/A	N/A	N/A
65+	N/A	N/A	N/A	N/A	N/A

The BRFSS 2011 -- 2018 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Category

Adverse Childhood Experience-- (Continued)

U 11

Anyone at least 5 years older than you or an adult, force you to have sex during your childhood

	2018	2017	2016	2015	2014
Total for Douglas County:	N/A	N/A	N/A	N/A	N/A
Sex	Percent	Percent	Percent	Percent	Percent
Male	N/A	N/A	N/A	N/A	N/A
Female	N/A	N/A	N/A	N/A	N/A
Race/Ethnicity	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	N/A	N/A	N/A	N/A
Black, not Hispanic	N/A	N/A	N/A	N/A	N/A
Other, not Hispanic	N/A	N/A	N/A	N/A	N/A
Hispanic	N/A	N/A	N/A	N/A	N/A
Age Group (Age at time of interview)	Percent	Percent	Percent	Percent	Percent
18 - 24	N/A	N/A	N/A	N/A	N/A
25 - 34	N/A	N/A	N/A	N/A	N/A
35 - 44	N/A	N/A	N/A	N/A	N/A
45 - 54	N/A	N/A	N/A	N/A	N/A
55 - 64	N/A	N/A	N/A	N/A	N/A
65+	N/A	N/A	N/A	N/A	N/A

The BRFSS 2011 -- 2018 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Demographics - 2014-2018

Demographics

UNWEIGHTED DATA		Douglas 2018	Douglas 2017	Douglas 2016	Douglas 2015	Douglas 2014
Total Unweighted Survey Sample		Sample	Sample	Sample	Sample	Sample
All adults aged 18 and older		1,780	1,741	1,615	2,208	2,638
WEIGHTED DATA		Douglas	Douglas	Douglas	Douglas	Douglas
Gender		Percent	Percent	Percent	Percent	Percent
Male		48.8%	48.8%	48.7%	48.7%	48.6%
Female		51.2%	51.2%	51.3%	51.3%	51.4%
Age		Percent	Percent	Percent	Percent	Percent
18 - 24		12.6%	12.7%	12.7%	12.7%	13.0%
25 - 34		19.7%	20.0%	20.4%	20.5%	20.6%
35 - 44		18.3%	18.1%	17.9%	17.9%	17.7%
45 - 54		16.0%	16.2%	16.5%	16.7%	17.1%
55 - 64		15.7%	15.8%	15.8%	15.8%	15.7%
65+		17.6%	17.1%	16.8%	16.4%	16.0%
Unknown/refused		0.0%	0.0%	0.0%	0.0%	0.0%
Race/Ethnicity		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		73.6%	73.9%	74.4%	74.9%	75.0%
Black, not Hispanic		9.9%	10.0%	10.1%	10.0%	10.1%
American Indian, not Hispanic		0.8%	0.7%	1.1%	1.4%	0.7%
Asian, not Hispanic		2.8%	1.3%	2.6%	1.7%	1.7%
Other, not Hispanic		2.5%	3.8%	1.7%	2.0%	2.6%
Hispanic		10.6%	10.4%	10.1%	9.9%	9.9%
Unknown/refused		0.0%	0.0%	0.0%	0.0%	0.0%
Adults in Household		Percent	Percent	Percent	Percent	Percent
One adult		26.7%	23.8%	22.2%	20.7%	20.4%
Two adults		52.0%	55.7%	58.0%	51.9%	52.2%
Three or more adults		21.3%	20.5%	19.9%	27.4%	27.4%
Total adults with a male in the household		77.8%	79.1%	79.0%	81.7%	82.7%
Total adults with a female in the household		89.0%	91.1%	93.2%	92.1%	90.8%
Children in Household		Percent	Percent	Percent	Percent	Percent
One		13.3%	15.4%	14.1%	14.6%	13.7%
Two		14.1%	12.9%	15.9%	13.3%	16.0%
Three		7.5%	7.3%	6.7%	6.6%	7.1%
Four or more		4.5%	3.0%	4.5%	3.7%	4.4%
None		58.6%	60.7%	58.3%	60.7%	58.1%
Unknown/refused		2.0%	0.7%	0.5%	1.1%	0.8%

The BRFSS 2011 -- 2018 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Demographics - 2014-2018

