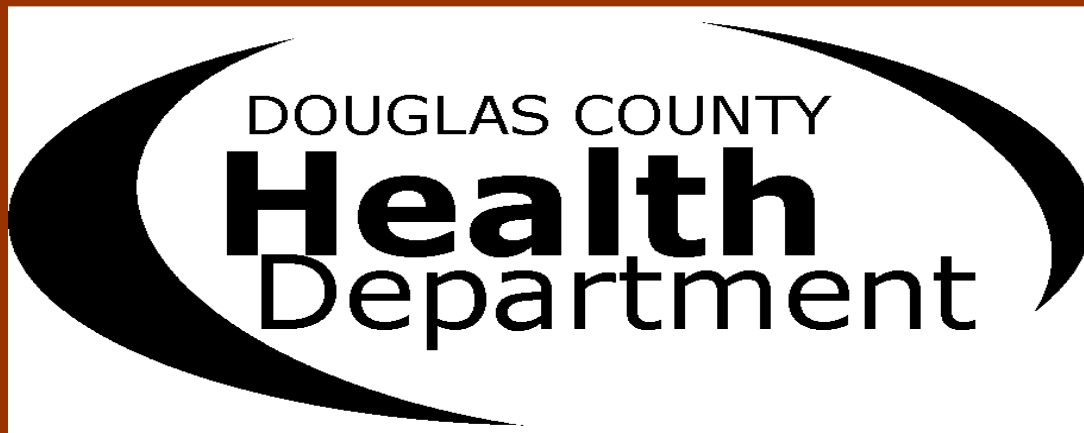


**Behavioral Risk Factor Surveillance System  
Survey Results  
Douglas County, Nebraska  
2013-2017**



The BRFSS 2011-2017 Data are Not Directly Comparable to Previous Years of BRFSS Data Because of the Changes in Weighting Methodology and the Addition of the Cell Phone Sampling Frame.

Prepared by: Douglas County Health Department

November, 2018

**Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017**

<b>Douglas County Results</b>		<b>2017</b>	<b>2016</b>	<b>2015</b>	<b>2014</b>	<b>2013</b>
<b>Active Living/Healthy Eating</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
<b>A 1</b>	Adults who consumed fruits less than 1 time per day <sup>#</sup>	38.0%	N/A	43.1%	N/A	38.3%
<b>A 2</b>	Adult who consumed vegetables less than 1 time per day <sup>#</sup>	22.1%	N/A	25.1%	N/A	23.7%
<b>A 3</b>	Adults who consumed sugar-sweetened beverages 1 or more times per day	N/A	N/A	N/A	N/A	28.4%
<b>A 4</b>	Adults who participated in any physical activity during the past month.	77.0%	77.8%	74.3%	81.9%	76.1%
<b>A 5</b>	Adults who participated in 150 minutes or more of aerobic physical activity per week	47.9%	N/A	51.0%	N/A	47.7%
<b>A 6</b>	Adults who participated muscle strengthening exercises more than twice per week	31.8%	N/A	35.4%	N/A	29.8%
<b>A 7</b>	Adults who met both aerobic and muscle strengthening recommendations.	20.0%	N/A	25.9%	N/A	18.4%
<b>A 8</b>	Adults who have been told they have arthritis.	22.3%	23.3%	21.3%	21.9%	22.5%
<b>Alcohol Consumption</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
<b>B 1</b>	Adults who have had at least one drink of alcohol within the past 30 days	61.6%	61.1%	60.7%	60.7%	57.6%
<b>B 2</b>	Adults who report being binge drinkers (males having five or more drinks on one occasion, females having four or more drinks on one occasion) in the previous month.	20.7%	20.3%	21.9%	20.5%	19.8%
<b>B 3</b>	Adults who report being heavy drinkers* in the previous month.	7.4%	6.1%	7.0%	6.8%	7.1%
<b>B 4</b>	Adults who report driving after having had perhaps too much to drink during the past 30 days.	N/A	3.6%	N/A	2.8%	N/A
<b>BMI (Body Mass Index)</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
<b>C 1</b>	Adults who report being overweight or obese.	66.4%	67.8%	65.0%	64.1%	62.2%
<b>C 2</b>	Adults who report being overweight.	35.0%	36.9%	35.2%	35.7%	34.5%
<b>C 3</b>	Adults who report being obese.	31.4%	30.9%	29.8%	28.3%	27.7%

The BRFSS 2013 -- 2017 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

**N/A** -- Question Not Asked During Survey Year

\*2015-2017 Heavy drinkers: male having more than 14 drinks per week and Female having more than 7 drinks per week;

2011-2014 Heavy drinkers: male having more than two drinks per day and female having more than one drink per day

# 2017 data are not comparable to earlier years due to changes in question wording on the 2017 survey

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

Douglas County Results		2017	2016	2015	2014	2013
Cancer		Percent	Percent	Percent	Percent	Percent
D 1	Adult males aged 40 and over who report having had a PSA test within the past two years.	N/A	35.4%	N/A	38.8%	N/A
D 2	Adult females aged 40 and over who report having had a mammogram within the past two years.	N/A	67.2%	N/A	75.9%	N/A
D 3	Adult females aged 50 and over who report having had a mammogram within the past two years.	N/A	73.4%	N/A	79.3%	N/A
D 4	Adult females aged 40 and over who report having had a clinical breast exam within the past two years.	N/A	N/A	N/A	79.7%	N/A
D 5	Adult females aged 18 and over who report having had a pap smear test within the past three years.	N/A	69.0%	N/A	78.9%	N/A
D 6	Adults aged 50 and over who report having had a fecal occult blood test (FOBT) within the past two years.	10.5%	10.8%	11.6%	13.6%	12.8%
D 7	Adults aged 50 and over who report ever having had a sigmoidoscopy/colonoscopy.	74.1%	71.6%	70.6%	74.2%	67.1%
D 8	Fecal occult blood test, sigmoidoscopy, or colonoscopy among adults aged 50-75 years	71.8%	69.0%	68.1%	70.1%	64.5%
D 9	Adults who have been told they have cancer.	8.9%	8.5%	10.7%	9.6%	10.3%
<b>Diabetes</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
E 1	Adults who have been told they have diabetes.	10.2%	7.8%	8.2%	9.2%	9.3%
E 2	Adults with diabetes who received formal diabetes education.	64.4%	N/A	66.1%	78.3%	70.0%
<b>Disability</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
F 1	Adults who are limited in any activities because of physical, mental, or emotional problems by Year	N/A	N/A	17.0%	17.7%	18.9%
F 2	Adults with health problem(s) that requires the use of special equipment by Year	N/A	N/A	7.4%	6.9%	6.1%
<b>Economics</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
G 1	Adults aged 18-64 reporting having NO insurance coverage for health care.	15.9%	17.7%	17.4%	16.0%	20.9%
G 2	Adults who report having a primary care provider.	77.7%	79.4%	75.5%	80.3%	75.7%
G 3	Adults who report having been prevented from seeing a provider due to the cost.	12.9%	14.6%	13.1%	12.9%	15.6%
G 4	Adults who had routine checkup in past year	68.8%	66.5%	63.8%	66.1%	62.2%

The BRFSS 2013 -- 2017 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

**N/A** -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

Category		2017	2016	2015	2014	2013
		Percent	Percent	Percent	Percent	Percent
<b>Environmental Concerns</b>						
H 1	Adults who have ever been told they have asthma.	12.2%	12.6%	13.6%	12.7%	10.9%
H 2	Adults who currently have asthma.	8.0%	9.3%	7.5%	7.4%	6.9%
<b>Health Status</b>						
I 1	Adults who report self-rated health status as fair or poor.	14.8%	15.2%	15.8%	12.9%	14.5%
<b>Heart Disease and Stroke</b>						
J 1	Adults who had blood pressure checked in past year	84.7%	N/A	87.3%	N/A	84.5%
J 2	Adults who have ever been told that they have high blood pressure.	30.2%	N/A	28.5%	N/A	28.9%
J 3	Adults who currently taking blood pressure medication among those who have been told had high blood pressure	78.7%	N/A	76.7%	N/A	76.6%
J 4	Adults who have had their blood cholesterol checked within the last five years <sup>#</sup>	84.8%	N/A	73.6%	N/A	74.2%
J 5	Adults who have had their blood cholesterol checked and have been told it was high <sup>#</sup>	32.8%	N/A	34.3%	N/A	34.3%
J 6	Adults who currently taking cholesterol medication among those ever told they have high cholesterol	60.8%	N/A	N/A	N/A	N/A
J 7	Adults who have ever been told they have a heart attack.	3.8%	3.5%	3.0%	3.1%	3.5%
J 8	Adults who have ever been told they have angina/coronary heart disease.	3.6%	3.6%	3.3%	3.5%	3.4%
J 9	Adults who have ever been told they had angina/coronary heart disease or heart attack	5.6%	5.5%	4.8%	5.1%	4.9%
J 10	Adults who have ever been told they have a stroke.	3.0%	3.1%	2.7%	2.1%	2.1%
<b>Immunization</b>						
K 1	Adults who had a flu vaccination in past 12 months	47.8%	48.6%	48.3%	47.5%	45.0%
<b>Kidney Disease</b>						
L 1	Adults who have been told they have kidney disease	2.5%	3.2%	2.3%	1.9%	2.0%

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**N/A** -- Question Not Asked During Survey Year

<sup>#</sup> 2017 data are not comparable to earlier years due to changes in question wording on the 2017 survey

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

**Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017**

Category		2017	2016	2015	2014	2013
		Percent	Percent	Percent	Percent	Percent
<b>Mental Health</b>						
M 1	Adults who reported at least one day in the past month when their mental health was not good.	33.7%	34.6%	31.9%	33.3%	31.4%
M 2	Adults who reported 14 or more days in the past month when their mental health was not good.	11.5%	9.8%	10.0%	8.0%	9.7%
M 3	Adults who reported at least one day in the past month when their mental/physical health prevented them from working or participating in their usual activities.	22.9%	21.3%	20.0%	19.5%	18.1%
M 4	Adults who currently taking medication or receiving treatment for a mental health condition.	N/A	N/A	N/A	N/A	N/A
M 5	Adults who ever been told they have a form of depression	20.7%	19.3%	18.6%	18.8%	20.5%
<b>Oral Health</b>		Percent	Percent	Percent	Percent	Percent
N 1	Adults who visited a dentist for any reason in past 12 months	N/A	69.4%	N/A	68.7%	N/A
<b>Pulmonary Health</b>		Percent	Percent	Percent	Percent	Percent
O 1	Adults who have ever been told they have COPD (Chronic Obstructive Pulmonary Disease)	5.9%	6.6%	4.6%	5.4%	3.8%
<b>Senior Health</b>		Percent	Percent	Percent	Percent	Percent
P 1	Adults aged 65 and over who have been told that they have arthritis.	48.3%	54.7%	52.2%	50.4%	52.4%
P 2	Adults aged 65 and over who report having had a flu vaccination in the past year.	67.7%	69.6%	66.2%	68.5%	66.9%
P 3	Adults aged 65 and over who report ever having had a pneumonia vaccination.	83.1%	79.3%	74.5%	76.7%	76.0%
P 4	Adults aged 65 and over who report having had a fall in the past 12 months.	N/A	31.1%	N/A	24.8%	N/A
P 5	Adults aged 65 and over who report injured due to a fall in the past 12 months.	N/A	39.3%	N/A	39.9%	N/A

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**N/A** -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

Category		2017	2016	2015	2014	2013
<b>Douglas County Results</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
<b>Social Context</b>						
Q 1	Adults who always or usually worried or stressed (in past 12 months) about having enough money to pay rent/mortgage	N/A	N/A	13.8%	N/A	11.6%
Q 2	Adults who always or usually worried or stressed (in past 12 months) about having enough money to buy nutritious meals:	N/A	N/A	7.4%	N/A	8.3%
<b>STDs</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
R 1	Adults less than 65 years of age who report ever having been tested for HIV.	38.1%	39.0%	40.9%	38.5%	38.7%
R 2	Adults less than 65 years who report having been in HIV risk situations in the past year.	9.5%	7.9%	N/A	N/A	N/A
<b>Tobacco Use</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
S 1	Adults who report being occasional or regular smokers.	16.6%	18.5%	19.9%	16.4%	19.3%
S 2	Adults who report being a current user of smokeless tobacco.	3.3%	4.2%	4.2%	2.6%	4.1%
S 3	Adults who attempted to quit smoking in past year	55.1%	54.8%	63.5%	63.4%	57.0%
S 4	Adults who ever used an e-cigarettes	24.2%	25.1%	N/A	N/A	N/A
S 5	Adults who currently use an e-cigarettes	5.0%	5.1%	N/A	N/A	N/A
<b>Transportation Safety</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
T 1	Adults who always wear a seat belt	84.0%	82.1%	82.6%	81.1%	82.9%
T 2	Texted while driving in past 30 days	26.3%	N/A	28.2%	N/A	N/A
T 3	Talked on a cell phone while driving in past 30 days	65.3%	N/A	66.0%	N/A	N/A

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**N/A** -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

Category		2017	2016	2015	2014	2013
Adverse Childhood Experience		Percent	Percent	Percent	Percent	Percent
U 1	Ever live with anyone who was depressed, mentally ill, or suicidal during your childhood	N/A	N/A	23.4%	N/A	N/A
U 2	Ever live with anyone who was a problem drinker or alcoholic during your childhood	N/A	N/A	29.4%	N/A	N/A
U 3	Ever live with anyone who used illegal street drugs or abused prescription medications during childhood	N/A	N/A	16.7%	N/A	N/A
U 4	Ever live with anyone who was sentenced to serve time in a prison, jail, or other correctional facility during your childhood	N/A	N/A	13.2%	N/A	N/A
U 5	Parents separated or divorced during your childhood	N/A	N/A	33.3%	N/A	N/A
U 6	Parent or adult in your home ever slap, hit, kick, punch or beat each other up during your childhood	N/A	N/A	20.4%	N/A	N/A
U 7	Parent or adult in your home ever hit, beat, kick, or physically hurt you during your childhood	N/A	N/A	N/A	N/A	N/A
U 8	Parent or adult in your home ever swear at you, insult you, or put you down during your childhood	N/A	N/A	N/A	N/A	N/A
U 9	Anyone at least 5 years older than you or an adult, ever touch you sexually during your childhood	N/A	N/A	N/A	N/A	N/A
U 10	Anyone at least 5 years older than you or an adult, try to make you touch them sexually during your childhood	N/A	N/A	N/A	N/A	N/A
U 11	Anyone at least 5 years older than you or an adult, force you to have sex during your childhood	N/A	N/A	N/A	N/A	N/A