WEIGHTED DATA

Demographics - continued	2018	2017	2016	2015	2014
Marital Status	Percent	Percent	Percent	Percent	Percent
Married	50.2%	48.7%	49.8%	48.2%	50.3%
Divorced	11.7%	11.7%	12.0%	11.4%	11.3%
Widowed	5.3%	5.8%	5.4%	6.3%	5.5%
Separated	2.1%	2.0%	2.1%	2.2%	2.5%
Never married	23.7%	25.6%	24.9%	25.6%	26.0%
Unmarried couple	6.0%	5.3%	5.4%	5.4%	3.8%
Unknown/refused	1.1%	0.9%	0.3%	0.9%	0.6%
Income	Percent	Percent	Percent	Percent	Percent
Under \$10,000	4.0%	4.5%	3.1%	4.8%	4.7%
\$10,000 - \$14,999	4.0%	3.4%	4.6%	3.2%	3.8%
\$15,000 - \$19,999	5.2%	7.3%	6.6%	5.9%	6.6%
\$20,000 - \$24,999	6.8%	8.3%	7.8%	8.6%	8.9%
\$25,000 - \$34,999	8.0%	7.6%	9.8%	9.2%	8.4%
\$35,000 - \$49,999	10.2%	11.7%	11.8%	11.9%	12.1%
\$50,000 - \$74,999	13.9%	15.1%	14.3%	12.0%	13.5%
\$75,000+	36.6%	29.5%	32.7%	30.0%	30.3%
Unknown/refused	11.4%	12.7%	9.4%	14.4%	11.8%
Employment Status	Percent	Percent	Percent	Percent	Percent
Employed for wages	54.4%	54.7%	53.3%	54.5%	56.6%
Self-employed	8.7%	8.3%	10.0%	10.1%	6.4%
Out of work more than 1 year	2.0%	2.1%	1.7%	2.0%	1.8%
Out of work less than 1 year	2.7%	2.7%	2.9%	3.0%	3.3%
Homemaker	5.5%	5.1%	6.3%	5.1%	5.9%
Student	5.1%	5.3%	6.5%	5.2%	5.8%
Retired	14.4%	14.5%	13.7%	14.7%	14.0%
Unable to work	6.2%	6.3%	5.3%	5.0%	5.5%
Unknown/refused	1.0%	1.1%	0.3%	0.4%	0.8%
Education	Percent	Percent	Percent	Percent	Percent
Never attended/only kindergarten	0.6%	0.5%	0.1%	0.6%	0.0%
Less than high school graduate	9.6%	10.7%	11.3%	10.5%	9.4%
High school graduate	23.7%	22.0%	22.4%	23.2%	22.1%
Some college/technical school	31.8%	34.0%	33.9%	32.4%	34.7%
College graduate	33.4%	32.4%	32.2%	32.7%	33.4%
Unknown/refused	0.9%	0.3%	0.1%	0.6%	0.4%
Pregnancy Status	Percent	Percent	Percent	Percent	Percent
Females < 45 who are currently pregnant	6.0%	4.9%	7.4%	3.1%	5.2%
Military Status	Percent	Percent	Percent	Percent	Percent
Veteran	10.4%	8.8%	10.6%	9.9%	9.8%

N/A -- Question Not Asked During Survey Year

The BRFSS 2011 -- 2018 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2014-2018

Survey History, Methodologies, and Definitions

About the BRFSS

In 1984, the Centers for Disease Control and Prevention (CDC) initiated the state-based Behavioral Risk Factor Surveillance System (BRFSS) to collect prevalence data on risk behaviors and preventive health practices that affect health status. The BRFSS is an annual cross-sectional telephone survey of Douglas County residents over the age of 18 conducted by state health departments with technical and methodologic assistance provided by the CDC. States conduct monthly telephone surveillance using a standardized questionnaire to determine the distribution of risk behaviors and health practices among adults. Responses are forwarded to CDC, where the monthly data are aggregated for each state, returned with standard tabulations, and published at the year's end by each state.

The BRFSS questionnaire was developed jointly by CDC's Behavioral Surveillance Branch (BSB) and the states. Data derived from the questionnaire provide health departments, public health officials, and policymakers with necessary behavioral information. When combined with mortality and morbidity statistics, these data enable public health officials to establish policies and priorities and to initiate and assess health promotion strategies.

BRFSS History

By the early 1980s, scientific research clearly showed that personal health behaviors played a major role in premature morbidity and mortality. Although national estimates of health risk behaviors among U.S. adult populations had been periodically obtained through surveys conducted by the National Center for Health Statistics (NCHS), these data were not available on a state-specific basis. This deficiency was viewed as critical for state health agencies that have the primary role of targeting resources to reduce behavioral risks and their consequent illnesses. National data may not be appropriate for any given state; however, state and local agency participation was critical to achieve national health goals.