The BRFSS 2013 -- 2017 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone

N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

Category

		2017	2016	2015	2014	2013
<b>Active Living/Healthy Eating</b>		Percent	Percent	Percent	Percent	Percent
<b>A 1</b>	<b>Adults who consumed fruits less than 1 time per day<sup>#</sup></b>					
<b>Total for Douglas County:</b>		<b>38.0%</b>	<b>N/A</b>	<b>43.1%</b>	<b>N/A</b>	<b>38.3%</b>
<b>Sex</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
Male		41.7%	N/A	48.7%	N/A	40.3%
Female		34.4%	N/A	37.9%	N/A	36.4%
<b>Race/Ethnicity</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
White, not Hispanic		37.8%	N/A	43.9%	N/A	38.4%
Black, not Hispanic		43.7%	N/A	40.9%	N/A	44.6%
Other, not Hispanic		40.9%	N/A	50.5%	N/A	48.7%
Hispanic		32.2%	N/A	33.7%	N/A	26.0%
<b>Age Group (Age at time of interview)</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
18 - 24		43.8%	N/A	48.4%	N/A	44.9%
25 - 34		39.2%	N/A	42.4%	N/A	38.9%
35 - 44		37.1%	N/A	43.3%	N/A	42.4%
45 - 54		39.3%	N/A	48.5%	N/A	36.7%
55 - 64		36.5%	N/A	39.1%	N/A	42.0%
65+		33.3%	N/A	38.2%	N/A	25.6%
<b>A 2</b>	<b>Adult who consumed vegetables less than 1 time per day<sup>#</sup></b>					
<b>Total for Douglas County:</b>		<b>22.1%</b>	<b>N/A</b>	<b>25.1%</b>	<b>N/A</b>	<b>23.7%</b>
<b>Sex</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
Male		22.8%	N/A	29.8%	N/A	25.3%
Female		21.3%	N/A	20.6%	N/A	22.3%
<b>Race/Ethnicity</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
White, not Hispanic		18.6%	N/A	23.8%	N/A	23.9%
Black, not Hispanic		32.8%	N/A	36.6%	N/A	31.9%
Other, not Hispanic		19.7%	N/A	13.1%	N/A	14.6%
Hispanic		41.9%	N/A	32.1%	N/A	18.4%
<b>Age Group (Age at time of interview)</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
18 - 24		21.8%	N/A	21.4%	N/A	27.1%
25 - 34		27.8%	N/A	26.6%	N/A	18.5%
35 - 44		24.0%	N/A	23.8%	N/A	30.7%
45 - 54		18.0%	N/A	25.3%	N/A	23.1%
55 - 64		19.8%	N/A	27.2%	N/A	23.0%
65+		19.8%	N/A	25.0%	N/A	21.6%

The BRFSS 2013 -- 2017 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

N/A -- Question Not Asked During Survey Year

# 2017 data are not comparable to earlier years due to changes in question wording on the 2017 survey

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)



## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
<b>Active Living/Healthy Eating--(Continued)</b>		Percent	Percent	Percent	Percent	Percent
<b>A 3</b>	<b>Adults who consumed sugar-sweetened beverages 1 or more times per day</b>					
<b>Total for Douglas County:</b>		N/A	N/A	N/A	N/A	28.4%
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		N/A	N/A	N/A	N/A	33.9%
Female		N/A	N/A	N/A	N/A	24.2%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		N/A	N/A	N/A	N/A	23.9%
Black, not Hispanic		N/A	N/A	N/A	N/A	41.3%
Other, not Hispanic		N/A	N/A	N/A	N/A	22.5%
Hispanic		N/A	N/A	N/A	N/A	52.1%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
18 - 24		N/A	N/A	N/A	N/A	32.5%
25 - 34		N/A	N/A	N/A	N/A	40.2%
35 - 44		N/A	N/A	N/A	N/A	42.1%
45 - 54		N/A	N/A	N/A	N/A	22.4%
55 - 64		N/A	N/A	N/A	N/A	11.7%
65+		N/A	N/A	N/A	N/A	18.1%
<b>A 4</b>	<b>Adults who participated in any physical activity during the past month.</b>					
<b>Total for Douglas County:</b>		77.0%	77.8%	74.3%	81.9%	76.1%
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		77.8%	80.1%	75.8%	83.3%	76.4%
Female		76.1%	75.7%	72.9%	80.6%	75.7%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		79.7%	81.5%	76.4%	85.2%	78.2%
Black, not Hispanic		67.7%	73.5%	71.8%	68.3%	64.9%
Other, not Hispanic		77.4%	65.0%	71.5%	77.0%	91.6%
Hispanic		65.1%	61.4%	60.4%	73.8%	62.3%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
18 - 24		83.2%	83.2%	77.5%	82.7%	84.6%
25 - 34		75.9%	85.7%	76.1%	87.8%	81.2%
35 - 44		78.1%	77.7%	77.2%	84.7%	71.2%
45 - 54		72.8%	75.7%	75.9%	83.3%	74.4%
55 - 64		77.7%	76.8%	68.8%	79.9%	72.7%
65+		75.5%	67.2%	70.2%	71.1%	72.9%

The BRFSS 2013 -- 2017 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
<b>Active Living/Healthy Eating--(Continued)</b>		Percent	Percent	Percent	Percent	Percent
<b>A 5</b>	<b>Adults who participated in 150 minutes or more of aerobic physical activity per week</b>					
<b>Total for Douglas County:</b>		47.9%	N/A	51.0%	N/A	47.7%
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		48.3%	N/A	53.0%	N/A	46.8%
Female		47.5%	N/A	49.1%	N/A	48.5%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		50.2%	N/A	52.3%	N/A	46.9%
Black, not Hispanic		43.3%	N/A	50.5%	N/A	53.6%
Other, not Hispanic		64.5%	N/A	54.6%	N/A	64.7%
Hispanic		25.4%	N/A	37.9%	N/A	40.8%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
18 - 24		52.0%	N/A	56.4%	N/A	49.8%
25 - 34		40.0%	N/A	44.5%	N/A	39.6%
35 - 44		47.5%	N/A	52.7%	N/A	42.4%
45 - 54		41.2%	N/A	56.0%	N/A	48.9%
55 - 64		48.1%	N/A	43.6%	N/A	52.3%
65+		60.3%	N/A	54.9%	N/A	56.5%
<b>A 6</b>	<b>Adults who participated muscle strengthening exercises more than twice per week</b>					
<b>Total for Douglas County:</b>		31.8%	N/A	35.4%	N/A	29.8%
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		34.8%	N/A	39.8%	N/A	33.5%
Female		28.9%	N/A	31.3%	N/A	26.4%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		33.2%	N/A	36.4%	N/A	31.2%
Black, not Hispanic		31.1%	N/A	37.2%	N/A	26.3%
Other, not Hispanic		29.7%	N/A	33.2%	N/A	26.6%
Hispanic		23.0%	N/A	25.8%	N/A	22.9%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
18 - 24		38.9%	N/A	44.9%	N/A	37.1%
25 - 34		37.7%	N/A	42.8%	N/A	34.4%
35 - 44		32.3%	N/A	40.2%	N/A	30.9%
45 - 54		29.2%	N/A	30.7%	N/A	28.0%
55 - 64		25.6%	N/A	27.3%	N/A	25.5%
65+		27.9%	N/A	26.4%	N/A	23.0%

The BRFSS 2013 -- 2017 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone  
 N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

	2017	2016	2015	2014	2013
<b>Active Living/Healthy Eating--(Continued)</b>	Percent	Percent	Percent	Percent	Percent
<b>A 7 Adults who met both aerobic and muscle strengthening recommendations.</b>					
<b>Total for Douglas County:</b>	20.0%	N/A	25.9%	N/A	18.4%
<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
Male	20.6%	N/A	28.2%	N/A	19.6%
Female	19.4%	N/A	23.7%	N/A	17.3%
<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	20.8%	N/A	26.5%	N/A	19.0%
Black, not Hispanic	21.8%	N/A	26.5%	N/A	18.3%
Other, not Hispanic	25.1%	N/A	28.0%	N/A	17.2%
Hispanic	10.0%	N/A	18.0%	N/A	13.7%
<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
18 - 24	22.6%	N/A	34.8%	N/A	24.9%
25 - 34	19.2%	N/A	28.5%	N/A	17.2%
35 - 44	19.5%	N/A	31.1%	N/A	18.1%
45 - 54	18.8%	N/A	24.5%	N/A	16.4%
55 - 64	18.2%	N/A	18.4%	N/A	17.2%
65+	22.5%	N/A	18.7%	N/A	18.1%
<b>A 8 Adults who have been told they have arthritis.</b>					
<b>Total for Douglas County:</b>	22.3%	23.3%	21.3%	21.9%	22.5%
<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
Male	17.8%	19.8%	17.0%	19.7%	20.5%
Female	26.7%	26.7%	25.4%	24.0%	24.5%
<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	24.7%	25.7%	22.4%	23.4%	24.2%
Black, not Hispanic	27.0%	27.2%	24.1%	29.2%	26.9%
Other, not Hispanic	13.9%	14.7%	22.6%	15.3%	16.5%
Hispanic	5.7%	6.5%	9.3%	7.0%	8.9%
<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
18 - 24	2.3%	1.1%	1.8%	1.4%	4.4%
25 - 34	6.9%	7.2%	4.8%	8.4%	5.0%
35 - 44	12.6%	16.8%	11.4%	14.4%	12.9%
45 - 54	25.3%	21.6%	23.0%	17.9%	27.6%
55 - 64	38.3%	38.2%	36.2%	40.8%	36.8%
65+	47.8%	54.7%	52.2%	50.4%	52.4%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
<b>Alcohol Consumption</b>		Percent	Percent	Percent	Percent	Percent
<b>B 1</b>	<b>Adults who have had at least one drink of alcohol within the past 30 days</b>					
<b>Total for Douglas County:</b>		61.6%	61.1%	60.7%	60.7%	57.6%
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		66.3%	69.8%	67.6%	64.2%	62.2%
Female		57.0%	52.8%	54.1%	57.3%	53.5%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		66.4%	66.3%	65.5%	65.7%	61.8%
Black, not Hispanic		49.2%	53.5%	52.4%	46.2%	43.3%
Other, not Hispanic		45.1%	35.7%	52.4%	49.6%	55.5%
Hispanic		46.6%	42.5%	34.9%	41.2%	43.3%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
18 - 24		60.6%	56.3%	56.7%	47.9%	55.9%
25 - 34		66.7%	63.7%	64.6%	66.4%	69.4%
35 - 44		64.3%	65.2%	71.4%	66.4%	55.8%
45 - 54		61.8%	65.0%	65.2%	65.9%	53.3%
55 - 64		59.8%	59.9%	50.1%	58.8%	59.9%
65+		54.9%	54.3%	52.9%	53.9%	48.1%
<b>B 2</b>	<b>Adults who report being binge drinkers (males having five or more drinks on one occasion, females having four or more drinks on one occasion) in the previous month.</b>					
<b>Total for Douglas County:</b>		20.7%	20.3%	21.9%	20.5%	19.8%
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		26.8%	27.5%	30.1%	24.9%	22.2%
Female		14.9%	13.6%	14.0%	16.4%	17.6%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		21.9%	22.0%	23.2%	21.1%	20.8%
Black, not Hispanic		11.5%	12.9%	13.2%	15.4%	6.9%
Other, not Hispanic		18.5%	12.3%	24.9%	17.6%	20.0%
Hispanic		22.0%	18.5%	18.3%	22.2%	25.9%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
18 - 24		35.0%	28.3%	30.8%	29.5%	28.1%
25 - 34		30.4%	25.6%	30.1%	32.6%	34.1%
35 - 44		26.2%	28.4%	31.1%	27.4%	20.5%
45 - 54		17.0%	20.9%	20.5%	15.5%	15.0%
55 - 64		11.1%	12.3%	13.0%	10.2%	14.9%
65+		5.9%	6.3%	4.6%	5.7%	4.1%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
<b>Alcohol Consumption-- (Continued)</b>		Percent	Percent	Percent	Percent	Percent
<b>B 3</b>	<b>Adults who report being heavy drinkers* in the previous month.</b>					
<b>Total for Douglas County:</b>		7.4%	6.1%	7.0%	6.8%	7.1%
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
	Male	7.9%	6.5%	7.6%	7.0%	6.7%
	Female	6.9%	5.8%	6.6%	6.7%	7.4%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	8.4%	6.6%	7.5%	7.8%	6.9%
	Black, not Hispanic	3.7%	5.4%	4.5%	2.9%	5.4%
	Other, not Hispanic	6.2%	0.7%	12.3%	3.9%	13.4%
	Hispanic	3.6%	6.2%	3.0%	5.0%	6.9%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
	18 - 24	10.5%	9.1%	11.2%	7.4%	11.0%
	25 - 34	10.4%	3.9%	7.9%	9.7%	7.4%
	35 - 44	5.1%	7.3%	7.1%	7.7%	7.1%
	45 - 54	6.8%	8.4%	6.8%	6.5%	4.8%
	55 - 64	6.2%	5.7%	6.1%	5.7%	10.3%
	65+	5.7%	3.6%	3.8%	3.4%	2.6%
<b>B 4</b>	<b>Adults who report driving after having had perhaps too much to drink during the past 30 days.</b>					
<b>Total for Douglas County:</b>		N/A	3.6%	N/A	2.8%	N/A
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
	Male	N/A	5.0%	N/A	4.3%	N/A
	Female	N/A	2.3%	N/A	1.3%	N/A
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	3.8%	N/A	3.1%	N/A
	Black, not Hispanic	N/A	4.1%	N/A	1.8%	N/A
	Other, not Hispanic	N/A	3.6%	N/A	3.9%	N/A
	Hispanic	N/A	1.9%	N/A	0.7%	N/A
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
	18 - 24	N/A	6.5%	N/A	1.0%	N/A
	25 - 34	N/A	2.9%	N/A	4.6%	N/A
	35 - 44	N/A	4.1%	N/A	3.9%	N/A
	45 - 54	N/A	4.0%	N/A	3.6%	N/A
	55 - 64	N/A	3.7%	N/A	1.9%	N/A
	65+	N/A	1.2%	N/A	0.7%	N/A

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N/A -- Question Not Asked During Survey Year

\*2015-2017 Heavy drinkers: male having more than 14 drinks per week and Female having more than 7 drinks per week;  
2011-2014 Heavy drinkers: male having more than two drinks per day and female having more than one drink per day

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
<b>BMI (Body Mass Index)</b>		Percent	Percent	Percent	Percent	Percent
<b>C 1</b>	<b>Adults who report being overweight or obese.</b>					
<b>Total for Douglas County:</b>		66.4%	67.8%	65.0%	64.1%	62.2%
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		71.6%	75.8%	72.0%	70.8%	69.5%
Female		61.1%	59.6%	57.7%	57.1%	55.0%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		65.5%	67.2%	63.3%	63.4%	61.8%
Black, not Hispanic		76.4%	71.1%	72.6%	72.8%	62.0%
Other, not Hispanic		51.2%	62.7%	54.9%	55.7%	53.9%
Hispanic		71.0%	72.6%	77.5%	64.2%	70.7%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
18 - 24		46.0%	47.3%	38.2%	43.8%	31.7%
25 - 34		62.5%	63.4%	61.3%	60.5%	57.7%
35 - 44		69.9%	69.1%	73.8%	68.0%	69.4%
45 - 54		78.3%	76.0%	74.1%	68.2%	68.5%
55 - 64		71.8%	77.5%	71.8%	71.5%	72.3%
65+		65.2%	70.0%	65.4%	68.4%	67.4%
<b>C 2</b>	<b>Adults who report being overweight.</b>					
<b>Total for Douglas County:</b>		35.0%	36.9%	35.2%	35.7%	34.5%
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		39.5%	45.8%	39.2%	41.0%	41.3%
Female		30.3%	27.8%	31.0%	30.2%	27.8%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		35.9%	36.4%	34.9%	36.3%	35.3%
Black, not Hispanic		32.0%	31.2%	34.8%	35.4%	24.8%
Other, not Hispanic		23.4%	45.9%	26.5%	22.6%	27.6%
Hispanic		37.1%	42.3%	43.4%	37.8%	43.5%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
18 - 24		25.1%	29.0%	25.8%	28.6%	22.3%
25 - 34		30.7%	36.5%	34.5%	35.5%	33.0%
35 - 44		40.9%	40.7%	41.6%	35.3%	37.0%
45 - 54		38.4%	34.5%	33.3%	34.3%	34.8%
55 - 64		35.3%	39.9%	38.9%	39.3%	34.0%
65+		36.7%	39.2%	34.9%	39.7%	43.4%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
<b>BMI (Body Mass Index)--(Continued)</b>		Percent	Percent	Percent	Percent	Percent
<b>C 3</b>	<b>Adults who report being obese.</b>					
	<b>Total for Douglas County:</b>	31.4%	30.9%	29.8%	28.3%	27.7%
	<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
	Male	32.1%	30.0%	32.8%	29.8%	28.2%
	Female	30.8%	31.9%	26.6%	26.8%	27.2%
	<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	29.7%	30.8%	28.4%	27.1%	26.5%
	Black, not Hispanic	44.4%	39.9%	37.8%	37.4%	37.2%
	Other, not Hispanic	27.8%	16.8%	28.4%	33.1%	26.3%
	Hispanic	33.8%	30.2%	34.1%	26.5%	27.2%
	<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
	18 - 24	20.9%	18.4%	12.4%	15.1%	9.3%
	25 - 34	31.9%	26.8%	26.8%	24.9%	24.6%
	35 - 44	29.1%	28.4%	32.2%	32.6%	32.4%
	45 - 54	39.9%	41.4%	40.8%	33.8%	33.6%
	55 - 64	36.5%	37.7%	32.9%	32.2%	38.3%
	65+	28.5%	30.9%	30.5%	28.8%	24.0%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
<b>Cancer</b>		Percent	Percent	Percent	Percent	Percent
<b>D 1</b>	<b>Adult males aged 40 and over who report having had a PSA test within the past two years.</b>					
	<b>Total for Douglas County:</b>	N/A	35.4%	N/A	38.8%	N/A
	<b><u>Race/Ethnicity</u></b>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	38.8%	N/A	40.9%	N/A
	Black, not Hispanic	N/A	26.0%	N/A	31.9%	N/A
	Other, not Hispanic	N/A	13.6%	N/A	37.3%	N/A
	Hispanic	N/A	17.5%	N/A	24.5%	N/A
	<b><u>Age Group (Age at time of interview)</u></b>	Percent	Percent	Percent	Percent	Percent
	40 - 44	N/A	26.5%	N/A	4.7%	N/A
	45 - 54	N/A	20.2%	N/A	30.3%	N/A
	55 - 64	N/A	42.9%	N/A	48.1%	N/A
	65+	N/A	53.2%	N/A	59.4%	N/A
<b>D 2</b>	<b>Adult females aged 40 and over who report having had a mammogram within the past two years.</b>					
	<b>Total for Douglas County:</b>	N/A	67.2%	N/A	75.9%	N/A
	<b><u>Race/Ethnicity</u></b>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	68.4%	N/A	77.0%	N/A
	Black, not Hispanic	N/A	67.7%	N/A	74.1%	N/A
	Other, not Hispanic	N/A	54.1%	N/A	77.2%	N/A
	Hispanic	N/A	56.8%	N/A	59.6%	N/A
	<b><u>Age Group (Age at time of interview)</u></b>	Percent	Percent	Percent	Percent	Percent
	40 - 44	N/A	50.9%	N/A	60.6%	N/A
	45 - 54	N/A	66.4%	N/A	82.1%	N/A
	55 - 64	N/A	73.1%	N/A	78.5%	N/A
	65+	N/A	69.9%	N/A	75.9%	N/A
<b>D 3</b>	<b>Adult females aged 50 and over who report having had a mammogram within the past two years.</b>					
	<b>Total for Douglas County:</b>	N/A	73.4%	N/A	79.3%	N/A
	<b><u>Race/Ethnicity</u></b>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	73.6%	N/A	79.3%	N/A
	Black, not Hispanic	N/A	77.5%	N/A	79.9%	N/A
	Other, not Hispanic	N/A	79.4%	N/A	79.6%	N/A
	Hispanic	N/A	52.1%	N/A	75.9%	N/A
	<b><u>Age Group (Age at time of interview)</u></b>	Percent	Percent	Percent	Percent	Percent
	50 - 54	N/A	84.4%	N/A	87.3%	N/A
	55 - 64	N/A	73.1%	N/A	78.5%	N/A
	65+	N/A	69.9%	N/A	75.9%	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)



## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

	2017	2016	2015	2014	2013
	Percent	Percent	Percent	Percent	Percent
<b>Cancer -- (Continued)</b>					
<b>D 4 Adult females aged 40 and over who report having had a clinical breast within the past two years.</b>					
<b>Total for Douglas County:</b>	N/A	N/A	N/A	79.7%	N/A
<b><u>Race/Ethnicity</u></b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
White, not Hispanic	N/A	N/A	N/A	81.0%	N/A
Black, not Hispanic	N/A	N/A	N/A	67.7%	N/A
Other, not Hispanic	N/A	N/A	N/A	88.1%	N/A
Hispanic	N/A	N/A	N/A	74.6%	N/A
<b><u>Age Group (Age at time of interview)</u></b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
40 - 44	N/A	N/A	N/A	78.0%	N/A
45 - 54	N/A	N/A	N/A	85.6%	N/A
55 - 64	N/A	N/A	N/A	83.0%	N/A
65+	N/A	N/A	N/A	72.0%	N/A
<b>D 5 Adult females who report having had a Pap smear test within the past three years.</b>					
<b>Total for Douglas County:</b>	N/A	69.0%	N/A	78.9%	N/A
<b><u>Race/Ethnicity</u></b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
White, not Hispanic	N/A	69.4%	N/A	80.0%	N/A
Black, not Hispanic	N/A	63.5%	N/A	81.8%	N/A
Other, not Hispanic	N/A	70.3%	N/A	48.7%	N/A
Hispanic	N/A	70.0%	N/A	84.2%	N/A
<b><u>Age Group (Age at time of interview)</u></b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
18 - 24	N/A	45.0%	N/A	51.1%	N/A
25 - 34	N/A	75.5%	N/A	92.5%	N/A
35 - 44	N/A	80.1%	N/A	87.3%	N/A
45 - 54	N/A	83.4%	N/A	88.7%	N/A
55 - 64	N/A	76.0%	N/A	83.3%	N/A
65+	N/A	50.2%	N/A	57.1%	N/A
<b>D 6 Adults aged 50 and over who report having had a fecal occult blood test (FOBT) within the past two years.</b>					
<b>Total for Douglas County:</b>	10.5%	10.8%	11.6%	13.6%	12.8%
<b><u>Sex</u></b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
Male	10.4%	9.3%	11.6%	13.3%	11.3%
Female	10.6%	12.0%	11.6%	13.8%	14.0%
<b><u>Race/Ethnicity</u></b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
White, not Hispanic	10.3%	10.8%	10.5%	13.1%	13.5%
Black, not Hispanic	15.9%	12.2%	24.9%	16.7%	9.7%
Other, not Hispanic	11.5%	2.5%	10.3%	9.4%	5.5%
Hispanic	0.0%	11.8%	8.6%	20.3%	8.1%
<b><u>Age Group (Age at time of interview)</u></b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
50 - 54	3.8%	5.9%	8.4%	8.8%	12.6%
55 - 64	10.0%	9.1%	9.9%	13.7%	8.7%
65+	14.6%	14.4%	15.1%	16.1%	17.5%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

	2017	2016	2015	2014	2013
<b>Cancer -- (Continued)</b>	Percent	Percent	Percent	Percent	Percent
<b>D 7 Adults aged 50 and over who report ever having had a sigmoidoscopy/colonoscopy.</b>					
<b>Total for Douglas County:</b>	<b>74.1%</b>	<b>71.6%</b>	<b>70.6%</b>	<b>74.2%</b>	<b>67.1%</b>
<b>Sex</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
Male	73.9%	70.2%	70.7%	74.2%	64.3%
Female	74.4%	72.9%	70.5%	74.2%	69.6%
<b>Race/Ethnicity</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
White, not Hispanic	77.1%	74.5%	74.1%	76.6%	69.9%
Black, not Hispanic	59.9%	64.4%	71.7%	71.3%	64.4%
Other, not Hispanic	71.6%	48.7%	36.9%	65.9%	32.1%
Hispanic	33.1%	31.9%	34.7%	35.9%	38.4%
<b>Age Group (Age at time of interview)</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
50 - 54	53.6%	56.1%	53.5%	55.8%	45.8%
55 - 64	76.1%	72.5%	72.9%	76.2%	72.7%
65+	83.1%	77.6%	78.0%	82.5%	78.0%
<b>D 8 Fecal occult blood test, sigmoidoscopy, or colonoscopy among adults aged 50-75 years</b>					
<b>Total for Douglas County:</b>	<b>71.8%</b>	<b>69.0%</b>	<b>68.1%</b>	<b>70.1%</b>	<b>64.5%</b>
<b>Sex</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
Male	69.2%	67.4%	68.1%	71.7%	59.8%
Female	74.0%	70.4%	68.1%	68.5%	68.8%
<b>Race/Ethnicity</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
White, not Hispanic	74.6%	71.8%	70.7%	72.7%	67.3%
Black, not Hispanic	60.4%	61.9%	73.6%	66.0%	64.7%
Other, not Hispanic	68.8%	43.2%	32.9%	60.2%	22.7%
Hispanic	31.4%	33.9%	46.7%	37.2%	22.1%
<b>D 9 Adults who have been told they have cancer</b>					
<b>Total for Douglas County:</b>	<b>8.9%</b>	<b>8.5%</b>	<b>10.7%</b>	<b>9.6%</b>	<b>10.3%</b>
<b>Sex</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
Male	8.2%	7.2%	10.0%	9.1%	9.9%
Female	9.6%	9.8%	11.3%	10.0%	10.7%
<b>Race/Ethnicity</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
White, not Hispanic	10.9%	10.8%	12.6%	11.9%	11.6%
Black, not Hispanic	7.2%	2.0%	4.5%	2.8%	7.6%
Other, not Hispanic	0.3%	1.1%	8.0%	5.3%	8.8%
Hispanic	1.0%	2.2%	3.0%	0.9%	3.4%
<b>Age Group (Age at time of interview)</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
18 - 24	0.0%	0.0%	0.2%	1.9%	0.8%
25 - 34	1.2%	2.6%	1.7%	1.6%	0.6%
35 - 44	2.9%	2.3%	3.0%	3.1%	4.1%
45 - 54	4.2%	6.9%	8.5%	10.1%	8.3%
55 - 64	14.4%	13.8%	18.1%	12.7%	20.3%
65+	30.2%	25.7%	33.4%	29.6%	30.4%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
		Percent	Percent	Percent	Percent	Percent
<b>Diabetes</b>						
<b>E 1</b>	<b>Adults who have been told they have diabetes</b>					
	<b>Total for Douglas County:</b>	10.2%	7.8%	8.2%	9.2%	9.3%
	<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
	Male	9.6%	7.3%	8.6%	9.2%	10.0%
	Female	10.8%	8.2%	7.9%	9.1%	8.5%
	<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	9.6%	7.9%	7.4%	8.8%	8.8%
	Black, not Hispanic	18.3%	9.8%	13.7%	12.9%	13.4%
	Other, not Hispanic	5.5%	10.2%	6.3%	5.6%	8.1%
	Hispanic	8.7%	3.8%	10.2%	9.6%	9.5%
	<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
	18 - 24	0.9%	1.7%	1.7%	1.4%	1.4%
	25 - 34	3.0%	0.9%	0.9%	1.8%	0.9%
	35 - 44	6.1%	4.7%	4.2%	5.5%	7.8%
	45 - 54	15.4%	7.1%	8.8%	11.7%	11.3%
	55 - 64	15.5%	12.5%	15.0%	18.4%	15.4%
	65+	19.7%	20.2%	19.6%	17.3%	20.0%
<b>E 2</b>	<b>Adults with diabetes who received formal diabetes education .</b>					
	<b>Total for Douglas County:</b>	64.4%	N/A	66.1%	78.3%	70.0%
	<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
	Male	62.5%	N/A	70.9%	78.2%	66.3%
	Female	65.7%	N/A	61.1%	78.5%	73.4%
	<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	60.5%	N/A	73.7%	79.7%	69.8%
	Black, not Hispanic	76.3%	N/A	58.2%	65.9%	68.3%
	Other, not Hispanic	100.0%	N/A	69.1%	99.4%	90.2%
	Hispanic	63.6%	N/A	45.6%	76.3%	53.7%
	<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
	18 - 24	0.0%	N/A	0.0%	100.0%	0.0%
	25 - 34	100.0%	N/A	0.0%	100.0%	0.0%
	35 - 44	42.0%	N/A	26.9%	86.4%	42.9%
	45 - 54	67.0%	N/A	56.8%	71.1%	89.3%
	55 - 64	72.6%	N/A	79.5%	76.9%	49.4%
	65+	60.3%	N/A	79.7%	77.7%	71.2%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