About the same time as personal health behaviors received wider recognition in relation to chronic disease morbidity and mortality, telephone surveys emerged as an acceptable method for determining the prevalence of many health risk behaviors among populations. In addition to their cost advantages, telephone surveys were especially desirable at the state and local level, where the necessary expertise and resources for conducting area probability sampling for in-person household interviews were not likely to be available.

As a result, surveys were developed and conducted to monitor state-level prevalence of the major behavioral risks among adults associated with premature morbidity and mortality. The basic philosophy was to collect data on actual behaviors, rather than on attitudes or knowledge, that would be especially useful for planning, initiating, supporting, and evaluating health promotion and disease prevention programs.

To determine feasibility of behavioral surveillance, initial point-in-time state surveys were conducted in 29 states from 1981–1983. In 1984, The Centers for Disease Control and Prevention (CDC) established the Behavioral Risk Factor Surveillance System (BRFSS), and 15 states participated in monthly data collection. Although the BRFSS was designed to collect state-level data, a number of states from the outset stratified their samples to allow them to estimate prevalence for regions within their respective states.

The BRFSS implemented the Cell Phone Survey in all states and territories in 2009. By including cell phones in the survey, in 2011, new weighting methodology—raking, or iterative proportional fitting—replaced the post stratification weighting method that had been used with previous BRFSS data sets. In addition to age, gender, and race/ethnicity, raking permits more demographic variables to be included in weighting such as education attainment, marital status, tenure (property ownership), and telephone ownership.

CDC developed the standard core questionnaire for states to use to provide data that could be compared across states. The BRFSS, administered and supported by the Division of Adult and Community Health, National Center for Chronic Disease Prevention and Health Promotion, CDC, is an ongoing data collection program. By 1994, all states, the District of Columbia, and three territories were participating in the BRFSS.

BRFSS Questionnaire

There are up to 10 emerging issues questions included within the core component. After one year, these questions are either discontinued or incorporated into the fixed core, rotating core, or optional modules. Emerging core questions typically focus on "late breaking" health issues. They are evaluated each year to determine their potential value in future surveys.

States are encouraged to gather data on additional topics related to their specific health priorities through the use of state-added questions.

The Optional Modules section of the Questionnaire comprises modules (standardized questions on various topics) from which a state may select to include as part of their questionnaire. A selected module must be used in its entirety and asked of all eligible respondents. If an optional module is modified in any way (e.g., if a question is omitted), then the questions will be treated as state-added questions.

All states must ask the core component questions without modification. States may choose to add any, all, or none of the optional modules and state-added questions after the core component.

BRFSS Data are Weighted

Beginning with the 2011 dataset, raking will succeed post stratification as the sole BRFSS statistical weighting method. The new BRFSS weighting methodology is comprised of two sections: Design Weights and Raking

FINALWT = DesignWeight * Raking Adjustment. FINALWT is the final weight assigned to each respondent.

Design Weight = STRWT * (1/NUMPHON2) * NUMADULT

STRWT accounts for differences in the basic probability of selection among strata (subsets of area code/prefix combinations). It is the inverse of the sampling fraction of each stratum. There is rarely a complete correspondence between strata, which are defined by subsets of area code/prefix combinations, and regions, which are defined by the boundaries of government entities.

1/NUMPHON2 is the inverse of the number of residential telephone numbers in the respondent's household

NUMADULT is the number of adults 18 years and older in the respondent's household

BRFSS Raking includes categories of age by gender, detailed race and ethnicity groups, education levels, marital status, regions within states, gender by race and ethnicity, telephone source, renter/owner status, and age groups by race and ethnicity. Raking is completed by adjusting for one demographic variable (or dimension) at a time. For example, when weighting by age and gender, weights would first be adjusted for gender groups, then those estimates would be adjusted by age groups. This procedure would continue in an iterative process until all group proportions in the sample approach those of the population, or after 75 iterations.

BRFSS In Words

It is important to note that this data reflects the self-reported responses of participants in the survey regarding various topics. It cannot be said to measure the prevalence of a given condition in the population. Care must be exercised when utilizing BRFSS figures in written form. Some examples of correct ways to cite BRFSS data:

"In the 2018 BRFSS survey of adults in Douglas County, 17.0% reported they had no health care insurance."

"15.0% of adults in Douglas County responded that they have been told they have asthma in the 2018 BRFSS survey."