Disability		2017	2016	2015	2014	2013
		Percent	Percent	Percent	Percent	Percent
<b>F 1</b>	<b>Adults who are limited in any activities because of physical, mental, or emotional problems by Year</b>					
	<b>Total for Douglas County:</b>	N/A	N/A	17.0%	17.7%	18.9%
	<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
	Male	N/A	N/A	15.3%	18.0%	19.3%
	Female	N/A	N/A	18.5%	17.4%	18.6%
	<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	N/A	17.4%	17.7%	20.2%
	Black, not Hispanic	N/A	N/A	19.5%	21.3%	18.8%
	Other, not Hispanic	N/A	N/A	16.1%	28.6%	19.2%
	Hispanic	N/A	N/A	11.1%	8.4%	9.0%
	<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
	18 - 24	N/A	N/A	4.8%	4.2%	11.1%
	25 - 34	N/A	N/A	7.9%	12.4%	7.8%
	35 - 44	N/A	N/A	9.6%	14.7%	17.9%
	45 - 54	N/A	N/A	22.4%	19.8%	23.8%
	55 - 64	N/A	N/A	24.9%	26.2%	28.3%
	65+	N/A	N/A	32.4%	28.2%	26.3%
<b>F 2</b>	<b>Adults with health problem(s) that requires the use of special equipment by Year</b>					
	<b>Total for Douglas County:</b>	N/A	N/A	7.4%	6.9%	6.1%
	<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
	Male	N/A	N/A	7.0%	6.1%	5.7%
	Female	N/A	N/A	7.8%	6.9%	6.5%
	<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	N/A	6.5%	6.2%	6.5%
	Black, not Hispanic	N/A	N/A	12.2%	12.4%	10.6%
	Other, not Hispanic	N/A	N/A	17.4%	11.9%	3.5%
	Hispanic	N/A	N/A	4.3%	4.0%	0.0%
	<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
	18 - 24	N/A	N/A	2.8%	0.0%	0.0%
	25 - 34	N/A	N/A	0.0%	2.0%	1.5%
	35 - 44	N/A	N/A	2.9%	2.9%	2.6%
	45 - 54	N/A	N/A	10.1%	8.0%	6.6%
	55 - 64	N/A	N/A	8.9%	10.2%	11.4%
	65+	N/A	N/A	21.2%	18.7%	15.5%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
		Percent	Percent	Percent	Percent	Percent
<b>Economics</b>						
<b>G 1</b>	<b>Adults aged 18-64 reporting having NO insurance coverage for health care.</b>					
	<b>Total for Douglas County:</b>	15.9%	17.7%	17.4%	16.0%	20.9%
	<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
	Male	16.9%	16.9%	18.9%	19.7%	20.2%
	Female	15.0%	18.4%	16.0%	12.4%	21.5%
	<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	9.3%	10.5%	9.4%	8.7%	13.7%
	Black, not Hispanic	19.7%	22.3%	26.1%	26.4%	35.4%
	Other, not Hispanic	14.7%	15.9%	19.4%	20.3%	18.1%
	Hispanic	51.7%	57.6%	59.0%	50.8%	55.5%
	<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
	18 - 24	21.4%	22.1%	21.5%	24.6%	21.5%
	25 - 34	20.2%	23.7%	23.4%	21.0%	25.8%
	35 - 44	19.6%	22.2%	16.9%	19.0%	23.8%
	45 - 54	11.0%	13.5%	16.5%	8.0%	19.0%
	55 - 64	7.0%	5.6%	7.6%	7.7%	12.6%
<b>G 2</b>	<b>Adults who report having a primary care provider.</b>					
	<b>Total for Douglas County:</b>	77.7%	79.4%	75.5%	80.3%	75.7%
	<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
	Male	71.8%	74.7%	68.9%	72.5%	68.4%
	Female	83.3%	83.8%	81.9%	87.6%	82.7%
	<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	84.3%	83.6%	81.4%	85.3%	79.1%
	Black, not Hispanic	76.5%	79.6%	70.7%	76.2%	76.9%
	Other, not Hispanic	54.3%	64.0%	50.4%	76.8%	71.9%
	Hispanic	44.7%	56.6%	48.5%	48.1%	50.3%
	<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
	18 - 24	55.6%	68.2%	56.6%	64.3%	61.0%
	25 - 34	63.4%	70.5%	62.2%	66.1%	65.7%
	35 - 44	73.7%	71.3%	73.8%	76.9%	72.2%
	45 - 54	86.7%	80.1%	76.5%	86.7%	77.5%
	55 - 64	89.2%	90.9%	89.0%	91.8%	86.1%
	65+	96.1%	95.8%	95.1%	96.9%	92.8%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
<b>Economics -- (Continued)</b>		Percent	Percent	Percent	Percent	Percent
<b>G 3</b>	<b>Adults who report having been prevented from seeing a provider due to the cost.</b>					
	<b>Total for Douglas County:</b>	<b>12.9%</b>	<b>14.6%</b>	<b>13.1%</b>	<b>12.9%</b>	<b>15.6%</b>
	<b>Sex</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	Male	9.4%	11.2%	10.2%	12.6%	12.9%
	Female	16.3%	17.8%	15.9%	13.2%	18.2%
	<b>Race/Ethnicity</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	White, not Hispanic	10.5%	12.0%	9.6%	9.6%	12.5%
	Black, not Hispanic	22.2%	25.1%	21.5%	23.7%	30.4%
	Other, not Hispanic	21.0%	6.9%	23.0%	16.0%	18.1%
	Hispanic	17.0%	27.8%	26.1%	25.8%	23.3%
	<b>Age Group (Age at time of interview)</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	18 - 24	14.5%	15.7%	18.1%	14.6%	18.2%
	25 - 34	19.0%	18.8%	15.6%	17.7%	19.0%
	35 - 44	12.1%	16.0%	13.9%	17.0%	21.6%
	45 - 54	13.9%	18.6%	17.1%	12.8%	15.0%
	55 - 64	14.9%	11.9%	9.6%	10.7%	13.5%
	65+	2.7%	5.8%	4.5%	3.4%	4.9%
<b>G 4</b>	<b>Adults who had routine checkup in past year</b>					
	<b>Total for Douglas County:</b>	<b>68.8%</b>	<b>66.5%</b>	<b>63.8%</b>	<b>66.1%</b>	<b>62.2%</b>
	<b>Sex</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	Male	63.7%	60.0%	57.8%	58.9%	54.5%
	Female	73.6%	72.6%	69.5%	72.9%	69.4%
	<b>Race/Ethnicity</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	White, not Hispanic	69.4%	68.5%	64.4%	67.9%	62.5%
	Black, not Hispanic	79.7%	71.6%	68.5%	71.6%	73.7%
	Other, not Hispanic	62.3%	59.9%	56.4%	56.0%	57.4%
	Hispanic	57.8%	49.6%	57.6%	52.1%	49.8%
	<b>Age Group (Age at time of interview)</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	18 - 24	51.0%	54.9%	49.1%	53.2%	57.8%
	25 - 34	56.1%	59.4%	46.5%	58.2%	49.4%
	35 - 44	62.1%	54.9%	60.3%	57.3%	54.5%
	45 - 54	73.5%	66.8%	67.0%	67.1%	62.2%
	55 - 64	78.9%	74.9%	78.0%	75.1%	69.6%
	65+	90.3%	88.0%	83.1%	86.4%	84.2%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
<b>Environmental Concerns</b>		Percent	Percent	Percent	Percent	Percent
<b>H 1</b>	<b>Adults who have ever been told they have asthma.</b>					
<b>Total for Douglas County:</b>		<b>12.2%</b>	<b>12.6%</b>	<b>13.6%</b>	<b>12.7%</b>	<b>10.9%</b>
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		9.3%	10.0%	13.0%	10.6%	9.5%
Female		15.1%	15.1%	14.2%	14.6%	12.3%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		12.5%	12.0%	13.5%	12.8%	10.5%
Black, not Hispanic		21.0%	24.3%	17.4%	22.4%	14.8%
Other, not Hispanic		6.5%	10.4%	20.1%	8.5%	4.6%
Hispanic		5.4%	6.8%	6.8%	4.1%	13.5%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
18 - 24		17.4%	17.4%	22.4%	13.5%	15.5%
25 - 34		14.2%	18.2%	15.2%	16.5%	12.9%
35 - 44		10.0%	9.1%	14.0%	13.1%	10.3%
45 - 54		14.5%	8.5%	10.6%	10.1%	7.1%
55 - 64		11.8%	14.2%	11.9%	13.1%	12.4%
65+		6.8%	8.7%	9.1%	9.0%	8.0%
<b>H 2</b>	<b>Adults who currently have asthma.</b>					
<b>Total for Douglas County:</b>		<b>8.0%</b>	<b>9.3%</b>	<b>7.5%</b>	<b>7.4%</b>	<b>6.9%</b>
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		4.8%	6.7%	5.5%	5.0%	5.2%
Female		11.2%	11.7%	9.3%	9.6%	8.5%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		8.1%	8.5%	7.5%	7.0%	6.2%
Black, not Hispanic		14.5%	19.9%	9.6%	16.1%	13.8%
Other, not Hispanic		5.0%	10.4%	10.4%	4.9%	4.6%
Hispanic		3.3%	3.7%	3.5%	2.5%	6.4%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
18 - 24		11.3%	13.2%	8.7%	3.5%	9.8%
25 - 34		9.0%	13.7%	7.9%	9.4%	6.4%
35 - 44		5.2%	5.2%	6.1%	8.1%	6.9%
45 - 54		9.9%	6.5%	8.0%	7.0%	5.5%
55 - 64		9.7%	10.5%	7.9%	8.9%	7.9%
65+		4.3%	6.9%	6.6%	6.0%	5.8%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
<b>Health Status</b>		Percent	Percent	Percent	Percent	Percent
I 1	<b>Adults who report self-rated health status as fair or poor.</b>					
<b>Total for Douglas County:</b>		14.8%	15.2%	15.8%	12.9%	14.5%
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
	Male	12.3%	12.6%	15.0%	14.3%	14.2%
	Female	17.2%	17.6%	16.5%	11.5%	14.9%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	11.4%	13.3%	11.7%	9.0%	12.1%
	Black, not Hispanic	29.0%	18.4%	23.6%	24.4%	24.6%
	Other, not Hispanic	12.0%	9.1%	26.6%	20.6%	15.8%
	Hispanic	26.7%	29.3%	33.4%	26.1%	23.2%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
	18 - 24	6.3%	6.9%	12.7%	6.8%	3.3%
	25 - 34	12.6%	8.6%	10.2%	7.0%	6.5%
	35 - 44	14.4%	12.6%	11.3%	13.4%	16.5%
	45 - 54	16.4%	18.1%	22.3%	15.2%	18.5%
	55 - 64	17.1%	18.3%	18.2%	18.3%	20.1%
	65+	20.6%	26.3%	21.1%	16.9%	22.6%

The BRFSS 2013 -- 2017 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)



## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

	2017	2016	2015	2014	2013
<b>Heart Disease and Stroke</b>	Percent	Percent	Percent	Percent	Percent
<b>J 1 Adults who had blood pressure checked in past year</b>					
<b>Total for Douglas County:</b>	84.7%	N/A	87.3%	N/A	84.5%
<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
Male	81.9%	N/A	87.4%	N/A	81.6%
Female	87.6%	N/A	87.2%	N/A	86.6%
<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	90.7%	N/A	90.1%	N/A	86.6%
Black, not Hispanic	78.5%	N/A	85.1%	N/A	81.6%
Other, not Hispanic	65.1%	N/A	62.6%	N/A	95.3%
Hispanic	61.5%	N/A	83.1%	N/A	66.9%
<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
18 - 24	80.4%	N/A	78.6%	N/A	81.7%
25 - 34	80.2%	N/A	72.4%	N/A	73.1%
35 - 44	73.6%	N/A	91.5%	N/A	77.1%
45 - 54	86.2%	N/A	91.5%	N/A	88.6%
55 - 64	93.1%	N/A	94.3%	N/A	91.5%
65+	95.5%	N/A	94.5%	N/A	98.4%
<b>J 2 Adults who have ever been told that they have high blood pressure.</b>					
<b>Total for Douglas County:</b>	30.2%	N/A	28.5%	N/A	28.9%
<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
Male	31.2%	N/A	30.5%	N/A	30.5%
Female	29.2%	N/A	26.6%	N/A	27.4%
<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	30.2%	N/A	28.8%	N/A	29.0%
Black, not Hispanic	52.5%	N/A	37.3%	N/A	47.0%
Other, not Hispanic	20.5%	N/A	23.0%	N/A	25.8%
Hispanic	13.7%	N/A	20.1%	N/A	12.0%
<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
18 - 24	6.2%	N/A	3.2%	N/A	4.7%
25 - 34	10.0%	N/A	9.7%	N/A	7.2%
35 - 44	22.1%	N/A	19.9%	N/A	25.4%
45 - 54	37.5%	N/A	32.5%	N/A	32.8%
55 - 64	44.5%	N/A	47.7%	N/A	42.6%
65+	59.9%	N/A	58.6%	N/A	63.7%

The BRFSS 2013 -- 2017 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

	2017	2016	2015	2014	2013
<b>Heart Disease and Stroke -- (Continued)</b>	Percent	Percent	Percent	Percent	Percent
<b>J 3 Adults who currently taking blood pressure medication among those who have been told had high blood</b>					
<b>Total for Douglas County:</b>	<b>78.7%</b>	<b>N/A</b>	<b>76.7%</b>	<b>N/A</b>	<b>76.6%</b>
<b>Sex</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
Male	74.6%	N/A	73.3%	N/A	69.2%
Female	83.2%	N/A	80.4%	N/A	84.2%
<b>Race/Ethnicity</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
White, not Hispanic	77.9%	N/A	79.3%	N/A	76.6%
Black, not Hispanic	86.1%	N/A	83.1%	N/A	88.9%
Other, not Hispanic	78.5%	N/A	60.1%	N/A	50.0%
Hispanic	64.5%	N/A	46.6%	N/A	55.7%
<b>Age Group (Age at time of interview)</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
18 - 24	3.9%	N/A	0.0%	N/A	0.0%
25 - 34	13.2%	N/A	24.9%	N/A	35.7%
35 - 44	67.9%	N/A	56.7%	N/A	66.8%
45 - 54	77.6%	N/A	69.0%	N/A	67.9%
55 - 64	87.7%	N/A	87.7%	N/A	86.0%
65+	96.0%	N/A	94.1%	N/A	90.6%
<b>J 4 Adults who have had their blood cholesterol checked within the last five years<sup>#</sup></b>					
<b>Total for Douglas County:</b>	<b>84.8%</b>	<b>N/A</b>	<b>73.6%</b>	<b>N/A</b>	<b>74.2%</b>
<b>Sex</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
Male	82.7%	N/A	69.6%	N/A	71.7%
Female	86.6%	N/A	77.5%	N/A	76.5%
<b>Race/Ethnicity</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
White, not Hispanic	85.5%	N/A	76.0%	N/A	78.0%
Black, not Hispanic	87.6%	N/A	74.3%	N/A	74.7%
Other, not Hispanic	78.3%	N/A	71.6%	N/A	64.5%
Hispanic	80.3%	N/A	55.5%	N/A	48.7%
<b>Age Group (Age at time of interview)</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
18 - 24	61.5%	N/A	37.9%	N/A	37.0%
25 - 34	74.7%	N/A	52.3%	N/A	62.4%
35 - 44	82.1%	N/A	77.2%	N/A	74.8%
45 - 54	93.1%	N/A	85.7%	N/A	81.8%
55 - 64	93.7%	N/A	88.7%	N/A	87.1%
65+	97.0%	N/A	95.1%	N/A	95.1%

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N/A -- Question Not Asked During Survey Year

<sup>#</sup> 2017 data are not comparable to earlier years due to changes in question wording on the 2017 survey

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
<b>Heart Disease and Stroke -- (Continued)</b>		Percent	Percent	Percent	Percent	Percent
J 5	<b>Adults who have had their blood cholesterol checked and have been told it was high<sup>#</sup></b>					
<b>Total for Douglas County:</b>		32.8%	N/A	34.3%	N/A	34.3%
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		34.1%	N/A	37.9%	N/A	38.2%
Female		31.8%	N/A	31.1%	N/A	30.8%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		35.0%	N/A	36.3%	N/A	35.5%
Black, not Hispanic		37.7%	N/A	29.1%	N/A	34.6%
Other, not Hispanic		14.4%	N/A	20.4%	N/A	24.8%
Hispanic		21.0%	N/A	29.1%	N/A	25.4%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
18 - 24		7.9%	N/A	4.1%	N/A	7.6%
25 - 34		15.7%	N/A	15.8%	N/A	12.3%
35 - 44		24.0%	N/A	23.7%	N/A	25.9%
45 - 54		37.0%	N/A	34.1%	N/A	36.8%
55 - 64		48.3%	N/A	49.5%	N/A	47.3%
65+		49.5%	N/A	53.9%	N/A	55.1%
J 6	<b>Adults who currently taking cholesterol medication among those ever told they have high cholesterol</b>					
<b>Total for Douglas County:</b>		60.8%	N/A	N/A	N/A	N/A
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		62.2%	N/A	N/A	N/A	N/A
Female		59.3%	N/A	N/A	N/A	N/A
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		61.1%	N/A	N/A	N/A	N/A
Black, not Hispanic		63.5%	N/A	N/A	N/A	N/A
Other, not Hispanic		85.7%	N/A	N/A	N/A	N/A
Hispanic		40.0%	N/A	N/A	N/A	N/A
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
18 - 24		0.0%	N/A	N/A	N/A	N/A
25 - 34		6.6%	N/A	N/A	N/A	N/A
35 - 44		33.9%	N/A	N/A	N/A	N/A
45 - 54		56.3%	N/A	N/A	N/A	N/A
55 - 64		70.3%	N/A	N/A	N/A	N/A
65+		88.1%	N/A	N/A	N/A	N/A

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N/A -- Question Not Asked During Survey Year

# 2017 data are not comparable to earlier years due to changes in question wording on the 2017 survey

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

	2017	2016	2015	2014	2013
<b>Heart Disease and Stroke -- (Continued)</b>	Percent	Percent	Percent	Percent	Percent
<b>J 7 Adults who have ever been told they have a heart attack</b>					
<b>Total for Douglas County:</b>	<b>3.8%</b>	<b>3.5%</b>	<b>3.0%</b>	<b>3.1%</b>	<b>3.5%</b>
<b>Sex</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
Male	5.7%	4.6%	4.3%	4.4%	4.3%
Female	2.0%	2.5%	1.7%	1.9%	2.7%
<b>Race/Ethnicity</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
White, not Hispanic	4.0%	4.1%	2.9%	3.5%	3.9%
Black, not Hispanic	4.9%	2.0%	2.4%	3.9%	2.7%
Other, not Hispanic	1.5%	0.8%	2.2%	0.0%	4.5%
Hispanic	3.0%	2.5%	4.6%	0.9%	0.8%
<b>Age Group (Age at time of interview)</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
18 - 24	0.0%	0.0%	0.0%	0.0%	0.0%
25 - 34	0.2%	0.3%	0.2%	1.4%	1.1%
35 - 44	1.3%	0.0%	1.4%	1.3%	1.0%
45 - 54	3.9%	4.8%	1.8%	3.1%	3.1%
55 - 64	5.9%	3.4%	4.0%	4.7%	4.8%
65+	11.7%	12.8%	10.8%	8.3%	11.4%
<b>J 8 Adults who have ever been told they had angina/coronary heart disease.</b>					
<b>Total for Douglas County:</b>	<b>3.6%</b>	<b>3.6%</b>	<b>3.3%</b>	<b>3.5%</b>	<b>3.4%</b>
<b>Sex</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
Male	3.9%	4.0%	4.7%	4.6%	4.0%
Female	3.3%	3.1%	2.1%	2.5%	2.8%
<b>Race/Ethnicity</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
White, not Hispanic	3.8%	4.2%	3.4%	4.1%	4.0%
Black, not Hispanic	8.4%	3.4%	3.2%	2.6%	3.0%
Other, not Hispanic	0.0%	2.0%	3.8%	0.8%	1.2%
Hispanic	0.0%	0.3%	2.9%	1.1%	0.0%
<b>Age Group (Age at time of interview)</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
18 - 24	0.0%	0.0%	0.0%	0.7%	1.6%
25 - 34	0.1%	0.0%	1.4%	0.0%	0.5%
35 - 44	0.9%	0.0%	0.0%	1.2%	0.3%
45 - 54	2.5%	2.2%	3.7%	2.6%	2.2%
55 - 64	6.6%	6.2%	3.2%	7.0%	5.9%
65+	11.7%	13.5%	11.9%	10.5%	11.0%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

	2017	2016	2015	2014	2013
<b>Heart Disease and Stroke -- (Continued)</b>					
	Percent	Percent	Percent	Percent	Percent
<b>J 9 Adults who have ever been told they had angina/coronary heart disease or heart attack</b>					
<b>Total for Douglas County:</b>	5.6%	5.5%	4.8%	5.1%	4.9%
<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
Male	7.3%	6.7%	6.5%	6.7%	5.8%
Female	4.1%	4.4%	3.1%	3.6%	4.1%
<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	5.7%	6.3%	4.7%	5.8%	5.6%
Black, not Hispanic	10.3%	4.3%	4.5%	5.1%	3.9%
Other, not Hispanic	1.5%	2.9%	4.4%	0.8%	4.5%
Hispanic	3.0%	2.5%	6.0%	1.9%	0.8%
<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
18 - 24	0.0%	0.0%	0.0%	0.7%	1.7%
25 - 34	0.3%	0.3%	1.5%	1.4%	1.1%
35 - 44	2.1%	0.0%	1.4%	2.3%	1.0%
45 - 54	5.7%	5.3%	4.1%	4.3%	3.8%
55 - 64	8.9%	8.0%	5.3%	7.9%	7.7%
65+	16.9%	20.0%	16.5%	14.9%	15.7%
<b>J 10 Adults who have ever been told they have a stroke</b>					
<b>Total for Douglas County:</b>	3.0%	3.1%	2.7%	2.1%	2.1%
<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
Male	2.5%	3.1%	2.2%	1.9%	1.3%
Female	3.5%	3.1%	3.1%	2.3%	2.7%
<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	3.2%	3.1%	2.1%	2.1%	2.0%
Black, not Hispanic	4.6%	6.3%	7.8%	3.2%	3.7%
Other, not Hispanic	3.2%	0.3%	4.4%	1.9%	0.0%
Hispanic	0.2%	1.3%	0.2%	0.7%	2.0%
<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
18 - 24	0.1%	0.0%	0.0%	0.0%	0.0%
25 - 34	1.0%	0.9%	0.8%	0.0%	0.5%
35 - 44	1.5%	1.3%	0.8%	0.5%	0.5%
45 - 54	2.4%	2.6%	3.0%	3.4%	1.1%
55 - 64	5.0%	3.8%	3.7%	3.5%	2.6%
65+	7.9%	9.9%	7.7%	5.6%	8.3%

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N/A -- Question Not Asked During Survey Year

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## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
<b>Immunization</b>		Percent	Percent	Percent	Percent	Percent
<b>K 1</b>	<b>Had a flu vaccination in past 12 months</b>					
<b>Total for Douglas County:</b>		47.8%	48.6%	48.3%	47.5%	45.0%
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		42.0%	43.8%	41.3%	42.6%	42.5%
Female		53.4%	53.1%	54.7%	52.0%	47.3%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		50.0%	49.9%	50.1%	50.6%	46.6%
Black, not Hispanic		44.0%	38.1%	43.7%	37.4%	35.8%
Other, not Hispanic		37.6%	45.3%	40.7%	39.5%	62.5%
Hispanic		41.2%	49.9%	41.5%	37.6%	33.2%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
18 - 24		33.8%	45.1%	35.3%	30.2%	26.1%
25 - 34		43.9%	43.9%	39.3%	40.2%	37.3%
35 - 44		37.2%	38.8%	43.3%	42.1%	39.6%
45 - 54		43.2%	41.0%	46.7%	48.3%	43.7%
55 - 64		59.6%	53.8%	58.3%	54.5%	56.2%
65+		66.8%	69.6%	66.2%	68.5%	66.9%
<b>Kidney Disease</b>		Percent	Percent	Percent	Percent	Percent
<b>L 1</b>	<b>Adults who have been told they have kidney disease</b>					
<b>Total for Douglas County:</b>		2.5%	3.2%	2.3%	1.9%	2.0%
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		1.6%	2.9%	2.3%	2.0%	2.3%
Female		3.3%	3.5%	2.3%	1.9%	1.8%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		3.2%	3.3%	2.5%	1.9%	1.8%
Black, not Hispanic		1.2%	4.7%	2.5%	4.7%	4.7%
Other, not Hispanic		0.0%	2.1%	1.3%	0.0%	0.6%
Hispanic		0.3%	1.3%	0.5%	0.6%	1.7%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
18 - 24		0.0%	0.0%	0.0%	0.4%	0.2%
25 - 34		1.0%	2.5%	0.9%	1.1%	0.4%
35 - 44		2.0%	1.2%	1.2%	1.7%	1.9%
45 - 54		4.5%	3.0%	1.9%	0.8%	1.5%
55 - 64		2.5%	5.1%	3.2%	2.9%	3.8%
65+		4.5%	7.0%	6.3%	4.8%	4.6%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
		Percent	Percent	Percent	Percent	Percent
<b>Mental Health</b>						
<b>M 1</b>	<b>Adults who reported at least one day in the past month when their mental health was not good.</b>					
	<b>Total for Douglas County:</b>	<b>33.7%</b>	<b>34.6%</b>	<b>31.9%</b>	<b>33.3%</b>	<b>31.4%</b>
	<b>Sex</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	Male	27.6%	27.1%	26.8%	28.3%	26.3%
	Female	39.6%	41.7%	36.7%	38.1%	36.2%
	<b>Race/Ethnicity</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	White, not Hispanic	35.3%	35.8%	32.9%	33.8%	34.0%
	Black, not Hispanic	36.4%	36.6%	34.2%	31.5%	22.9%
	Other, not Hispanic	29.6%	25.4%	23.7%	39.6%	35.6%
	Hispanic	21.5%	28.9%	26.3%	28.6%	17.9%
	<b>Age Group (Age at time of interview)</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	18 - 24	40.1%	48.5%	52.3%	42.9%	36.7%
	25 - 34	39.3%	36.2%	33.5%	42.3%	39.9%
	35 - 44	36.6%	30.8%	31.1%	32.5%	32.4%
	45 - 54	35.3%	36.5%	35.4%	32.0%	29.5%
	55 - 64	30.4%	34.2%	23.3%	28.4%	28.4%
	65+	20.7%	24.4%	19.7%	21.1%	20.1%
<b>M 2</b>	<b>Adults who reported 14 or more days in the past month when their mental health was not good.</b>					
	<b>Total for Douglas County:</b>	<b>11.5%</b>	<b>9.8%</b>	<b>10.0%</b>	<b>8.0%</b>	<b>9.7%</b>
	<b>Sex</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	Male	8.6%	7.1%	7.1%	5.9%	6.2%
	Female	14.3%	12.4%	12.8%	9.9%	12.9%
	<b>Race/Ethnicity</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	White, not Hispanic	10.9%	10.0%	10.7%	7.5%	10.3%
	Black, not Hispanic	17.5%	11.8%	4.9%	11.1%	8.2%
	Other, not Hispanic	17.1%	7.0%	7.0%	7.7%	13.4%
	Hispanic	6.5%	8.2%	11.3%	8.2%	4.5%
	<b>Age Group (Age at time of interview)</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	18 - 24	20.6%	16.1%	14.2%	8.6%	5.9%
	25 - 34	11.8%	11.4%	11.0%	11.5%	9.8%
	35 - 44	9.3%	5.1%	8.1%	4.9%	13.3%
	45 - 54	11.6%	10.5%	13.9%	9.5%	13.6%
	55 - 64	11.6%	7.7%	7.9%	8.0%	9.1%
	65+	6.4%	9.4%	5.6%	4.7%	4.4%

The BRFSS 2013 -- 2017 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

	2017	2016	2015	2014	2013
<b>Mental Health -- (Continued)</b>	Percent	Percent	Percent	Percent	Percent
<b>M 3</b> <i>Adults who reported at least one day in the past month when their mental/physical health prevented them from working or participating in their usual activities.</i>					
<b>Total for Douglas County:</b>	22.9%	21.3%	20.0%	19.5%	18.1%
<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
Male	18.8%	17.4%	18.6%	18.4%	15.9%
Female	26.9%	25.0%	21.4%	20.5%	20.3%
<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	22.7%	21.9%	19.3%	19.8%	17.9%
Black, not Hispanic	31.3%	24.7%	25.4%	20.9%	23.0%
Other, not Hispanic	24.8%	17.8%	29.0%	15.8%	20.6%
Hispanic	15.4%	15.1%	15.4%	17.5%	13.8%
<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
18 - 24	23.1%	27.8%	23.4%	16.1%	18.5%
25 - 34	22.2%	15.6%	19.9%	19.7%	14.8%
35 - 44	22.6%	17.5%	14.0%	19.3%	21.0%
45 - 54	30.2%	24.0%	26.3%	19.0%	18.2%
55 - 64	22.4%	24.5%	20.2%	25.0%	18.2%
65+	17.5%	21.6%	17.6%	17.1%	18.7%
<b>M 4</b> <i>Adults who currently taking medication or receiving treatment for a mental health condition.</i>					
<b>Total for Douglas County:</b>	N/A	N/A	N/A	N/A	N/A
<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
Male	N/A	N/A	N/A	N/A	N/A
Female	N/A	N/A	N/A	N/A	N/A
<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	N/A	N/A	N/A	N/A
Black, not Hispanic	N/A	N/A	N/A	N/A	N/A
Other, not Hispanic	N/A	N/A	N/A	N/A	N/A
Hispanic	N/A	N/A	N/A	N/A	N/A
<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
18 - 24	N/A	N/A	N/A	N/A	N/A
25 - 34	N/A	N/A	N/A	N/A	N/A
35 - 44	N/A	N/A	N/A	N/A	N/A
45 - 54	N/A	N/A	N/A	N/A	N/A
55 - 64	N/A	N/A	N/A	N/A	N/A
65+	N/A	N/A	N/A	N/A	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)



## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
<b>Mental Health -- (Continued)</b>		Percent	Percent	Percent	Percent	Percent
<b>M 5</b>	<b>Adults who ever been told they have a form of depression</b>					
<b>Total for Douglas County:</b>		20.7%	19.3%	18.6%	18.8%	20.5%
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
	Male	14.0%	12.7%	14.1%	14.5%	14.5%
	Female	27.1%	25.6%	22.9%	22.9%	26.2%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	22.2%	20.6%	19.7%	20.0%	21.5%
	Black, not Hispanic	24.9%	14.2%	11.3%	17.2%	15.4%
	Other, not Hispanic	13.5%	13.2%	23.0%	23.4%	19.9%
	Hispanic	9.9%	18.7%	15.5%	9.0%	17.9%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
	18 - 24	21.7%	23.1%	17.5%	16.7%	17.7%
	25 - 34	20.9%	20.7%	19.9%	20.9%	21.4%
	35 - 44	21.0%	15.7%	16.9%	20.4%	23.7%
	45 - 54	21.7%	20.1%	23.7%	19.3%	22.6%
	55 - 64	22.2%	21.8%	18.4%	21.1%	21.2%
	65+	17.0%	15.7%	14.8%	13.5%	15.1%

## Oral Health

		Percent	Percent	Percent	Percent	Percent
<b>N 1</b>	<b>Visited a dentist for any reason in past 12 months</b>					
<b>Total for Douglas County:</b>		N/A	69.4%	N/A	68.7%	N/A
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
	Male	N/A	68.6%	N/A	66.4%	N/A
	Female	N/A	70.1%	N/A	70.8%	N/A
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	75.8%	N/A	74.6%	N/A
	Black, not Hispanic	N/A	49.8%	N/A	55.0%	N/A
	Other, not Hispanic	N/A	59.5%	N/A	53.2%	N/A
	Hispanic	N/A	46.4%	N/A	45.7%	N/A
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
	18 - 24	N/A	69.9%	N/A	62.2%	N/A
	25 - 34	N/A	62.7%	N/A	61.1%	N/A
	35 - 44	N/A	64.3%	N/A	69.5%	N/A
	45 - 54	N/A	74.0%	N/A	73.1%	N/A
	55 - 64	N/A	76.7%	N/A	73.8%	N/A
	65+	N/A	71.0%	N/A	73.0%	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
<b>Pulmonary Health</b>		Percent	Percent	Percent	Percent	Percent
<b>O 1</b>	<b>Adults who have ever been told they have COPD (Chronic Obstructive Pulmonary Disease)</b>					
<b>Total for Douglas County:</b>		5.9%	6.6%	4.6%	5.4%	3.8%
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		4.6%	4.8%	3.8%	5.4%	2.6%
Female		7.2%	8.3%	5.4%	5.4%	5.0%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		6.0%	6.7%	4.7%	5.6%	4.0%
Black, not Hispanic		8.5%	8.6%	4.3%	8.3%	6.1%
Other, not Hispanic		7.1%	10.2%	10.2%	1.3%	4.5%
Hispanic		2.2%	1.7%	1.7%	2.9%	0.1%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
18 - 24		0.6%	0.0%	0.9%	0.7%	1.6%
25 - 34		2.4%	2.8%	0.9%	4.5%	0.3%
35 - 44		1.8%	4.4%	0.7%	2.7%	3.1%
45 - 54		7.3%	4.5%	6.7%	5.2%	3.7%
55 - 64		10.7%	11.8%	7.6%	7.9%	6.1%
65+		12.6%	15.6%	11.5%	11.1%	9.2%
<b>Senior Health</b>		Percent	Percent	Percent	Percent	Percent
<b>P 1</b>	<b>Adults aged 65 and over who have been told that they have arthritis.</b>					
<b>Total for Douglas County:</b>		48.3%	54.7%	52.2%	50.4%	52.4%
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		40.7%	49.7%	47.5%	42.2%	52.8%
Female		54.4%	58.3%	55.7%	56.7%	52.1%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		49.5%	54.6%	51.2%	49.5%	51.5%
Black, not Hispanic		48.7%	59.3%	70.6%	62.1%	59.2%
Other, not Hispanic		20.9%	48.7%	50.9%	51.5%	78.1%
Hispanic		14.7%	37.6%	26.6%	42.4%	38.9%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
65+		48.3%	54.7%	52.2%	50.4%	52.4%
<b>P 2</b>	<b>Adults aged 65 and over who report having had a flu vaccination in the past year.</b>					
<b>Total for Douglas County:</b>		67.7%	69.6%	66.2%	68.5%	66.9%
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		65.6%	72.1%	63.2%	69.3%	68.3%
Female		69.3%	67.8%	68.3%	67.8%	65.9%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		68.3%	71.0%	67.2%	69.9%	65.8%
Black, not Hispanic		45.5%	53.8%	63.4%	43.4%	69.2%
Other, not Hispanic		82.5%	48.4%	62.0%	92.4%	75.3%
Hispanic		100.0%	100.0%	44.8%	75.4%	99.9%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
65+		67.7%	69.6%	66.2%	68.5%	66.9%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
<b>Senior Health -- (Continued)</b>		Percent	Percent	Percent	Percent	Percent
<b>P 3</b>	<b>Adults aged 65 and over who report ever having had a pneumonia vaccination.</b>					
	<b>Total for Douglas County:</b>	83.1%	79.3%	74.5%	76.7%	76.0%
	<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
	Male	76.1%	77.4%	70.3%	74.1%	77.7%
	Female	88.4%	80.8%	77.4%	78.6%	74.7%
	<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	83.1%	80.8%	74.5%	77.8%	76.8%
	Black, not Hispanic	72.8%	66.3%	73.0%	65.7%	82.6%
	Other, not Hispanic	100.0%	75.7%	92.9%	92.4%	56.9%
	Hispanic	100.0%	48.1%	68.3%	55.1%	31.8%
	<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
	65+	83.1%	79.3%	74.5%	76.7%	76.0%
<b>P 4</b>	<b>Adults aged 65 and over who report having had a fall in the past 12 months.</b>					
	<b>Total for Douglas County:</b>	N/A	31.1%	N/A	24.8%	N/A
	<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
	Male	N/A	34.4%	N/A	23.2%	N/A
	Female	N/A	28.5%	N/A	26.1%	N/A
	<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	31.8%	N/A	25.8%	N/A
	Black, not Hispanic	N/A	24.7%	N/A	16.6%	N/A
	Other, not Hispanic	N/A	3.3%	N/A	18.4%	N/A
	Hispanic	N/A	61.4%	N/A	18.4%	N/A
	<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
	65+	N/A	31.1%	N/A	24.9%	N/A
<b>P 5</b>	<b>Adults aged 65 and over who report injured due to a fall in the past 12 months.</b>					
	<b>Total for Douglas County:</b>	N/A	39.3%	N/A	39.9%	N/A
	<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
	Male	N/A	32.4%	N/A	31.0%	N/A
	Female	N/A	45.6%	N/A	46.0%	N/A
	<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	40.4%	N/A	39.1%	N/A
	Black, not Hispanic	N/A	15.0%	N/A	45.6%	N/A
	Other, not Hispanic	N/A	0.0%	N/A	26.9%	N/A
	Hispanic	N/A	61.3%	N/A	84.3%	N/A
	<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
	65+	N/A	39.3%	N/A	39.9%	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

	2017	2016	2015	2014	2013
<b>Social Context</b>	Percent	Percent	Percent	Percent	Percent
<b>Q 1</b>	<b>Always or usually worried or stressed (in past 12 months) about having enough money to pay rent/mortgage:</b>				
<b>Total for Douglas County:</b>	N/A	N/A	13.8%	N/A	11.6%
<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
Male	N/A	N/A	14.8%	N/A	8.1%
Female	N/A	N/A	12.9%	N/A	14.2%
<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	N/A	10.6%	N/A	10.3%
Black, not Hispanic	N/A	N/A	20.1%	N/A	20.6%
Other, not Hispanic	N/A	N/A	31.3%	N/A	12.8%
Hispanic	N/A	N/A	21.0%	N/A	11.8%
<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
18 - 24	N/A	N/A	11.2%	N/A	12.5%
25 - 34	N/A	N/A	15.2%	N/A	9.1%
35 - 44	N/A	N/A	11.9%	N/A	18.7%
45 - 54	N/A	N/A	20.9%	N/A	14.6%
55 - 64	N/A	N/A	13.7%	N/A	7.6%
65+	N/A	N/A	8.5%	N/A	6.1%
<b>Q 2</b>	<b>Adults who always or usually worried or stressed (in past 12 months) about having enough money to buy nutritious meals:</b>				
<b>Total for Douglas County:</b>	N/A	N/A	7.4%	N/A	8.3%
<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
Male	N/A	N/A	6.2%	N/A	7.0%
Female	N/A	N/A	8.5%	N/A	9.3%
<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	N/A	6.3%	N/A	6.8%
Black, not Hispanic	N/A	N/A	10.1%	N/A	15.7%
Other, not Hispanic	N/A	N/A	19.0%	N/A	9.3%
Hispanic	N/A	N/A	6.2%	N/A	11.0%
<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
18 - 24	N/A	N/A	11.4%	N/A	5.4%
25 - 34	N/A	N/A	7.1%	N/A	6.5%
35 - 44	N/A	N/A	8.2%	N/A	18.1%
45 - 54	N/A	N/A	10.0%	N/A	6.8%
55 - 64	N/A	N/A	5.7%	N/A	5.4%
65+	N/A	N/A	1.7%	N/A	6.1%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
<b>STDs</b>		Percent	Percent	Percent	Percent	Percent
<b>R 1</b>	<b>Adults less than 65 years of age who report ever having been tested for HIV.</b>					
	<b>Total for Douglas County:</b>	<b>38.1%</b>	<b>39.0%</b>	<b>40.9%</b>	<b>38.5%</b>	<b>38.7%</b>
	<b>Sex</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	Male	35.5%	36.5%	39.3%	35.7%	37.0%
	Female	40.7%	41.4%	42.4%	41.2%	40.3%
	<b>Race/Ethnicity</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	White, not Hispanic	35.9%	35.9%	37.2%	35.6%	33.9%
	Black, not Hispanic	56.4%	63.9%	66.2%	63.0%	47.1%
	Other, not Hispanic	40.1%	41.0%	40.7%	34.3%	61.6%
	Hispanic	34.5%	37.1%	45.0%	38.4%	54.6%
	<b>Age Group (Age at time of interview)</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	18 - 24	26.4%	33.7%	31.6%	22.0%	35.6%
	25 - 34	48.9%	45.8%	54.9%	52.6%	52.9%
	35 - 44	47.7%	48.9%	56.6%	52.0%	49.8%
	45 - 54	35.4%	38.3%	34.2%	36.2%	33.6%
	55 - 64	26.5%	24.3%	19.9%	21.6%	17.1%
<b>R 2</b>	<b>Adults less than 65 years who report having been in HIV risk situations in the past year</b>					
	<b>Total for Douglas County:</b>	<b>9.5%</b>	<b>7.9%</b>	<b>N/A</b>	<b>N/A</b>	<b>N/A</b>
	<b>Sex</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	Male	11.6%	10.7%	N/A	N/A	N/A
	Female	7.5%	5.1%	N/A	N/A	N/A
	<b>Race/Ethnicity</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	White, not Hispanic	9.4%	7.3%	N/A	N/A	N/A
	Black, not Hispanic	11.2%	13.5%	N/A	N/A	N/A
	Other, not Hispanic	11.8%	4.5%	N/A	N/A	N/A
	Hispanic	7.6%	8.7%	N/A	N/A	N/A
	<b>Age Group (Age at time of interview)</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	18 - 24	20.2%	17.8%	N/A	N/A	N/A
	25 - 34	15.0%	11.1%	N/A	N/A	N/A
	35 - 44	8.2%	3.2%	N/A	N/A	N/A
	45 - 54	4.0%	5.4%	N/A	N/A	N/A
	55 - 64	2.1%	3.2%	N/A	N/A	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
<b>Tobacco Use</b>		Percent	Percent	Percent	Percent	Percent
<b>S 1</b>	<b>Adults who report being occasional or regular smokers.</b>					
<b>Total for Douglas County:</b>		16.6%	18.5%	19.9%	16.4%	19.3%
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		17.9%	20.4%	22.7%	18.5%	19.4%
Female		15.4%	16.8%	17.3%	14.4%	19.2%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		15.6%	16.7%	19.3%	16.1%	20.2%
Black, not Hispanic		26.4%	28.4%	26.3%	19.5%	20.4%
Other, not Hispanic		19.3%	20.2%	27.1%	21.8%	13.1%
Hispanic		13.1%	21.9%	14.3%	13.1%	14.0%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
18 - 24		12.3%	15.2%	22.8%	18.1%	17.3%
25 - 34		20.1%	22.1%	25.9%	20.7%	24.1%
35 - 44		19.7%	21.9%	17.7%	16.4%	24.0%
45 - 54		20.4%	19.5%	22.7%	18.7%	19.3%
55 - 64		15.9%	19.3%	18.3%	14.3%	18.5%
65+		9.6%	11.3%	11.4%	9.3%	10.3%
<b>S 2</b>	<b>Adults who report being a current user of smokeless tobacco.</b>					
<b>Total for Douglas County:</b>		3.3%	4.2%	4.2%	2.6%	4.1%
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		6.1%	7.7%	6.7%	4.7%	7.7%
Female		0.6%	0.8%	1.8%	0.7%	0.8%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		3.6%	3.7%	4.1%	2.9%	4.0%
Black, not Hispanic		1.5%	5.1%	2.9%	2.8%	2.1%
Other, not Hispanic		3.1%	3.9%	10.5%	1.9%	5.5%
Hispanic		2.8%	6.0%	2.9%	0.6%	6.1%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
18 - 24		1.5%	6.3%	10.6%	4.9%	6.6%
25 - 34		5.5%	3.2%	3.5%	2.8%	5.5%
35 - 44		3.2%	7.4%	2.9%	3.6%	6.7%
45 - 54		5.7%	4.5%	4.0%	2.0%	3.0%
55 - 64		1.6%	2.8%	2.9%	1.7%	1.6%
65+		1.5%	0.7%	2.8%	1.1%	1.0%

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
		Percent	Percent	Percent	Percent	Percent
<b>Tobacco Use -- (Continued)</b>						
<b>S 3</b>	<b>Adults who attempted to quit smoking in past year</b>					
<b>Total for Douglas County:</b>		55.1%	54.8%	63.5%	63.4%	57.0%
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
	Male	52.9%	56.9%	62.5%	63.3%	51.8%
	Female	57.6%	52.3%	64.9%	63.6%	61.8%
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	49.4%	50.7%	60.8%	58.4%	54.2%
	Black, not Hispanic	66.9%	72.4%	81.8%	73.7%	75.3%
	Other, not Hispanic	74.2%	38.8%	43.3%	74.5%	72.0%
	Hispanic	66.5%	62.7%	79.5%	86.6%	55.5%
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
	18 - 24	72.3%	50.1%	66.9%	60.5%	66.8%
	25 - 34	55.3%	63.3%	69.0%	80.0%	64.5%
	35 - 44	63.6%	51.4%	73.5%	70.9%	63.4%
	45 - 54	46.9%	56.4%	61.0%	52.2%	53.5%
	55 - 64	49.9%	51.8%	52.8%	61.6%	34.1%
	65+	44.3%	48.4%	47.9%	33.7%	52.3%
<b>S 4</b>	<b>Adults who ever used an e-cigarettes</b>					
<b>Total for Douglas County:</b>		24.2%	25.1%	N/A	N/A	N/A
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
	Male	28.8%	26.4%	N/A	N/A	N/A
	Female	19.8%	23.9%	N/A	N/A	N/A
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	24.0%	24.7%	N/A	N/A	N/A
	Black, not Hispanic	27.7%	32.3%	N/A	N/A	N/A
	Other, not Hispanic	31.3%	41.7%	N/A	N/A	N/A
	Hispanic	18.8%	13.0%	N/A	N/A	N/A
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
	18 - 24	48.3%	53.2%	N/A	N/A	N/A
	25 - 34	35.6%	35.4%	N/A	N/A	N/A
	35 - 44	25.6%	22.8%	N/A	N/A	N/A
	45 - 54	18.7%	21.3%	N/A	N/A	N/A
	55 - 64	14.9%	14.1%	N/A	N/A	N/A
	65+	5.8%	8.0%	N/A	N/A	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
		Percent	Percent	Percent	Percent	Percent
<b>Tobacco Use -- (Continued)</b>						
S 5	<b>Adults who currently use an e-cigarettes</b>					
<b>Total for Douglas County:</b>		5.0%	5.1%	N/A	N/A	N/A
<b><u>Sex</u></b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	Male	6.2%	6.4%	N/A	N/A	N/A
	Female	3.9%	3.9%	N/A	N/A	N/A
<b><u>Race/Ethnicity</u></b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	White, not Hispanic	5.8%	4.9%	N/A	N/A	N/A
	Black, not Hispanic	3.4%	5.3%	N/A	N/A	N/A
	Other, not Hispanic	6.1%	14.4%	N/A	N/A	N/A
	Hispanic	0.5%	2.1%	N/A	N/A	N/A
<b><u>Age Group (Age at time of interview)</u></b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	18 - 24	9.7%	13.6%	N/A	N/A	N/A
	25 - 34	6.6%	4.8%	N/A	N/A	N/A
	35 - 44	5.9%	4.6%	N/A	N/A	N/A
	45 - 54	4.1%	3.6%	N/A	N/A	N/A
	55 - 64	1.8%	4.1%	N/A	N/A	N/A
	65+	2.6%	2.1%	N/A	N/A	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)



## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
		Percent	Percent	Percent	Percent	Percent
<b>Transportation Safety</b>						
<b>T 1</b>	<b><i>Always wear a seat belt</i></b>					
<b>Total for Douglas County:</b>		<b>84.0%</b>	<b>82.1%</b>	<b>82.6%</b>	<b>81.1%</b>	<b>82.9%</b>
<b><u>Sex</u></b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	Male	80.7%	78.1%	76.5%	76.8%	79.0%
	Female	87.3%	85.8%	88.3%	85.1%	86.4%
<b><u>Race/Ethnicity</u></b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	White, not Hispanic	84.4%	83.3%	82.6%	82.2%	84.2%
	Black, not Hispanic	81.1%	78.9%	74.7%	71.0%	75.2%
	Other, not Hispanic	80.4%	72.5%	84.1%	76.0%	87.1%
	Hispanic	86.3%	80.8%	90.4%	85.1%	77.7%
<b><u>Age Group (Age at time of interview)</u></b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	18 - 24	74.3%	73.8%	71.9%	73.3%	78.3%
	25 - 34	80.3%	80.7%	76.7%	73.5%	79.4%
	35 - 44	86.0%	84.4%	89.8%	83.0%	78.6%
	45 - 54	84.8%	79.9%	80.7%	88.0%	83.8%
	55 - 64	86.6%	85.3%	87.9%	83.3%	86.8%
	65+	90.2%	86.7%	87.7%	85.4%	91.0%
<b>T 2</b>	<b><i>Texted while driving in past 30 days</i></b>					
<b>Total for Douglas County:</b>		<b>26.3%</b>	<b>N/A</b>	<b>28.2%</b>	<b>N/A</b>	<b>N/A</b>
<b><u>Sex</u></b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	Male	29.1%	N/A	32.2%	N/A	N/A
	Female	23.2%	N/A	24.1%	N/A	N/A
<b><u>Race/Ethnicity</u></b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	White, not Hispanic	29.5%	N/A	30.8%	N/A	N/A
	Black, not Hispanic	20.3%	N/A	19.2%	N/A	N/A
	Other, not Hispanic	23.9%	N/A	25.6%	N/A	N/A
	Hispanic	12.7%	N/A	19.0%	N/A	N/A
<b><u>Age Group (Age at time of interview)</u></b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	18 - 24	40.7%	N/A	52.2%	N/A	N/A
	25 - 34	31.4%	N/A	40.5%	N/A	N/A
	35 - 44	42.1%	N/A	36.2%	N/A	N/A
	45 - 54	19.6%	N/A	20.4%	N/A	N/A
	55 - 64	18.4%	N/A	12.9%	N/A	N/A
	65+	5.5%	N/A	3.5%	N/A	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
		Percent	Percent	Percent	Percent	Percent
<b>Transportation Safety -- (Continued)</b>						
T 3	<b>Talked on a cell phone while driving in past 30 days</b>					
<b>Total for Douglas County:</b>		65.3%	N/A	66.0%	N/A	N/A
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
	Male	71.7%	N/A	71.2%	N/A	N/A
	Female	58.4%	N/A	60.9%	N/A	N/A
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	70.4%	N/A	67.8%	N/A	N/A
	Black, not Hispanic	57.1%	N/A	66.8%	N/A	N/A
	Other, not Hispanic	55.3%	N/A	62.7%	N/A	N/A
	Hispanic	46.3%	N/A	51.1%	N/A	N/A
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
	18 - 24	75.4%	N/A	68.6%	N/A	N/A
	25 - 34	72.6%	N/A	76.4%	N/A	N/A
	35 - 44	77.4%	N/A	75.2%	N/A	N/A
	45 - 54	63.2%	N/A	71.3%	N/A	N/A
	55 - 64	64.6%	N/A	62.8%	N/A	N/A
	65+	38.3%	N/A	37.0%	N/A	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
<b>Adverse Childhood Experience</b>		Percent	Percent	Percent	Percent	Percent
U 1	<b><i>Ever live with anyone who was depressed, mentally ill, or suicidal during your childhood</i></b>					
	<b>Total for Douglas County:</b>	N/A	N/A	23.4%	N/A	N/A
	<b><u>Sex</u></b>	Percent	Percent	Percent	Percent	Percent
	Male	N/A	N/A	22.2%	N/A	N/A
	Female	N/A	N/A	24.7%	N/A	N/A
	<b><u>Race/Ethnicity</u></b>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	N/A	23.1%	N/A	N/A
	Black, not Hispanic	N/A	N/A	15.3%	N/A	N/A
	Other, not Hispanic	N/A	N/A	64.2%	N/A	N/A
	Hispanic	N/A	N/A	11.6%	N/A	N/A
	<b><u>Age Group (Age at time of interview)</u></b>	Percent	Percent	Percent	Percent	Percent
	18 - 24	N/A	N/A	37.5%	N/A	N/A
	25 - 34	N/A	N/A	27.8%	N/A	N/A
	35 - 44	N/A	N/A	21.8%	N/A	N/A
	45 - 54	N/A	N/A	20.7%	N/A	N/A
	55 - 64	N/A	N/A	19.3%	N/A	N/A
	65+	N/A	N/A	10.7%	N/A	N/A
U 2	<b><i>Ever live with anyone who was a problem drinker or alcoholic during your childhood</i></b>					
	<b>Total for Douglas County:</b>	N/A	N/A	29.4%	N/A	N/A
	<b><u>Sex</u></b>	Percent	Percent	Percent	Percent	Percent
	Male	N/A	N/A	29.3%	N/A	N/A
	Female	N/A	N/A	29.5%	N/A	N/A
	<b><u>Race/Ethnicity</u></b>	Percent	Percent	Percent	Percent	Percent
	White, not Hispanic	N/A	N/A	27.7%	N/A	N/A
	Black, not Hispanic	N/A	N/A	32.5%	N/A	N/A
	Other, not Hispanic	N/A	N/A	58.7%	N/A	N/A
	Hispanic	N/A	N/A	19.6%	N/A	N/A
	<b><u>Age Group (Age at time of interview)</u></b>	Percent	Percent	Percent	Percent	Percent
	18 - 24	N/A	N/A	25.0%	N/A	N/A
	25 - 34	N/A	N/A	31.7%	N/A	N/A
	35 - 44	N/A	N/A	24.8%	N/A	N/A
	45 - 54	N/A	N/A	38.2%	N/A	N/A
	55 - 64	N/A	N/A	32.9%	N/A	N/A
	65+	N/A	N/A	23.1%	N/A	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

	2017	2016	2015	2014	2013
<b>Adverse Childhood Experience-- (Continued)</b>	Percent	Percent	Percent	Percent	Percent
<b>U 3 Ever live with anyone who used illegal street drugs or abused prescription medications during your childhood</b>					
<b>Total for Douglas County:</b>	N/A	N/A	16.7%	N/A	N/A
<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
Male	N/A	N/A	22.7%	N/A	N/A
Female	N/A	N/A	10.7%	N/A	N/A
<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	N/A	13.7%	N/A	N/A
Black, not Hispanic	N/A	N/A	18.6%	N/A	N/A
Other, not Hispanic	N/A	N/A	69.1%	N/A	N/A
Hispanic	N/A	N/A	4.8%	N/A	N/A
<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
18 - 24	N/A	N/A	19.8%	N/A	N/A
25 - 34	N/A	N/A	30.0%	N/A	N/A
35 - 44	N/A	N/A	12.7%	N/A	N/A
45 - 54	N/A	N/A	17.4%	N/A	N/A
55 - 64	N/A	N/A	10.8%	N/A	N/A
65+	N/A	N/A	3.4%	N/A	N/A
<b>U 4 Ever live with anyone who was sentenced to serve time in a prison, jail, or other correctional facility during your childhood</b>					
<b>Total for Douglas County:</b>	N/A	N/A	13.2%	N/A	N/A
<b>Sex</b>	Percent	Percent	Percent	Percent	Percent
Male	N/A	N/A	18.3%	N/A	N/A
Female	N/A	N/A	8.1%	N/A	N/A
<b>Race/Ethnicity</b>	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	N/A	9.8%	N/A	N/A
Black, not Hispanic	N/A	N/A	15.8%	N/A	N/A
Other, not Hispanic	N/A	N/A	69.3%	N/A	N/A
Hispanic	N/A	N/A	2.6%	N/A	N/A
<b>Age Group (Age at time of interview)</b>	Percent	Percent	Percent	Percent	Percent
18 - 24	N/A	N/A	27.6%	N/A	N/A
25 - 34	N/A	N/A	21.9%	N/A	N/A
35 - 44	N/A	N/A	8.9%	N/A	N/A
45 - 54	N/A	N/A	11.2%	N/A	N/A
55 - 64	N/A	N/A	2.7%	N/A	N/A
65+	N/A	N/A	1.5%	N/A	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
<b>Adverse Childhood Experience-- (Continued)</b>		Percent	Percent	Percent	Percent	Percent
<b>U 5</b>	<b>Parents separated or divorced during childhood</b>					
<b>Total for Douglas County:</b>		N/A	N/A	33.3%	N/A	N/A
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		N/A	N/A	34.9%	N/A	N/A
Female		N/A	N/A	31.8%	N/A	N/A
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		N/A	N/A	29.9%	N/A	N/A
Black, not Hispanic		N/A	N/A	46.8%	N/A	N/A
Other, not Hispanic		N/A	N/A	73.3%	N/A	N/A
Hispanic		N/A	N/A	19.6%	N/A	N/A
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
18 - 24		N/A	N/A	45.9%	N/A	N/A
25 - 34		N/A	N/A	42.6%	N/A	N/A
35 - 44		N/A	N/A	38.9%	N/A	N/A
45 - 54		N/A	N/A	31.6%	N/A	N/A
55 - 64		N/A	N/A	21.9%	N/A	N/A
65+		N/A	N/A	14.5%	N/A	N/A
<b>U 6</b>	<b>Parent or adult in your home ever slap, hit, kick, punch or beat each other up during your childhood</b>					
<b>Total for Douglas County:</b>		N/A	N/A	20.4%	N/A	N/A
<b>Sex</b>		Percent	Percent	Percent	Percent	Percent
Male		N/A	N/A	22.4%	N/A	N/A
Female		N/A	N/A	18.4%	N/A	N/A
<b>Race/Ethnicity</b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		N/A	N/A	18.8%	N/A	N/A
Black, not Hispanic		N/A	N/A	31.0%	N/A	N/A
Other, not Hispanic		N/A	N/A	38.0%	N/A	N/A
Hispanic		N/A	N/A	5.7%	N/A	N/A
<b>Age Group (Age at time of interview)</b>		Percent	Percent	Percent	Percent	Percent
18 - 24		N/A	N/A	26.0%	N/A	N/A
25 - 34		N/A	N/A	22.2%	N/A	N/A
35 - 44		N/A	N/A	19.9%	N/A	N/A
45 - 54		N/A	N/A	26.5%	N/A	N/A
55 - 64		N/A	N/A	14.6%	N/A	N/A
65+		N/A	N/A	11.1%	N/A	N/A

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N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

		2017	2016	2015	2014	2013
<b>Adverse Childhood Experience-- (Continued)</b>		Percent	Percent	Percent	Percent	Percent
<b>U 7</b>	<b><i>Parent or adult in your home ever hit, beat, kick, or physically hurt you during your childhood</i></b>					
<b>Total for Douglas County:</b>		N/A	N/A	N/A	N/A	N/A
<b><u>Sex</u></b>		Percent	Percent	Percent	Percent	Percent
Male		N/A	N/A	N/A	N/A	N/A
Female		N/A	N/A	N/A	N/A	N/A
<b><u>Race/Ethnicity</u></b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		N/A	N/A	N/A	N/A	N/A
Black, not Hispanic		N/A	N/A	N/A	N/A	N/A
Other, not Hispanic		N/A	N/A	N/A	N/A	N/A
Hispanic		N/A	N/A	N/A	N/A	N/A
<b><u>Age Group (Age at time of interview)</u></b>		Percent	Percent	Percent	Percent	Percent
18 - 24		N/A	N/A	N/A	N/A	N/A
25 - 34		N/A	N/A	N/A	N/A	N/A
35 - 44		N/A	N/A	N/A	N/A	N/A
45 - 54		N/A	N/A	N/A	N/A	N/A
55 - 64		N/A	N/A	N/A	N/A	N/A
65+		N/A	N/A	N/A	N/A	N/A
<b>U 8</b>	<b><i>Parent or adult in your home ever swear at you, insult you, or put you down during your childhood</i></b>					
<b>Total for Douglas County:</b>		N/A	N/A	N/A	N/A	N/A
<b><u>Sex</u></b>		Percent	Percent	Percent	Percent	Percent
Male		N/A	N/A	N/A	N/A	N/A
Female		N/A	N/A	N/A	N/A	N/A
<b><u>Race/Ethnicity</u></b>		Percent	Percent	Percent	Percent	Percent
White, not Hispanic		N/A	N/A	N/A	N/A	N/A
Black, not Hispanic		N/A	N/A	N/A	N/A	N/A
Other, not Hispanic		N/A	N/A	N/A	N/A	N/A
Hispanic		N/A	N/A	N/A	N/A	N/A
<b><u>Age Group (Age at time of interview)</u></b>		Percent	Percent	Percent	Percent	Percent
18 - 24		N/A	N/A	N/A	N/A	N/A
25 - 34		N/A	N/A	N/A	N/A	N/A
35 - 44		N/A	N/A	N/A	N/A	N/A
45 - 54		N/A	N/A	N/A	N/A	N/A
55 - 64		N/A	N/A	N/A	N/A	N/A
65+		N/A	N/A	N/A	N/A	N/A

The BRFSS 2013 -- 2017 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

## Category

	2017	2016	2015	2014	2013
<b>Adverse Childhood Experience-- (Continued)</b>	Percent	Percent	Percent	Percent	Percent
<b>U 9 Anyone at least 5 years older than you or an adult, ever touch you sexually during your childhood</b>					
<b>Total for Douglas County:</b>	N/A	N/A	N/A	N/A	N/A
<b><u>Sex</u></b>	Percent	Percent	Percent	Percent	Percent
Male	N/A	N/A	N/A	N/A	N/A
Female	N/A	N/A	N/A	N/A	N/A
<b><u>Race/Ethnicity</u></b>	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	N/A	N/A	N/A	N/A
Black, not Hispanic	N/A	N/A	N/A	N/A	N/A
Other, not Hispanic	N/A	N/A	N/A	N/A	N/A
Hispanic	N/A	N/A	N/A	N/A	N/A
<b><u>Age Group (Age at time of interview)</u></b>	Percent	Percent	Percent	Percent	Percent
18 - 24	N/A	N/A	N/A	N/A	N/A
25 - 34	N/A	N/A	N/A	N/A	N/A
35 - 44	N/A	N/A	N/A	N/A	N/A
45 - 54	N/A	N/A	N/A	N/A	N/A
55 - 64	N/A	N/A	N/A	N/A	N/A
65+	N/A	N/A	N/A	N/A	N/A
<b>U 10 Anyone at least 5 years older than you or an adult, try to make you touch them sexually during your</b>					
<b>Total for Douglas County:</b>	N/A	N/A	N/A	N/A	N/A
<b><u>Sex</u></b>	Percent	Percent	Percent	Percent	Percent
Male	N/A	N/A	N/A	N/A	N/A
Female	N/A	N/A	N/A	N/A	N/A
<b><u>Race/Ethnicity</u></b>	Percent	Percent	Percent	Percent	Percent
White, not Hispanic	N/A	N/A	N/A	N/A	N/A
Black, not Hispanic	N/A	N/A	N/A	N/A	N/A
Other, not Hispanic	N/A	N/A	N/A	N/A	N/A
Hispanic	N/A	N/A	N/A	N/A	N/A
<b><u>Age Group (Age at time of interview)</u></b>	Percent	Percent	Percent	Percent	Percent
18 - 24	N/A	N/A	N/A	N/A	N/A
25 - 34	N/A	N/A	N/A	N/A	N/A
35 - 44	N/A	N/A	N/A	N/A	N/A
45 - 54	N/A	N/A	N/A	N/A	N/A
55 - 64	N/A	N/A	N/A	N/A	N/A
65+	N/A	N/A	N/A	N/A	N/A

The BRFSS 2013 -- 2017 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

Category

		2017	2016	2015	2014	2013
<b>Adverse Childhood Experience-- (Continued)</b>		Percent	Percent	Percent	Percent	Percent
<b>U 11</b>	<b><i>Anyone at least 5 years older than you or an adult, force you to have sex during your childhood</i></b>					
<b>Total for Douglas County:</b>		N/A	N/A	N/A	N/A	N/A
<b><u>Sex</u></b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	Male	N/A	N/A	N/A	N/A	N/A
	Female	N/A	N/A	N/A	N/A	N/A
<b><u>Race/Ethnicity</u></b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	White, not Hispanic	N/A	N/A	N/A	N/A	N/A
	Black, not Hispanic	N/A	N/A	N/A	N/A	N/A
	Other, not Hispanic	N/A	N/A	N/A	N/A	N/A
	Hispanic	N/A	N/A	N/A	N/A	N/A
<b><u>Age Group (Age at time of interview)</u></b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
	18 - 24	N/A	N/A	N/A	N/A	N/A
	25 - 34	N/A	N/A	N/A	N/A	N/A
	35 - 44	N/A	N/A	N/A	N/A	N/A
	45 - 54	N/A	N/A	N/A	N/A	N/A
	55 - 64	N/A	N/A	N/A	N/A	N/A
	65+	N/A	N/A	N/A	N/A	N/A

The BRFSS 2013 -- 2017 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

N/A -- Question Not Asked During Survey Year

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)



## Behavioral Risk Factor Surveillance System (BRFSS) Demographics - 2013-2017

## Demographics

UNWEIGHTED DATA		Douglas 2017	Douglas 2016	Douglas 2015	Douglas 2014	Douglas 2013
<b>Total Unweighted Survey Sample</b>		<b>Sample</b>	<b>Sample</b>	<b>Sample</b>	<b>Sample</b>	<b>Sample</b>
All adults aged 18 and older		1,741	1,615	2,208	2,638	1,711
WEIGHTED DATA		Douglas	Douglas	Douglas	Douglas	Douglas
<b>Gender</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
Male		48.8%	48.7%	48.7%	48.6%	48.6%
Female		51.2%	51.3%	51.3%	51.4%	51.4%
<b>Age</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
18 - 24		12.7%	12.7%	12.7%	13.0%	13.1%
25 - 34		20.0%	20.4%	20.5%	20.6%	20.7%
35 - 44		18.1%	17.9%	17.9%	17.7%	17.7%
45 - 54		16.2%	16.5%	16.7%	17.1%	17.4%
55 - 64		15.8%	15.8%	15.8%	15.7%	15.7%
65+		17.1%	16.8%	16.4%	16.0%	15.6%
Unknown/refused		0.0%	0.0%	0.0%	0.0%	0.0%
<b>Race/Ethnicity</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
White, not Hispanic		73.9%	74.4%	74.9%	75.0%	75.6%
Black, not Hispanic		10.0%	10.1%	10.0%	10.1%	9.9%
American Indian, not Hispanic		0.7%	1.1%	1.4%	0.7%	0.4%
Asian, not Hispanic		1.3%	2.6%	1.7%	1.7%	1.9%
Other, not Hispanic		3.8%	1.7%	2.0%	2.6%	2.4%
Hispanic		10.4%	10.1%	9.9%	9.9%	9.9%
Unknown/refused		0.0%	0.0%	0.0%	0.0%	0.0%
<b>Adults in Household</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
One adult		23.8%	22.2%	20.7%	20.4%	20.2%
Two adults		55.7%	58.0%	51.9%	52.2%	57.2%
Three or more adults		20.5%	19.9%	27.4%	27.4%	22.6%
Total adults with a male in the household		79.1%	79.0%	81.7%	82.7%	82.5%
Total adults with a female in the household		91.1%	93.2%	92.1%	90.8%	91.4%
<b>Children in Household</b>		<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
One		15.4%	14.1%	14.6%	13.7%	14.1%
Two		12.9%	15.9%	13.3%	16.0%	13.4%
Three		7.3%	6.7%	6.6%	7.1%	5.2%
Four or more		3.0%	4.5%	3.7%	4.4%	4.6%
None		60.7%	58.3%	60.7%	58.1%	62.0%
Unknown/refused		0.7%	0.5%	1.1%	0.8%	0.6%

The BRFSS 2013 -- 2017 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Demographics - 2013-2017

## WEIGHTED DATA

Demographics - continued	2017	2016	2015	2014	2013
<b>Marital Status</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
Married	48.7%	49.8%	48.2%	50.3%	48.7%
Divorced	11.7%	12.0%	11.4%	11.3%	13.0%
Widowed	5.8%	5.4%	6.3%	5.5%	5.0%
Separated	2.0%	2.1%	2.2%	2.5%	2.7%
Never married	25.6%	24.9%	25.6%	26.0%	26.8%
Unmarried couple	5.3%	5.4%	5.4%	3.8%	3.4%
Unknown/refused	0.9%	0.3%	0.9%	0.6%	0.4%
<b>Income</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
Under \$10,000	4.5%	3.1%	4.8%	4.7%	5.7%
\$10,000 - \$14,999	3.4%	4.6%	3.2%	3.8%	4.1%
\$15,000 - \$19,999	7.3%	6.6%	5.9%	6.6%	7.4%
\$20,000 - \$24,999	8.3%	7.8%	8.6%	8.9%	7.2%
\$25,000 - \$34,999	7.6%	9.8%	9.2%	8.4%	9.4%
\$35,000 - \$49,999	11.7%	11.8%	11.9%	12.1%	12.8%
\$50,000 - \$74,999	15.1%	14.3%	12.0%	13.5%	11.8%
\$75,000+	29.5%	32.7%	30.0%	30.3%	28.7%
Unknown/refused	12.7%	9.4%	14.4%	11.8%	12.8%
<b>Employment Status</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
Employed for wages	54.7%	53.3%	54.5%	56.6%	55.0%
Self-employed	8.3%	10.0%	10.1%	6.4%	8.8%
Out of work more than 1 year	2.1%	1.7%	2.0%	1.8%	2.4%
Out of work less than 1 year	2.7%	2.9%	3.0%	3.3%	2.0%
Homemaker	5.1%	6.3%	5.1%	5.9%	5.8%
Student	5.3%	6.5%	5.2%	5.8%	5.1%
Retired	14.5%	13.7%	14.7%	14.0%	13.3%
Unable to work	6.3%	5.3%	5.0%	5.5%	6.3%
Unknown/refused	1.1%	0.3%	0.4%	0.8%	1.3%
<b>Education</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
Never attended/only kindergarten	0.5%	0.1%	0.6%	0.0%	0.7%
Less than high school graduate	10.7%	11.3%	10.5%	9.4%	11.9%
High school graduate	22.0%	22.4%	23.2%	22.1%	23.6%
Some college/technical school	34.0%	33.9%	32.4%	34.7%	31.8%
College graduate	32.4%	32.2%	32.7%	33.4%	31.0%
Unknown/refused	0.3%	0.1%	0.6%	0.4%	1.0%
<b>Pregnancy Status</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
Females < 45 who are currently pregnant	4.9%	7.4%	3.1%	5.2%	4.2%
<b>Military Status</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>	<b>Percent</b>
Veteran	8.8%	10.6%	9.9%	9.8%	9.2%

N/A -- Question Not Asked During Survey Year

The BRFSS 2013 -- 2017 data are not directly comparable to previous years of BRFSS data because of the changes in weighting methodology and the addition of the cell phone sampling frame.

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS)

## Behavioral Risk Factor Surveillance System (BRFSS) Results - 2013-2017

### Survey History, Methodologies, and Definitions

#### About the BRFSS

In 1984, the Centers for Disease Control and Prevention (CDC) initiated the state-based Behavioral Risk Factor Surveillance System (BRFSS) to collect prevalence data on risk behaviors and preventive health practices that affect health status.

The BRFSS is an annual cross-sectional telephone survey of Douglas County residents over the age of 18 conducted by state health departments with technical and methodologic assistance provided by the CDC. States conduct monthly telephone surveillance using a standardized questionnaire to determine the distribution of risk behaviors and health practices among adults. Responses are forwarded to CDC, where the monthly data are aggregated for each state, returned with standard tabulations, and published at the year's end by each state.

The BRFSS questionnaire was developed jointly by CDC's Behavioral Surveillance Branch (BSB) and the states. Data derived from the questionnaire provide health departments, public health officials, and policymakers with necessary behavioral information. When combined with mortality and morbidity statistics, these data enable public health officials to establish policies and priorities and to initiate and assess health promotion strategies.

#### BRFSS History

By the early 1980s, scientific research clearly showed that personal health behaviors played a major role in premature morbidity and mortality.

Although national estimates of health risk behaviors among U.S. adult populations had been periodically obtained through surveys conducted by the National Center for Health Statistics (NCHS), these data were not available on a state-specific basis. This deficiency was viewed as critical for state health agencies that have the primary role of targeting resources to reduce behavioral risks and their consequent illnesses. National data may not be appropriate for any given state; however, state and local agency participation was critical to achieve national health goals.

About the same time as personal health behaviors received wider recognition in relation to chronic disease morbidity and mortality, telephone surveys emerged as an acceptable method for determining the prevalence of many health risk behaviors among populations. In addition to their cost advantages, telephone surveys were especially desirable at the state and local level, where the necessary expertise and resources for conducting area probability sampling for in-person household interviews were not likely to be available.

As a result, surveys were developed and conducted to monitor state-level prevalence of the major behavioral risks among adults associated with premature morbidity and mortality. The basic philosophy was to collect data on actual behaviors, rather than on attitudes or knowledge, that would be especially useful for planning, initiating, supporting, and evaluating health promotion and disease prevention programs.

To determine feasibility of behavioral surveillance, initial point-in-time state surveys were conducted in 29 states from 1981–1983. In 1984, The Centers for Disease Control and Prevention (CDC) established the Behavioral Risk Factor Surveillance System (BRFSS), and 15 states participated in monthly data collection. Although the BRFSS was designed to collect state-level data, a number of states from the outset stratified their samples to allow them to estimate prevalence for regions within their respective states.

The BRFSS implemented the Cell Phone Survey in all states and territories in 2009. By including cell phones in the survey, in 2011, new weighting methodology—raking, or iterative proportional fitting—replaced the post stratification weighting method that had been used with previous BRFSS data sets. In addition to age, gender, and race/ethnicity, raking permits more demographic variables to be included in weighting such as education attainment, marital status, tenure (property ownership), and telephone ownership.

CDC developed the standard core questionnaire for states to use to provide data that could be compared across states. The BRFSS, administered and supported by the Division of Adult and Community Health, National Center for Chronic Disease Prevention and Health Promotion, CDC, is an ongoing data collection program. By 1994, all states, the District of Columbia, and three territories were participating in the BRFSS.

#### BRFSS Questionnaire

There are up to 10 emerging issues questions included within the core component. After one year, these questions are either discontinued or incorporated into the fixed core, rotating core, or optional modules. Emerging core questions typically focus on "late breaking" health issues. They are evaluated each year to determine their potential value in future surveys.

States are encouraged to gather data on additional topics related to their specific health priorities through the use of state-added questions.

The Optional Modules section of the Questionnaire comprises modules (standardized questions on various topics) from which a state may select to include as part of their questionnaire. A selected module must be used in its entirety and asked of all eligible respondents. If an optional module is modified in any way (e.g., if a question is omitted), then the questions will be treated as state-added questions.

All states must ask the core component questions without modification. States may choose to add any, all, or none of the optional modules and state-added questions after the core component.

#### BRFSS Data are Weighted

Beginning with the 2011 dataset, raking will succeed post stratification as the sole BRFSS statistical weighting method. The new BRFSS weighting methodology is comprised of two sections: Design Weights and Raking

**FINALWTT = DesignWeight \* Raking Adjustment.** FINALWTT is the final weight assigned to each respondent.

**Design Weight = STRWT \* (1/NUMPHON2) \* NUMADULT**

**STRWT** accounts for differences in the basic probability of selection among strata (subsets of area code/prefix combinations). It is the inverse of the sampling fraction of each stratum. There is rarely a complete correspondence between strata, which are defined by subsets of area code/prefix combinations, and regions, which are defined by the boundaries of government entities.

**1/NUMPHON2** is the inverse of the number of residential telephone numbers in the respondent's household

**NUMADULT is the number of adults 18 years and older in the respondent's household**

**BRFSS Raking** includes categories of age by gender, detailed race and ethnicity groups, education levels, marital status, regions within states, gender by race and ethnicity, telephone source, renter/owner status, and age groups by race and ethnicity. Raking is completed by adjusting for one demographic variable (or dimension) at a time. For example, when weighting by age and gender, weights would first be adjusted for gender groups, then those estimates would be adjusted by age groups. This procedure would continue in an iterative process until all group proportions in the sample approach those of the population, or after 75 iterations.

#### BRFSS In Words

It is important to note that this data reflects the self-reported responses of participants in the survey regarding various topics. It cannot be said to measure the prevalence of a given condition in the population. Care must be exercised when utilizing BRFSS figures in written form. Some examples of correct ways to cite BRFSS data:

"In the 2017 BRFSS survey of adults in Douglas County, 15.9% reported they had no health care insurance."

"12.2% of adults in Douglas County responded that they have been told they have asthma in the 2017 BRFSS survey."